

## 2026 USA Gymnastics Championships

June 22-28, 2026 – Tulsa, OK

[USAGymChamps.com](http://www.usagymchamps.com)

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### VENUE

- **BOK Center**- 200 S. Denver Ave., Tulsa, OK 74103
- **Arvest Convention Center**- 100 Civic Center, Tulsa, OK 74103

### ENTRIES

- \$200.00 flat fee per athlete (one event or multiple). No Coaches fee.

A step-by-step guide to register for this event is available [HERE](#).

#### **Entry Deadline:**

- All participants in Gym Champs must be registered through USA Gymnastics. Deadline is May 25, 2026, to register and pay on USA Gymnastics.
- Late registrations will accepted until May 27, 2026.
- Entry Fee for Late Registration is \$350.00 per athlete.
- All athletes must be registered in KSIS by May 25, 2026. Click [HERE](#) for instructions.
- NO CHANGES OR ADDITIONS WILL BE ALLOWED AFTER May 27, 2026.

### TICKETS

See the [USA Gymnastics Championship website](#) for ticketing info.

### SCHEDULES/ROTATIONS

See the [USA Gymnastics Championships website](#) for the latest version.

### LIVE RESULTS

- Developmental Live results will be available on [KSIS](#).

### MANDATORY COACHES' ORIENTATION MEETING

- The mandatory coach's orientation meeting will be held on Monday, June 22. Via zoom 9pm CST.

## TARIFF SHEETS

- All tariff sheets must be submitted through KSIS for All levels click [HERE](#) for instructions.
- **Coaches:**  
Submitted tariff sheets must be as accurate as possible. If you have a question about your tariff sheets, please have them reviewed prior to uploading. If there are changes to tariff sheets between the deadlines of June 10th and June 19th, please notify Dylan Maurer: dmninja@gmail.com about the changes.
- **Deadlines**  
Initial Tariff Sheet deadline is June 10th. All revisions must be made by and uploaded to KSIS by June 19th.
- **Late Tariff Penalties:**
  - New tariffs submitted 10 or more days before the start of competition = no penalty.
  - New tariffs submitted less than 10 days before the start of competition = \$50.00 per club
  - New tariffs submitted less than 5 days before the start of competition = \$100.00 per tariff.
  - Revised tariffs submitted less than 3 days before the start of competition = \$100.00 per tariff.
- **Tariff Sheet Review:**  
The judges will evaluate the tariff sheets before arrival to the competition. Please note, this is only for tariff sheets that are submitted by June 10th.

Any revisions to tariff sheets after June 19<sup>th</sup> will not be accepted and you must submit the minor change form per the Code of Points.

## MUSIC POLICY

Each club must submit all athlete competition music for the USA Gymnastics Championships through KSIS for all levels. Music is to be submitted to KSIS on or before, June 10, 2026. Click [HERE](#) for instructions on how to submit music to KSIS.

### For KSIS each routine must be:

- Separate file in MP3 format
- These files will be used for all training and competitive routines occurring on the competition floor.
- All clubs must bring backup music on a USB flash drive containing all music for your club.
- Please bring a second copy of music on a phone or tablet to be used on the training floor.

If there is a change to a pair/groups' music after June 10th, coaches must bring separate USB flash drive marked with the pair/groups' name, club, level, and routine to the Scoring Table.

## **COACHES & OFFICIALS**

Coaches, judges and officials who are professional members will be issued credentials. No pending memberships will be allowed. Coaches must register online for the 2026 USA Gymnastics Championships. No coach changes may be made after the registration deadline. No hospitality will be provided for coaches.

## **ACROBATIC JUDGE'S MEETING**

The Judges meeting will take place on Monday, June 22<sup>nd</sup> in the judges room. (Time and Location TBA)

## **COACH ATTIRE**

All coaches must wear club or athletic apparel with athletic shoes to be on the competition floor. No national team apparel that bears the USA flag or a national team logo may not be worn at any time during training, warm-up, or competition at the USA Gymnastics Championships. This includes warm-ups, t-shirts, competitive apparel, backpacks, duffle bags, etc. National team attire may not be worn even if the logo or flag has been covered. Unless otherwise requested by the program director, please leave all national team apparel/accessories at home.

