

USA Gymnastics Athletes' Council (AC) Meeting
August 29, 2024 - via Zoom

Roll Call

AC Attendees:

Jessica Renteria	Chair, Acro Athlete Representative
Alex Renkert	Vice Chair, T&T Athlete Representative
Lily Avila	Rhythmic Athlete Representative
Evita Griskenas	Rhythmic Athlete Representative
Akash Modi	Men's Athlete Representative
Braiden McDougall	Acro Athlete Representative
Drew Collins	T&T Athlete Representative
Logan Dooley	USOPC AAC Alternate Rep
Jessie DeZiel	Women's Athlete Representative
Serena Lu	USOPC AAC Rep
Cameron Bock	Men's Athlete Representative

Guests:

Happiness Squad

Absent:

Cameron Bock	Men's Athlete Representative
Emily Schild	Women's Athlete Representative

I. In-Person Meeting Discussion

II. Discussion on Fall/Spring Meeting Schedule

III. Discussion on Podium Attire Requirements for Athletes

- Domestic/Local/National

IV. Happiness Squad

- The Happiness Squad is a consulting firm hired by USA Gymnastics to facilitate the development of a 2025-2028 Strategic Plan. Athlete input is critical to the development of the Strategic Plan and as such, they are happy to have time to talk to the Athlete Council. Discussion points included:
 - Introduction and purpose
 - Discussed greatest strengths
 - Magic Wand Improvement
 - Discussed what role USAG should play in clubs
 - Discussed physical and mental well-being
 - Financial education
 - Career support

Meeting adjourned