

ACROBATIC GYMNASTICS  
JUNIOR OLYMPIC TECHNICAL UPDATE  
January 2017

Updates and clarifications outlined below will be effective immediately.

- Level 6 Mixed Pair
  - Skill D4 – an “or” option has been added to allow mixed pairs to choose from one of two elements:
    - Cannonball swing to standing (with or without release)
    - Regular or reverse foot to hand; straight jump to the floor
  
- Level 8 Mixed Pair
  - Skill 5B straddle press to handstand may start in a straddle or pike
  
- Level 7 Women’s Pair
  - Skill 4B – when going to split, it is acceptable to slide straight to split or to go to knee and then slide to split without deduction
  
- Clarification page 38 of JO Code of Points says:

Athletes of any age can compete at any level of the international track, but athletes must meet the ages described in the National Team selection procedures in order to be considered for National Team.

To Clarify –

In order to compete on the international track, athletes must meet the minimum age requirements as defined in the R&P for the respective level. There are no maximum age limits for the international track. Please note, additional age restrictions may be defined in selection procedures for consideration for national teams selection and participation."

Sarah Thomas  
National Junior Olympic Committee Chair  
USA Gymnastics