

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the left and right sides of the slide, framing the central white area.

2025-2028 Code of Points Changes

Andre Solodar

National Development Committee Chair

Individual Elements

► OLD

Level 2-8

Individual elements performed separately (with choreography or pair/group elements between) may receive a maximum of -1.0 execution deduction *per pair/group*.

3 separate individuals performed by a trio =
-3.0 total possible deductions

► NEW

Level 2-8

Individual elements performed separately (with choreography or pair/group elements between) may receive a maximum of -1.0 execution deduction *per partner*.

3 separate individuals performed by a trio =
-9.0 total possible deductions

Individual elements performed in a series (with no choreography or pair/group elements between) may receive a maximum of -1.0 execution deduction for each series *per partner*.

***Same as FIG Rules**

Level 8 Individual Requirements

- ▶ There is no longer a TUMBLING requirement in Level 8 DYNAMIC routine

Athletes must choose any three individual elements in each routine, options presented on page 9 or FIG ToD. Partners may perform the same elements or choose different elements, but these must be performed at the same time or waterfall. **Categories may be repeated.**

A NEW Special Requirement

► L2-8

All required elements must be performed or a -1.0 Special Requirement (SR) deduction will apply.

EX:

A top chooses not to do the 3 individual elements (R-off, Flic to knee, Splits)

-3.0 for 3 missing elements in addition -1.0 SR for not performing all required elements for a total deduction of -4.0. This applies to pair/group elements as well.

Levels 9 and 10 Difficulty

- ▶ All difficulty values have been increased by 5 values, this change is due to FIG increasing the difficulty for Jr Elite 12-18.

Level 9 Difficulty

Balance	Minimum Difficulty	Maximum Difficulty	Maximum Allowance
Difficulty Value	35	45	65

Dynamic	Minimum Difficulty	Maximum Difficulty	Maximum Allowance
Difficulty Value	25	35	55

Level 10 Difficulty

Balance	Minimum Difficulty	Maximum Difficulty	Maximum Allowance
Difficulty Value	55	65	85

Dynamic	Minimum Difficulty	Maximum Difficulty	Maximum Allowance
Difficulty Value	45	55	75

Incorrect Tariff Sheet Deduction

-0.2 at Local competitions

\$20 fine at State, Regional, and National Championships

- ▶ This deduction is not intended to punish the athletes but to alert the coach and inquire about the deduction so that changes can be made for future competitions.
- ▶ Mostly will effect Level 7 and 8
- ▶ Make sure that all things that are required on “Level 7 and 8 Tariff Sheet Checklist” are completed to avoid the deduction.

Music Time Faults

- ▶ **Duration of music over time limit is -0.1 per second.**

This was and still is the deduction in FIG rules although in the previous years USAG rules had a -0.3. For simplicity purposes it has been changed to be the same as FIG.

New Restrictions

- ▶ Level 8+:

Pairs may not perform more than 3 balance elements for difficulty in a series or immediate succession

- ▶ Level 9+:

A maximum of 4 elements in dynamic or combined (if the series includes a dynamic element) for difficulty, performed in a series or immediate succession, can be done **only ONE time**

- ▶ **No more than 4 landings will be credited for difficulty or special requirement**

Reminders

- ▶ Skill images are meant to be used as a reference. The word description must be followed if there are any discrepancies between the skill image and the description.
- ▶ If the skill description does not specify direction (front or back) it is up to the coach/athlete's discretion.

Acro Companion

- ▶ Starting January FIG will be on a new quad cycle.
 - ▶ New Rules
 - ▶ New Table of Difficulty
- ▶ Acro Companion will be updated
 - ▶ If you have purchased new tariff sheets though Acro Companion you will still have access to them
 - ▶ After the update all the tariff sheets that were created for the new year may go blank and you will just have to put the skills back in.
 - ▶ Your rights to that tariff sheet will still be there for the remaining time, depending on your purchase date.

XCEL Blocks

- ▶ E. Apparatus
 - ▶ a. Meet Director/Hosting Club must provide at least one set of blocks (i.e., stilts, canes, pedestals, etc.).
 - ▶ b. Athletes may compete with their own personal blocks, which are required to meet specified apparatus regulations (see below).
 - ▶ c. Apparatus regulations:
 - ▶ 1. Blocks must be at least 10 inches tall from base to top.
 - ▶ 2. Blocks cannot be connected.
 - ▶ 3. **Block base must be no more than 12 inches in diameter.**
 - ▶ 4. Blocks hand grip should be an appropriate size for the athlete's hand.

Rules and Policies Changes

Age Groups

Levels	Age Groups		
Level 2-4	9U	10-11	12+
Level 5	10U	11-12	13+
Level 6	11U	12-13	14+
Level 7	12U	13-14	15+
Level 8	13U	14-15	16+
Level 9	14U	15-16	17+
Level 10	15U	16-17	18+

Qualifying Scores

Level	Regional Qualifying Score	National Qualifying Score
Xcel Blocks	NA	NA
Level 2-6	NA	NA
Level 7	18.0	21.0
Level 8	39.0	45.0
Level 9	42.8	45.8
Level 10	43.2	47.4
FIG 11-16	46.0	47.8
FIG 12-18	70.3	74.8
FIG 13-19	71.6	77
FIG Sr. Elite	71.9	77.3

Qualifying Requirements for Regional Championships:

- ▶ Pair/Group must attend 2 local competitions
- ▶ Pair/Group must attend State Championships
- ▶ Pair/Group must receive a Regional Championships qualifying score at any USAG-sanctioned competitions before Regional Championships.

Qualifying Requirements for National Championships:

- ▶ Pair/Group must attend 2 local competitions
- ▶ Pair/Group must attend State Championships
- ▶ Pair/Group must attend Regional Championships
- ▶ Pair/Group must receive a National Championships qualifying at any USAG-sanctioned competition.

Breakdown of Qualifying Scores

Qualifying Scores for Regionals Championships					Qualifying Scores for National Championships				
<u>Level</u>	<u>Score</u>	<u>Execution</u>	<u>Artistry</u>	<u>Difficulty</u>	<u>Level</u>	<u>Score</u>	<u>Execution</u>	<u>Artistry</u>	<u>Difficulty</u>
Xcel Blocks	NA				Xcel Blocks	NA			
Level 2-6	NA				Level 2-6	NA			
Level 7	18.0	12.0	6.0	0	Level 7	21.0	14.0	7.0	0
Level 8	39.0	13.0 (x2)	6.5 (x2)	0	Level 8	45.0	15.0 (x2)	7.5 (x2)	0
Level 9	42.8	14 (x2)	7 (x2)	.8	Level 9	45.8	15.0 (x2)	7.5 (x2)	.8
Level 10	43.2	14 (x2)	7 (x2)	1.2	Level 10	47.4	15.4 (x2)	7.7 (x2)	1.2
FIG 11-16	46.0	15 (x2)	7.5 (x2)	1.0	FIG 11-16	47.8	15.4 (x2)	8.0 (x2)	1.0
FIG 12-18	70.3	15 (x23)	7.5 (x3)	2.8	FIG 12-18	74.8	16.0 (x3)	8.0 (x3)	2.8
FIG 13-19	71.6	15 (x3)	7.5 (x3)	4.1	FIG 13-19	77	16.2 (x3)	8.1 (x3)	4.1
FIG Sr. Elite	71.9	15 (x3)	7.5 (x3)	4.4	FIG Sr. Elite	77.3	16.2 (x3)	8.1 (x3)	4.4