



National Junior Olympic Committee Minutes

Friday, August 1, 2008

1. Motion – JO Chairman called the meeting to order – 8:30am

Role Call:

Selena Peco – National Junior Olympic Committee Chairman

Tonya Case – Acrobatic Gymnastics Vice-Chair

Linda Ocmand – National Program Committee Chairman

Kari Duncan – National Technical Committee Chairman

Nancy Davis – Region 1

Lee Hatfield – Region 2

Sarah Thomas – Region 7

Ronda Francis – Region 4

Tom Housley – Program Director

Linda Porter - Observer

2. 2008 USA International Track Proposal

National Junior Olympic Committee discussed the proposal set forth by the Acrobatic Gymnastics Program Committee. An international track is being developed to eliminate the requirement for multiple routines and to allow athletes and coaches to better prepare for international competition.

a. Level 8 International (L8-I) Proposal:

i. Pair/Groups will use 11-16 FIG rules for Local, State, Regional, and National-level events.

1. Difficulty (up to .50) converts to a 10 point scale

ii. L8-I athletes will be considered for the 11-16 Junior National Team

1. Pair/Groups will be required to meet a qualification score at the State, Regional or Junior Olympic Acrobatic Gymnastics National Championships to compete and vie for a spot on the 11-16 Jr. National Team at Visa Championships. Athletes are required to attend the Junior Olympic National Championships as a qualifying meet for Visa Championships.

1. A qualifying score of 48.00 must be met (two routines)

2. Minimum age is 9 years old (with a minimum 6 year age difference)

3. Maximum age is competitive age 16 years old

2. Visa Championships will serve as the selection event for the 11-16 Jr. National Team.

iii. Visa Championships will crown the L8-I National Champions in each event.

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- iv. L8-I athletes are to follow elite requirements (need to revisit and update in the Rules and Policies) rules of attending State or Regional Championships in the year of a Visa Championships. The decision is made to aid with athlete travel expenses.
- v. Athletes are not allowed to compete both tracks during the same competition.
- b. JE (12-19 International) Proposal:
 - i. Athletes will use FIG rules for 12-19 (Junior)
 - ii. All Junior Elite's will be considered for Junior National Team. Priority will be given to the athletes meeting competition age for 12-19 ages for international travel in the year of naming the team.
 - 1. JE athletes must meet the below ages to be considered for the team:
 - 1. Minimum age is 10 for JE
 - 2. Maximum age is 19 for JE.
 - 3. Priority will be given to athletes meeting competition ages for 12-19 for open slots on the Junior National Team. (No more than 6 year age difference).
 - 2. JE 12-19 International who meet the qualification score at State, Regional and/or JO Championships will participate at Visa Championships. Athletes are required to attend the Junior Olympic National Championships as a qualifying meet for Visa Championships.
 - 3. Visa Championships will serve as the selection event for the JE 12-19 Jr. National Team.
 - iii. Difficulty caps would be added at this level to be more in line with the 12-19 rules. The decision is being considered to keep in mind the safety issues specifically to the younger athletes competing at this high level. The difficulty caps are a slightly higher than the FIG caps, however leaves room to work towards senior difficulty.
 - 1. 90 min. - 140 Balance, 80 min. - 110 Dynamic, 90 min. - 150 Combined. (*pending new FIG Tables of Difficulty Charts*)

Motion: Nancy Davis
Second: Sarah Thomas
Passed

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3. Junior Olympic National Team

Athletes competing at Level 8, 9, and 10 USA rules will be considered for the Junior Olympic National Team. Athletes will be required to meet qualification scores, per the Rules and Policies, to compete at the Junior Olympic National Championships. The JO National Championships will serve as the selection event for the Junior Olympic National Team. .

Due to the development of an international track, the Junior Olympic Committee proposes to change the age of athletes named to the Junior Olympic National Team. A minimum age of 7 with a max age of 22 is acceptable with no more than a 10 year difference for WP, MP, MXP, and WG. A 12 year old spread is acceptable for MG.

