



YEAR **2022**  
IN REVIEW





Above: Jade Carey. On the cover (top to bottom): Angel Felix and Braiden McDougall, Shilese Jones, Micah Bruns, Evita Griskenas, Asher Hong, Ruben Padilla (right).





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## A MESSAGE FROM USAG'S BOARD CHAIR KATHRYN CARSON AND PRESIDENT & CEO LI LI LEUNG

Dear Gymnastics Community,

Every year at USA Gymnastics is memorable in multiple ways, and 2022 was no different. The past 12 months saw many milestones, and in the pages that follow in the 2022 Year in Review, we will highlight a wide range of accomplishments and notable moments. Below are just a few of those highlights:

**Athlete Representation:** The voices of athletes and Survivors continue to grow at USA Gymnastics. With our settlement and reorganization in place, [Tasha Schwikert Moser joined the board](#) as the Survivors' representative. Survivors also took seats on the Safe Sport Committee and Athlete Health and Wellness Council. Another athlete seat also was added to our board, which is now occupied by [Athletes' Council chair Jessica Renteria](#).

**Safety:** The work that USA Gymnastics has done on athlete safety is beginning to have an impact both nationally and internationally. We were honored to play a key role [at the inaugural "Our Safe Sport Journey" symposium](#), held in conjunction with the FIG Artistic World Championships in Liverpool this fall. It was clear from the response to the presentation that we are being seen as global leaders in this space, with others looking to us to share our learnings, for the betterment of the sport.

**Programs:** Athletes and coaches saw increased support and representation in our programs as well. An expanded [funding structure](#) for National Team athletes brought greater equity across disciplines and genders, and we were thrilled to introduce a groundbreaking program to help [provide mental health visits](#) throughout the year to athletes and coaches, thanks in part to the support of our partner, GK Elite.

This Year in Review will provide a high-level look at the many great competitive performances we saw in 2022, from grassroots to the top of the international podium at World Championship events. We also took part in the first-ever FIG World Championships in Parkour. It is exciting to see a non-traditional discipline help further grow our sport.







**Partners:** We are grateful that in 2022 a range of commercial partners stepped forward with new or extended partnerships, all of which include provisions for supporting athlete health and wellness. In addition to renewing our longstanding partnerships with GK and AI Awards, we welcomed OOFOS as the title partner for the U.S. Gymnastics Championships, marking the first time since 2017 that the event has had a title partner. Ozone and Turn also stepped up to sponsor the 2022 Winter Cup, and regional companies supported our camps and sports medicine programs.

**Community:** As always, at the end of the day, it is the community as a whole who are the backbone of the sport and whom we serve. It was heartening to see more than 2,000 attendees and presenters at the 2022 National Congress, where we unveiled our [new visual brand identity](#) at the opening reception. To better serve our clubs, we also distributed a new [Member Club Best Practices & Toolkit](#) resource to help meet their needs as businesses, bringing to fruition a years-long goal of ours to provide as much information as possible to help our clubs operate more efficiently.



**Culture:** Since we seated a new board in 2018 and a new CEO in 2019, we have spoken consistently about culture change being the key to the long-term viability of the sport. In 2021, we distributed a “culture survey” to 150,000 members. We sent out another survey in 2022 and saw our response rate increase sevenfold. We are so pleased that 95% of respondents support our mission and are pleased that nearly 90% agree with the statement, “Of the athletes I know, they feel physically safe.”

We also surveyed National Team athletes in all disciplines to gauge our progress in supporting their health and wellness. One of the biggest takeaways from the survey was that 73% of athletes agree “there is an avenue for them to freely express their ideas for change” – which demonstrates an 11% lift over 2021.

As we look back on the past year, we are filled with so much gratitude for this community, so much awe at how far we have come, and so much inspiration for what we have yet to accomplish.

More than ever, we are optimistic that we will accomplish more great things – together.

