

J0 Committee Meeting Minutes

June 22, 2015

Attending:

- Sarah Thomas – National J0 Chair/Region 7
- Michelle Merwerth – Region 3
- Jessica Taylor – Region 5
- Ronda Francis – Region 4
- Elizabeth Millard – Acrobatics Program Director

- Discussed concerns from coaches over skill choices for Level 9 Mxpr.
 - Row 2 Box - 1 allowed for credit

- Discussed the need to update Level 5 exercises. The following committee members will be in charge of reviewing skills/wording for the following:
 - Michelle – Mx/MP
 - Nancy – WG
 - Ronda – WP
 - We would ask Jackye/Danil to work on MG

- Compulsory Leotards
 - Discussed the pros and cons of having compulsory leotards at levels 5-7 and possibly one routine at level 8
 - Voted to bring the information to the Program Committee so that they could discuss and vote on the issue

- Skill Clarifications
 - Level 7 calf mount to shoulders 3” should be static
 - 1” holds before transitions for level 8 and up are not given short holds
 - Level 6 and 7 will receive a short hold if a 1” is asked for and not performed