Motion: Sarah Thomas

Second: Selena Peco

Passed

4. USA Level 9 Age Group Change

The Junior Olympic Committee proposes to reduce the number of age groups at this level. USA Level 9 will be reduced to the following two age groups:

- i. Age Group (1): 16 and under
- ii. Age Group (2): 17 and over

The above age groups are set based on previous number of athletes competing at National Championships. The decision is being considered to create more head to head competition at this level and to better prepare athletes for high-level competition. USA Special Requirements will remain at the current level.

Motion: Lee Hatfield

Second: Ronda Francis

Passed

5. USA Level 10 Rule Change

The Junior Olympic Committee proposes to require a combined routine at Level 10. Level 10 athletes will be required to perform a combine routine for a total of three routines – balance, dynamic, and combined. The decision is better prepare athletes for the Junior Elite level.

The following rules changes are proposed for Level 10:

- a. A penalty will be in place for any routine exceeding the maximum difficulty set for Level 10.
 - i. A 2.0 deduction will be implemented for going over difficulty for any of the three required routines.
- b. Difficulty will be capped at 110 Balance, 80 Dynamic, and 110 Combined.
- c. Qualification scores for Local, State, Regional and National to reflect three routines.
- d. Age groups would be collapsed at L10 in preparation for Junior Elite.
 - i. Minimum age of 9
 - ii. If 8 year old who has had one full season of Level 9 competition experience in acrobatic gymnastics or in similar optional gymnastics and has met the requirements of the Level Mobility Process may

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petition to the Acrobatic Gymnastics Program Committee, via the National Office, to be allowed to compete as L 10.

- e. USA Special Requirements will remain at the current levels.

Motion: Sarah Thomas

Second: Nancy Davis

Passed

6. Junior Olympic Maximum Age

The Junior Olympic Committee discussed the responsibility of controlling the maximum age of athletes competing in the Junior Olympic Program. The Junior Olympic Committee recommends a maximum age of 30 years old with a maximum age difference of 15 years.

Motion: Selena Peco

Second: Lee Hatfield

Passed

7. Level 9 Foot-to-Hand Clarification – Specifications, page 63

- a. CATCH in hand-to-hand or CATCH foot-to-hand with a minimum Value 5 with minimum rotation of 2/4
 - i. Starting position is optional
 - ii. Value remain the same
 - iii. Minimum rotation is 2/4

Motion: Selena Peco

Second: Nancy Davis

Passed

8. Level 10 Foot-to-Hand Clarification – Specifications, page 65

- a. CATCH in hand-to-hand or CATCH foot-to-hand with a minimum Value 6 with minimum rotation of 2/4
 - i. Starting position is optional
 - ii. Value remain the same
 - iii. Minimum rotation is 2/4

Motion: Selena Peco

Second: Nancy Davis

Passed

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9. Level 7 Women's Group Revisions

- a. Row 1 –
 - i. 1A - Same
 - ii. 1B - Same
 - iii. 1C - lunge pyramid, with middle in straddle on back leg, top on high in tuck, pike or straddle, regular grip (Level 8 – WG)
- b. Row 2 –
 - i. 2A - Same
 - ii. 2B - move 3b to 2b
 - iii. 2C - new skill for column 3 (category 3)
- c. Row 3 –
 - i. 3A - eliminate one-arm of base (high pike, straddle or croc) removing tuck, 2:2 grip,
 - ii. 3B - Add category I pyramid to 3B: 87E-1 (top is in tuck, pike, or straddle)
 - iii. 3C - 86-A7 (top is in tuck, pike, or straddle)
- d. Row 4 –
 - i. 4A – platform or toe pitch w/ just straddle (catch)
 - ii. 4B – platform front or back tuck
 - iii. 4C – Toe pitch back or front tuck
- e. Row 5
 - i. 5A – same
 - ii. 5B – same
 - iii. 5C – 5B add 180 degree down to forearm catch
- f. Row 6
 - i. 6A – same
 - ii. 6B – same add 360 degree lateral
 - iii. 6C – rosmen $\frac{1}{4}$ to catch on back (142-46-4A)
- g. Row 7
 - i. 7A – front
 - ii. 7B – front or back tuck
 - iii. 7C – back layout $\frac{3}{4}$ to catch

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10. Level 7 Women's Pairs Revisions