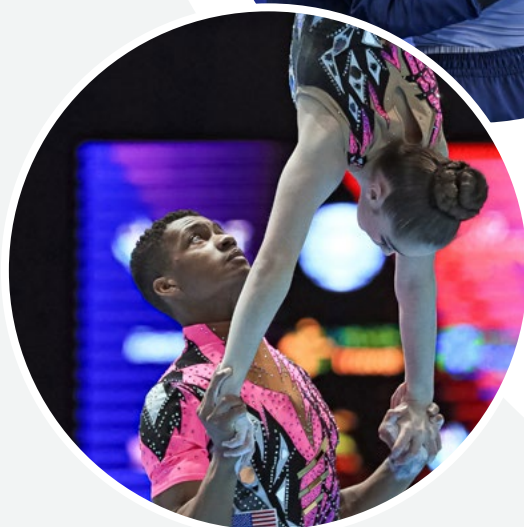
With heartfelt thanks,

*Kathryn L. Carson*

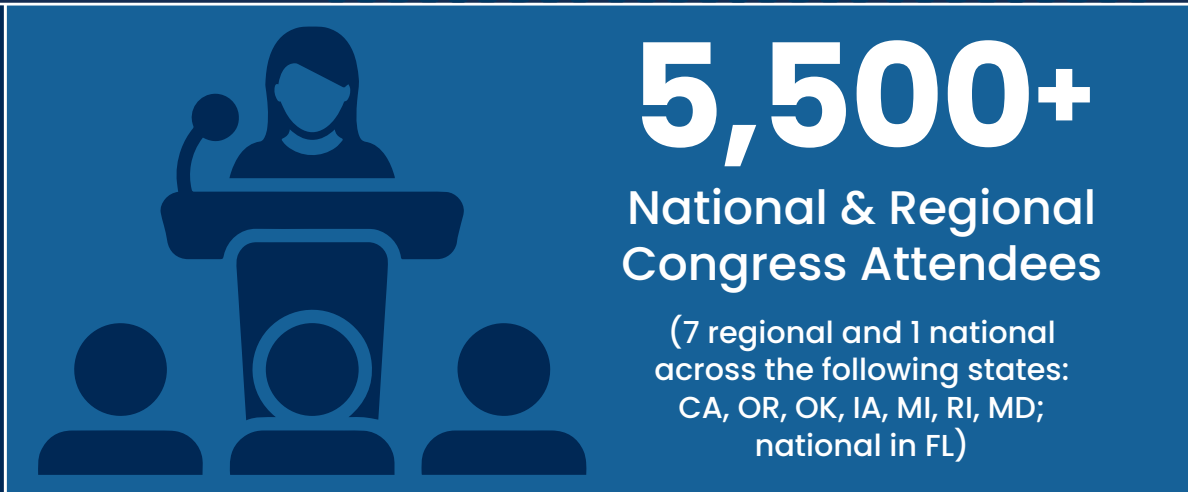
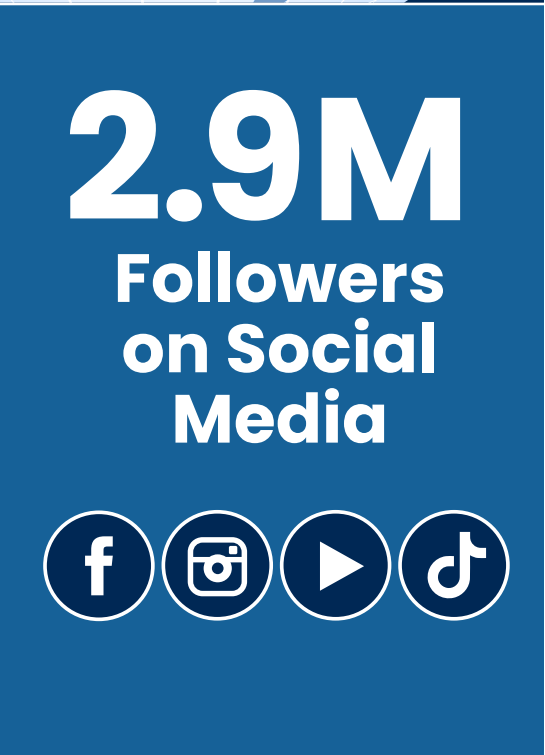
Kathryn Carson  
Board Chair

*Li Li Leung*

Li Li Leung  
President & CEO









# HISTORIC MOMENTS PUNCTUATE 2022 SEASON



(Left to right) Shilese Jones, Konnor McClain, Jordan Chiles



# Making a Splash in Liverpool



With the 2024 Paris Olympics only two years away due to the postponement of last year's Tokyo Games, Team USA kicked off the shortened quadrennium in a big way. Led by Olympic medalists Jade Carey and Jordan Chiles, the U.S. women secured a record-breaking sixth-straight World Championships team title, while the men landed two gymnasts – veteran Brody Malone and first-year senior Asher Hong – in the World all-around top 10 for the first time since 2003. Carey and Malone added World titles in women's vault and men's horizontal bar, respectively. In all, U.S. gymnasts collected eight World Championships medals across seven days of competition at M&S Bank Arena in Liverpool, U.K.



## GOLD

**Women's vault** – Jade Carey

**Men's horizontal bar** – Brody Malone

**Women's team** – (L-R): Lexi Zeiss, Leanne Wong, Shilese Jones, Jordan Chiles, Jade Carey, Skye Blakely



## SILVER

**Women's all-around & uneven bars** – Shilese Jones

**Women's vault & floor exercise** – Jordan Chiles



## BRONZE

**Women's floor exercise**  
– Jade Carey






Brody Malone




Throughout an international season that saw Team USA represented by both up-and-comers and established stars, U.S. athletes captured five FIG World Cup medals and 19 World Challenge Cup medals. Taylor Burkhart, Paul Juda, **Riley Loos** (left), Brody Malone and **Donnell Whittenburg** (right) picked up hardware on the men's side with Jade Carey, Jordan Chiles, Addison Fatta, **Shilese Jones** (middle) and Katelyn Jong medaling in women's competition.



The 2022 domestic season also saw history made for the U.S. men's and women's programs.



The all-star trio of **Konnor McClain** (right), Shilese Jones and Jordan Chiles shared in the milestone moment, finishing 1-2-3 at the OOFOS U.S. Gymnastics Championships in Tampa Bay, Fla., in August. It marked the first time three Black women stood atop the national championship podium, drawing the attention and celebration of the American public and mainstream media. McClain also topped the all-around standings at Winter Cup presented by OZONE and Turn in Frisco, Texas in February. World all-around silver medalist **Leanne Wong** (left) captured gold at the U.S. Classic in July in Utah's Salt Lake Valley.



With the men making their U.S. Classic debut, Brody Malone claimed the event's first-ever men's all-around title. He then repeated as national champion three weeks later at the OOFOS Championships. Collegiate standout **Vitaliy Guimaraes** (left) took top honors at Winter Cup to kick off the 2022 season.

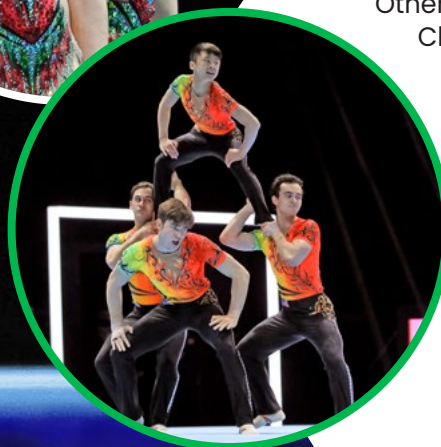




U.S. acrobats began the season with a bang, securing the first men's pair and women's group World Championship titles in program history in Baku, Azerbaijan, in March. **Angel Felix and Braiden McDougall** (left) won the men's pair combined and dynamic exercises and added bronze in balance. **Victoria Blante, Eily Corbett and Cassidy Cu** (top) topped the podium in women's group balance and claimed bronze in the combined exercise. **Katie Borcharding** and partner **Cierra McKown** (middle) were runners up in the women's pair balance.



Felix and McDougall continued to roll throughout the year. The duo picked up gold at the Maia World Cup in Portugal in May and notched silver at The World Games 2022 in Birmingham, Ala., in July. Borcharding and McKown finished third in women's pair at the latter competition, and the men's group of **Ethan Chang, Sam Lacy, Cade Shields** and **Dorian White** (bottom) took bronze in Maia.