- a. Row 1 –
 - i. 1A – Same
 - ii. 1B – Same
 - iii. 1C - Add pretzel
- b. Row 2 –
 - i. 2A – Same
 - ii. 2B – Same
 - iii. 2C - mounting off thigh or forearm - cartwheel to handstand 31-A-1
- c. Row 3 –
 - i. 3A – Same
 - ii. 3b – Same
 - iii. 3C - straddle on feet (with support)
- d. Row 4 –
 - i. 4A – same
 - ii. 4B – back swan or straddle from stand-to-knee, then knee-to-split
 - iii. 4C – straight slide to split in front or back swan or straddle
- e. Row 5 –
 - i. 5A – Same
 - ii. 5B – backward
 - iii. 5C - forward
- f. Row 6
 - i. 6A: rosman $\frac{1}{4}$ catch on back (142-46-4A)
 - ii. 6B: Same
 - iii. C: Boost to wrap Or boost 180 degree tum to wrap
- g. Row 7 –
 - i. 7A - tuck, pike or layout (all in one box)
 - ii. 7B - boost 180 degree turn to forearm catch
 - iii. 7C - boost (front or back) 180 degree turn to forearm catch, 180 degree lateral turn to forearm catch
- h. Row 8 –
 - i. 8A - forearm back $\frac{3}{4}$ tuck to ground
 - ii. 8B - 8A
 - iii. 8C - 8B

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11. Level 7 Mixed Pairs Revisions

- a. Row 1 –
 - i. 1A – Same
 - ii. 1B – Same
 - iii. 1C – 3B
- b. Row 2 –
 - i. 2A – Same
 - ii. 2B – Same
 - iii. 2C - Cartwheel to handstand
- c. Row 3 –
 - i. 3A – Same
 - ii. 3B - 2:2 straddle or croc (base standing)
 - iii. Row 3C: straddle on feet (w/ support) with top in tuck, pike, or straddle
- d. Row 4 –
 - i. 4A - Back bird to knee to sit holding straight leg
 - ii. 4B - back swan or straddle from stand-to-knee, then knee-to-split
 - iii. 4C straight slide to split in front or back swan or straddle
- e. Row 5 –
 - i. 5A – Same
 - ii. 5B – backward
 - iii. 5C - forward
- f. Row 6 –
 - i. 6A - Same
 - ii. 6B - Same
 - iii. 6C - 6B add 180 degree turn down to forearm catch
- g. Row 7 –
 - i. 7A - tuck, pike or layout (all in one box)
 - ii. 7B - boost 180 degree turn to forearm catch
 - iii. 7C - boost (front or back) 180 degree turn to forearm catch, 180 degree lateral turn to forearm catch
- h. Row 8 –
 - i. 8A - forearm back $\frac{3}{4}$ tuck to ground
 - ii. 8B - 8A
 - iii. 8C - 8B

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12. Level 7 Men's Pairs Revisions

- a. Row 1 –
 - i. 1A – Same
 - ii. 1B – Same
 - iii. 1C - Same
- b. Row 2 –
 - i. 2A - WP 2B
 - ii. 2B - 2A
 - iii. 2C - 2B
- c. Row 3
 - i. 3A – Same
 - ii. 3B – Same
 - iii. 3C - add handstand on head
- d. Row 4 –
 - i. 4A – Same
 - ii. 4b – Same
 - iii. 4C - add croc on head stand to sit
- e. Row 5 –
 - i. 5A – Same
 - ii. 5B – Backward
 - iii. 5C - Forward
- f. Row 6 –
 - i. 6A – Same
 - ii. 6B – Same
 - iii. 6C – Backward pike
- g. Row 7 –
 - i. 7A – Same
 - ii. 7B – From regular foot to hand straight jump catch on shoulder with top landing on feet Or from standing on shoulders straight jump to regular foot to hand catch
 - iii. C: 7B
- h. Row 8 –
 - i. 8A - tuck, pike, layout (all in one box)
 - ii. 8B - L8 MP Row 4 #1
 - iii. 8C - Handstand top turns 180 degree turn dismount to catch

13. Level 7 Men's Groups Revisions

Junior Olympic Committee will consult current Men's Group coach for any changes occurring with this event.