Other 2022 highlights included Pan American Championships gold for Felix and McDougall and also for Borcharding and McKown. At the World Age Group Competitions in Baku in March, American acrobats Olivia Green, Evie Plummer and Aranel Prevost earned silver in 12-18 women's group, and Allyson Stone and Ayla Vargas pocketed bronze in 12-18 women's pair.





Olympians **Evita Griskenas** and **Lili Mizuno** (left) notched bronze medals on ribbon and ball, respectively, at the Portimao World Challenge Cup in May. In September, both advanced to the individual all-around final at the World Championships as part of a season that saw Team USA finish in the all-around top-10 five times and claim 17 top-10 apparatus placements in FIG competitions.

In July, Griskenas, the reigning U.S. all-around champion, led Team USA to gold at the Pan American Championships, claiming the all-around title. Alexandria Kautzman added gold on ball and silver on clubs, and U.S. athletes picked up a trio of bronze medals in the group competition.



Americans turned in top performances when it counted most. Collectively, Team USA captured fifth in the team competition at the World Championships in Sofia, Bulgaria.



Also pictured: Erica Foster, Evita Griskenas and Alexandria Kautzman (top); Rin Keys (middle); Senior Group (bottom)



## TRAMPOLINE &amp; TUMBLING



U.S. trampolinists and tumblers enjoyed many milestone moments in 2022. **Kaden Brown** (top) topped the field at The World Games in July, giving the U.S. its first men's tumbling title at the event in nearly 30 years, and teammate Miah Bruns finished second in women's tumbling. That same month, the synchronized trampoline pair of **Nicole Ahsinger** and **Sarah Webster** (left) captured the program's first FIG World Cup Series title in more than a decade with gold at the Nissen Cup in Arosa, Switzerland. Webster became only the second U.S. trampolinist to earn an individual World Cup title at the AERE World Cup in May, where Bruns earned top honors in women's tumbling.



In total, six American gymnasts collected World Cup hardware throughout the season with Tomas Minc, Shelby Nobuhara and **Tasha Williams** (bottom) also finding the podium.

At the World Championships in Sofia, Bulgaria, the U.S. earned a silver medal in the team all-around competition and pocketed team silver in women's double mini and tumbling as well as team bronze in men's double mini and tumbling. In double mini, **Ruben Padilla** (middle) was golden and Tomas Minc added bronze, while Tristan Van Natta secured second.



In World Age Group competition, U.S. athletes amassed six medals, including gold medals across four double mini divisions collected by West Fowler, Skye Hawk, Dylan Kline and Kira Schwartz.



## Medals from Sofia



### GOLD

Men's individual double mini – Ruben Padilla



### SILVER

Team all-around – Nicole Ahsinger, Kaden Brown, Miah Bruns, Cody Gesuelli, Ruben Padilla, Zach Ramacci, Aliaksei Shostak, Jessica Stevens, Tristan Van Natta & Sarah Webster

Women's individual double mini – Tristan Van Natta

Women's team double mini – Maia Amano, Shelby Nobuhara, Aliah Raga & Tristan Van Natta

Women's team tumbling – Miah Bruns, Nastia Katchalova, Isabel Steinmetz & Tia Taylor



### BRONZE

Men's individual double mini – Tomas Minc

Men's team double mini (right) – Changa Anderson, Merrill Hunter, Tomas Minc & Ruben Padilla

Men's team tumbling (left) – Kaden Brown, Kaleb Cave, Dominic Dumas & Patrick Lyell



Kaleb Cave





It was a monumental season for U.S. parkour athletes. Team USA fielded its first FIG World Cup delegation in September ahead of the inaugural FIG Parkour World Championships in Tokyo, Japan, in October. **Calen Chan** (left) led U.S. competitors, earning top-five finishes in men's freestyle at both events. Earlier in the season, **Reagan Chan** (top) delivered a pair of top-five showings in the women's freestyle and speed divisions at The World Games 2022. Throughout the year, U.S. athletes finished in the top 15 in international competition nine times.



Also pictured: Jarrod Luty (middle), Matt Hadley (bottom)



## GYMNASTICS FOR ALL



Nearly 450 athletes took part in the 2022 Gymnastics for All National Championships and GymFest June 23–25 at the Bank of Springfield Center in Springfield, Ill. The marquee Gymnastics for All event of the season offered competitive disciplines, such as Power TeamGym and Acrobatics and Tumbling. It also included non-competitive opportunities and Hope Unites Gymnastics with Special Athletes (HUGS) divisions. The event also featured special guests from the GF Kennedy club in Sweden.



Beth Olive







More than 150,000 youth members participated under the USA Gymnastics umbrella in 2022. USA Gymnastics' popular Xcel program continued to grow on the grassroots level, while the Development Program attracted young athletes moving up the competitive ranks.

Development Program seasons culminated on the national stage as more than 1,600 gymnasts competed at the Men's and Women's Artistic Development Program National Championships in Mesa, Ariz., in May. Another 1,400+ youth athletes traveled to Des Moines, Iowa in June for the USA Gymnastics Championships, where they vied for national titles in acrobatic and rhythmic gymnastics and trampoline and tumbling.

Connor LaValle



# 2022 HONOREES & AWARD WINNERS



USA Gymnastics inducted the eight members of the 2022 Hall of Fame Class at a ceremony held August 20 in Tampa, Fla., in conjunction with the annual U.S. Gymnastics Championships and National Congress and Trade Show. The 2022 Spirit of the Flame Award was also presented. Hall of Fame honorees included (left to right) Erin Blanchard (T&T), Ryan Ward and Kiley Boynton (acrobatic), Toni Rand on behalf of Tim Rand – Lifetime Achievement Award (women's artistic, posthumous), Tammy Biggs – Lifetime Achievement Award (women's artistic), Annia Hatch (women's artistic), Jonathan Horton (men's artistic), and Kurt Golder (men's artistic). This year's Spirit of the Flame Award recipient, Kalon Ludvigson (T&T), is pictured in front.



# Annual Award Winners Embody Excellence in Competition and Beyond

Each program also bestowed annual awards specific to their discipline. Recipients in acrobatic, rhythmic, and trampoline and tumbling were announced at the USA Gymnastics Championships in Des Moines, Iowa, in June, while those from men's and women's artistic gymnastics were recognized at the OOFOS U.S. Gymnastics Championships in Tampa, Fla., in August.

## ACROBATIC



Athletes of the Year &  
Sportspeople of the Year  
**Angel Felix (R) &  
Braiden McDougall (L)**

Coach of the Year  
**Youri Vorobiev**

Star Service Award  
**Leslie Douglas**

Janet VonBargen Award  
**Ronda Francis**

Glenn Sundby Award  
**Mariam Tutberidze,  
Grace Vonder Haar,  
& Kayla Vonder Haar**

## MEN'S ARTISTIC



Athlete of the Year &  
Sportsperson of the Year  
**Brody Malone (L)**

Coach of the Year, Senior  
**Thom Glielmi (R)**

Coach of the Year, Junior  
**Levon Karakhanyan**

Dusty Ritter Visionary Award  
**Dusty Ritter**

Frank J. Cumiskey  
Service Award  
**Joe Stallone**

## WOMEN'S ARTISTIC



Athlete of the Year  
**Jade Carey (R)**

Sportsperson of the Year  
**Addison Fatta (L)**

Co-Coach of the Year  
**Marnie Futch**

Co-Coach of the Year  
**Jess Graba**

Star Service Award  
**Cheryl Hamilton**

## RHYTHMIC



Co-Athletes of the Year  
**Evita Griskenas  
& Lili Mizuno**

Sportsperson of the Year  
**Serena Lu (L)**

Coach of the Year  
**Natalia Klimouk**

Star Service Award  
**Anna Loescher**

## TRAMPOLINE & TUMBLING



Double Mini Athlete  
of the Year &  
Sportsperson of the Year  
**Shelby Nobuhara (L)**