Motion: Nancy Davis
Second: Sarah Thomas
Passed

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14. Level 7 Individual Skills

a. Individuals

- i. Routines must include 5 individual elements – 1 element from each row.
- ii. Separate page for individual page - All events will have same individuals pool to select from for routines
- iii. Include on Level 7 Requirements page – to state, “routines must include 5 individuals’ elements – 1 element from each row.
- iv. Row 8 – flexibility - approved
- v. Row 9 – agility: remove dive roll and add Aerial Cartwheel; back handspring to-knee
- vi. Row 10 – balance – remove 180 degree pirouette and add Y-Scale
- vii. Row 11 – tumbling - approved
- viii. Row 12 – choreography - approved

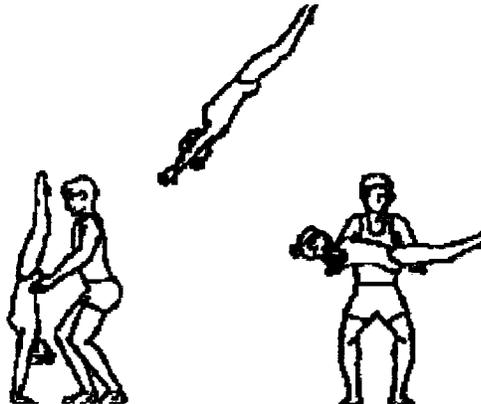
Motion: Nancy Davis

Second: Sarah Thomas

Passed

15. Level 6 Women’s Pair Revision

- a. Remove 6A - Boost to front wrap
 - i. 6B – rosmen $\frac{1}{4}$ to forearm catch on back



Motion: Selena Peco

Second: Nancy Davis

Passed

16. Level 5 Choreography

The Junior Olympic Committee recommends choreography to be optional at Level 5.

17. Level 1-4 Compulsory Music

The Committee is researching options to create compulsory music for levels 1-4 to aid new coaches and clubs with starting an Acrobatic Gymnastics Program.

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18. Level 4 and 5 CJP Deduction

A motion is called to add a CJP deductions for mass and maturity at Levels 4 and 5. No artistry deductions are to be taken at these levels.

Motion: Selena Peco

Second: Nancy Davis

Passed

19. Acrobatic Gymnastics Pre-team Program

Due to the extreme success of the Acrobatic Gymnastics Pre-team Program, the pre-team material will be implemented into the Acrobatic Gymnastics Junior Olympic Program at Levels 1-3.

Motion: Nancy Davis

Second: Kari Duncan

Passed

20. Level Mobility Changes

The Junior Olympic Committee is recommending Skills Testing to be allowed at Regional Clinics with the understanding two National Program Committee members must be present. All other Skills Testing, outside of Regional Athlete Clinics, must take place at National-level events. Coaches still have the option of Level Mobility through Competition Experience.

L8-I athletes will be required to test through levels through Competition Experience or Skills Testing. Athletes competing at the L8-I athletes must meet Level Mobility procedures per the Rules and Policies to move from Level 9 to Level 10 and from Level 10 to Junior Elite. Athletes competing at the L8-I level do not have to compete Level 9 or Level 10 rules because they test up. Athletes must move through the Level Mobility rules before moving from L8-I to Junior Elite

Motion: Sarah Thomas

Second: Lee Hatfield

Passed

21. Rule Change: Individual Elements – Level 8, 9, 10

A motion is called to change the number of individual elements required at Level 8, 9, and 10 to a minimum of three and maximum of six individual elements. The choreographic element is not required, however the artistry deduction is taken if all four characteristics are not represented.

Motion: Selena Peco

Second: Nancy Davis

Passed

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22. USA New Skill Evaluations

The deadline to submit new skill evaluations in the USA is April 1 deadline each year.

23. Level 8 Women's Group - Clarification

Women's Group – Row 5: athletes have the option of rotating forward or backwards.

Motion: Ronda Francis

Second: Nancy Davis

Passed

Meeting Adjourned – 1:26pm August 1, 2008

APPROVED

[Handwritten Signature]
9/11/08