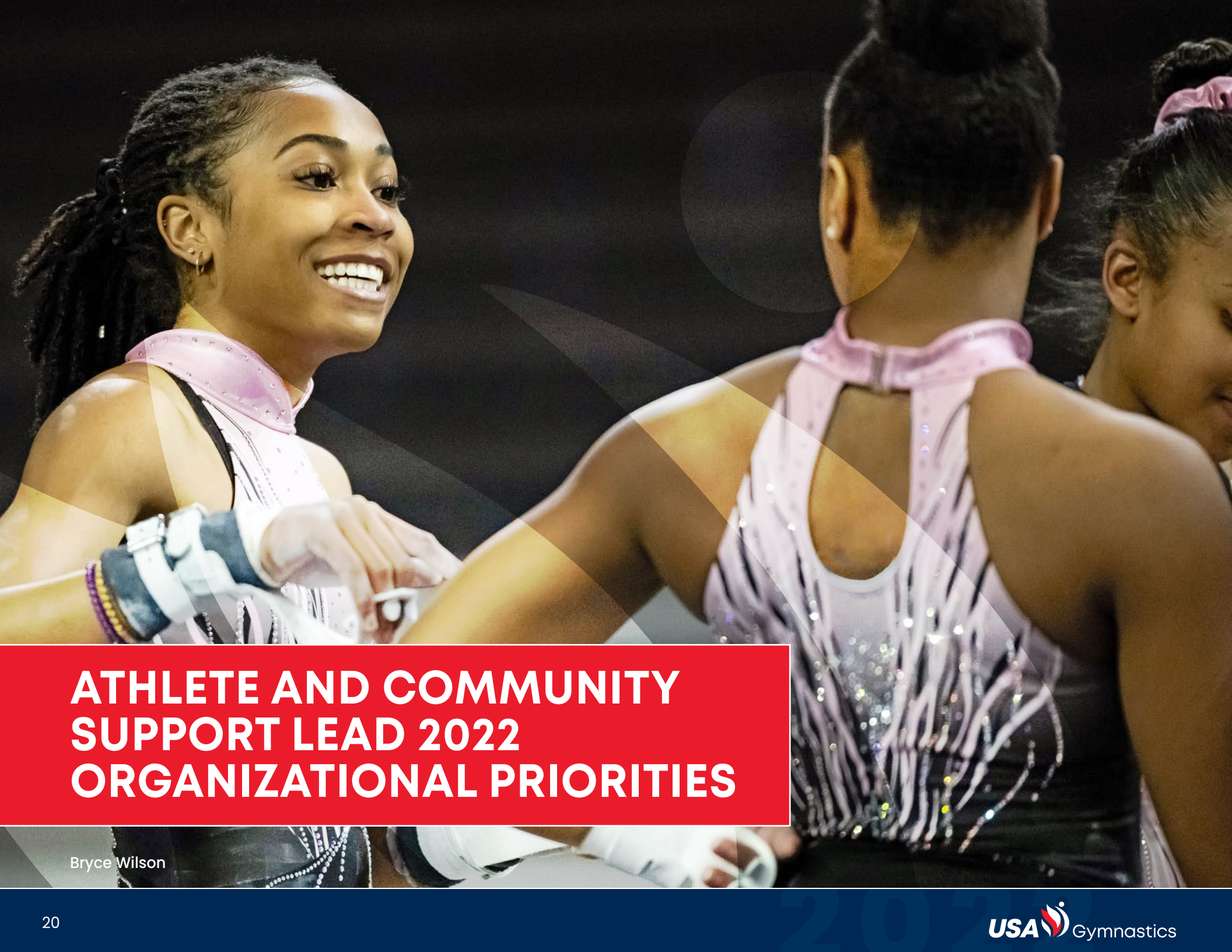
Trampoline Athlete of the Year  
**Nicole Ahsinger (R)**

Tumbling Athlete of the Year  
**Kaden Brown (M)**

Coach of the Year  
**Nuno Merino**

Star Service Award  
**Bob Hallwig**





# ATHLETE AND COMMUNITY SUPPORT LEAD 2022 ORGANIZATIONAL PRIORITIES

Bryce Wilson



## ENGAGING PARTNERS TO EXPAND ATHLETE HEALTH AND WELLNESS RESOURCES

As part of USA Gymnastics' ongoing cultural transformation, the organization continues to invest heavily in athlete health and wellness programming and has engaged with a spectrum of partners to improve the sport experience for all participants. USA Gymnastics has fostered robust relationships with outside experts, including Positive Coaching Alliance (PCA) and the U.S. Anti-Doping Agency's TrueSport initiative.

### Expanded mental health services

In October, USAG introduced expanded mental health services and programs, including regular mental health provider visits for National Team members and their coaches, thanks to a partnership with Official National Team Gymnastics Competition and Training Apparel Partner GK Elite.

### USA Gymnastics members recognized for positive coaching

Former U.S. Junior National Team member and current USAG member coach and club owner **Breasha Pruitt** (top) received Positive Coaching Alliance's 2022 Coach of the Year at the organization's Game Changer Awards & Benefit in June. Pruitt and fellow USAG member coach

**Lainy Carslaw** (top) were also named PCA National Double-Goal Coach Award winners. As part of USAG's Mental Health Awareness Month programming, the pair joined USOPC sport psychologist Karen Cogan in May to share tips and tools for supporting athlete mental health.



Also pictured: Jayla Hang and Cale Robinson (left), Gabriella Van Frayen (bottom)





## ELEVATING ATHLETES, IN AND OUT OF THE GYM

USA Gymnastics aspires to help athletes reach their dreams in and out of the sport. That means creating opportunities to learn and grow beyond the training gym or competition floor. In 2022, current U.S. Trampoline & Tumbling National Team member Kaden Brown and former team member Alyssa Oh completed observation hours with USAG's in-event medical staff to fulfill prerequisite requirements for athletic training graduate studies, and both were accepted into master's degree programs. USA Gymnastics also worked with former Artistic National Team members Sam Mikulak, **MyKayla Skinner**, and **Brandon Wynn** (bottom), who served as in-arena hosts at national events during the season.

Increasing athlete input at levels where important decisions are made is another way the organization is changing the culture of the sport from the inside out, and in 2022, several former National Team members assumed key leadership positions. 2008 Olympic silver medalists **Chellsie Memmel** and **Alicia Sacramone Quinn** (left, with **Jade Carey**) were named to the women's program's high-performance leadership team in May, and in June, 2000 Olympic team bronze medalist **Tasha Schwikert Moser** (top) joined the USA Gymnastics Board of Directors as the Survivors' Committee representative. USAG Athletes' Council chair and former Acrobatic National Team member Jessica Renteria was elected to a new athlete director seat in September, increasing the Board's overall athlete representation to more than 43%, including the Survivors' seat.





## PROVIDING TOP-TIER EDUCATIONAL RESOURCES AND OPPORTUNITIES

Educating and equipping professional members, including coaches, judges, and club owners, is critical to providing safe and supportive sport environments for all, and USA Gymnastics continues to develop best-in-class resources.

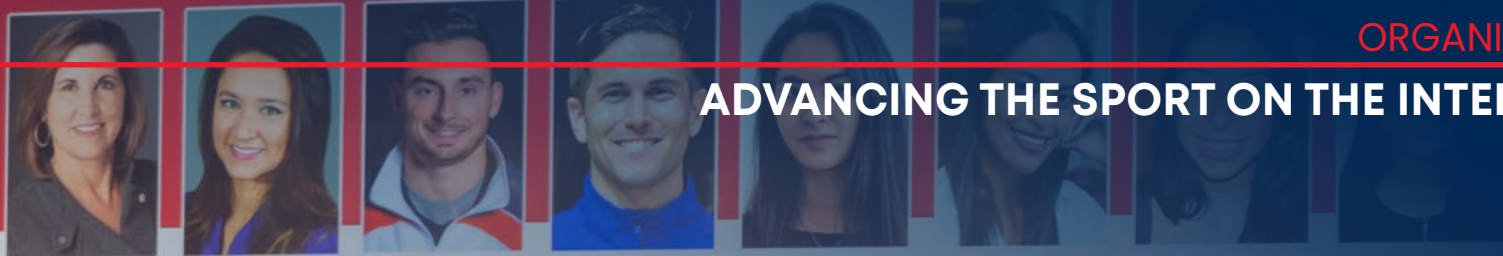
In addition to topical materials spanning mental health, athlete nutrition, injury management, and coach development, USA Gymnastics in 2022 introduced a

Member Club Best Practices Toolkit designed to help clubs identify and effectively address areas for improvement. USAG also launched two new courses – Understanding Maturation and Childhood Development: Preschool and Elementary School Age – and hosted more than 5,500 attendees across seven regional congresses and the 2022 National Congress and Trade Show.





## ADVANCING THE SPORT ON THE INTERNATIONAL LEVEL



## The What – New People



USA Gymnastics in 2022 continued its work to ensure the interests of American athletes are represented at the sport's highest level of decision making, while also sharing its learnings internationally. USAG CEO and FIG Executive Committee member **Li Li Leung** was a lead presenter at the 'Our Safe Sport Journey' symposium, held in conjunction with the 2022 Artistic Gymnastics World Championships in Liverpool. Her presentation, 'Lessons Learned: Leading a Cultural Transformation,' detailed USA Gymnastics' years-long effort to reform the culture of the sport.

USAG Chief Legal Officer Debbie Shon and Chief of Athlete Wellness Kim Kranz also are actively involved with FIG. Shon serves on the Statutes and Election System Reform Working Group tasked with updating FIG's governance, while Kranz is a member of the Anti-doping, Medical, and Mental Health commission.

USA Gymnastics also shares its learnings through a program that in 2022 licensed athlete safety and programmatic resources to more than 20 countries that are developing their own offerings.





## INTRODUCING A NEW VISUAL IDENTITY THAT REFLECTS ONGOING CULTURAL EVOLUTION



In August, USA Gymnastics unveiled a refreshed visual brand identity to reflect the cultural transformation undertaken since organizational leadership was overhauled in 2018 and 2019.

The new logo is anchored by a flame, whose segments represent constituencies of the gymnastics community and is led by an abstract rendering of an athlete, signifying the athlete-centric focus of the organization. The italicized USA conveys forward motion, and the tagline 'The Movement Starts Here' is a nod to both gymnastics' status as a foundational sport and USA Gymnastics' ongoing work toward creating a better future for all participants.

Flame representative of  
rebirth, knowledge and  
the Olympic movement



Abstract  
athlete  
rendering  
leads the way

Many faces  
sport world  
flowing together

Modern colors & font



# NATIONAL GYMNASTICS DAY

## FOSTERING COMMUNITY PRIDE



The 24th-annual National Gymnastics Day united gymnastics enthusiasts everywhere on September 17 in celebration of the sport. In addition to in-person gatherings at clubs around the country, online festivities included a series of Instagram Lives that connected Team USA athletes and fans. To mark the occasion, USA Gymnastics provided all member clubs with a commemorative banner and partnered with apparel provider GK Elite to award a randomly selected participating club a special prize. The winning club, Texas-based Pearland Elite, was one of more than 500 who took part across the U.S.





## Keeping Gymnastics Safe

With a safe and healthy environment being USA Gymnastics' top priority, the USAG Safe Sport team – recently renamed Safety & Response – became even more efficient and effective in its work. The timely and responsive handling of cases is critical for maintaining trust and confidence in the reporting process. Toward that end, in 2022, the USA Gymnastics Safe Sport / Safety & Response team:

- Closed 326 cases, a 31% increase over 2021
- In spite of handling more cases, the average days to closure was 58 days, down from 67 days in 2021



## The Team Behind the Team

While helping athletes be happy and successful is the focus of everyone involved in the sport, no athlete can participate without the support of family, coaches, volunteers, medical support, judges, fans and everyone behind the scenes.



# PARTNERSHIPS



Kayla  
DiCello



THANK YOU TO OUR PARTNERS







Kaden Brown  
Trampoline & Tumbling  
The World Games  
Photo © John Cheng

**PHOTOS OF  
THE YEAR**



PHOTOS  
OF THE  
YEAR



**Donnel Whittenburg**  
Men's Artistic Gymnastics  
World Championships  
Photo © John Cheng





**Jordan Chiles**  
Women's Artistic Gymnastics  
World Championships  
Photo © John Cheng





**Erica Foster**  
Rhythmic  
Pan American Championships  
Photo © Ricardo Bufolin





**Mo Arthur and Ariana Katsov**  
Acrobatic  
World Age Group Competition  
Photo © Ricardo Bufolin