The following dress code must be followed during all training, warm-up and competition sessions. Violators will be asked to leave the event floor or training/warm-up area.

- Warm-up pants, long pants or capri length pants for women & men are acceptable. Men can wear golf shorts.
- Team polo shirt or team t-shirt. Warm-up jackets are optional.
- Gym/athletic shoes are required. No flip-flops or open toe shoes.
- No denim allowed.
- No caps or hats allowed.

## **ATHLETE ATTIRE**

All athletes must wear club or athletic apparel with athletic shoes to be on the competition floor. No national team apparel that bears the USA flag or a national team logo may be worn at any time during training, warm-up, or competition at the USA Gymnastics Championships. This includes warm-ups, t-shirts, backpacks, duffle bags, etc. National team attire may not be worn even if the logo or flag has been covered. Unless otherwise requested by the program director, please leave all national team apparel/accessories at home. Acrobatic athletes will be permitted to wear competitive apparel that bears the American flag.

The following dress code must be followed during all training, warm-up and competition sessions. Violators will be asked to leave the event floor or training/warm-up area.

- During training, girls may wear long-sleeved or sleeveless leotards, and boys may wear shorts and t-shirts.
- Girls may wear black bike shorts or leggings during training or warm-up sessions.

- Girls should not have any exposed undergarments or straps. Black or color-coordinated to leotard t-back sports bra is acceptable.

Athletes named to the national team for the first time will receive a temporary national team warm-up to wear for photographs after the awards ceremony. National team members will receive their national team warm-ups once they receive/accept an international assignment.

**FIG Level Competition Structure (11-16 through Senior Elite)**

Competition format will be followed as outlined in the [Rules and Policies, Section 7.6.c & d page 26.](#)

**11-16 Finals Exercise will be:**

Event	Routine
WP	Dynamic
MXP	Balance
MP	Dynamic
WG/MX Trio	Balance
MG/MX Group	Dynamic

**AWARDS**

**Development Level**

- Awards will be given out for first to sixth place.
- Awards are given for all-around only for Development levels. These awards will be presented in the awards room at the Development Hall. (Location TBA)

**Age Group 11-16 Awards**

- Awards will be given for the top 3 places in the all-around which is the sum of the balance and dynamic score in qualifications, these awards will be presented at the completion of qualifications. In finals, the score starts from zero. Awards for the finals routines will be presented for the top 3 places based on the finals exercise. These awards will be presented in the awards room at the Development Hall. (Location TBA)

**Elite Awards**

- Awards will be given out for first through third place.
- JE 12-18, JE 13-19, and Senior Elite perform balance, dynamic, and combined exercise. The scores from the qualification round balance and dynamic exercises will be used for the balance and dynamic awards. The top finishers, based on number of entries, from the qualifications (sum of balance and dynamic exercises) will advance to finals. In finals, scoring starts from zero and competitors will perform one Combined exercise. The scores for the Combined exercise top

3 places will receive a medal. An all-around award will be given for the highest scores cumulatively in balance, dynamic, & combined.

- 12-18 Balance, Dynamic, Combined, & all-around awards will be given in the awards room at the development hall.
- 13-19 & Senior awards will be at the end of each night's competition in the Arena.
- The master schedule will have the location of the Development awards ceremonies. Awards ceremonies for athletes competing in the arena will take place on the arena floor.
- Athletes should wear their competitive leotards for all award ceremonies.
- Awards for each session will be given immediately following the session. Elite awards will be presented after finals. If the session is running early, awards will be given early. Athletes receiving awards should report to the staging area immediately following the session.

#### **DEVELOPMENTAL AND SPECIAL AWARDS**

- Development Coach of the Year
- Glenn Sundby Award for Outstanding Pair/Group Performance (Development and International Track athletes)
- Team Awards- Top 3 places will be given. Level 7 through 12-18 in the Development Hall awards room.
- Jola Jones Judging Award

#### **Arena Awards**

- Pair/Group of the Year
- Coach of the Year
- Janet Von Barga Judging Award
- Glenn Sundby Award for Outstanding Pair/Group Performance
- Sportsperson of the Year
- Star Service Award
- Team Awards- Top 3 places will be given. 13-19 and Senior Team awards will take place in the Arena.

#### **SIZING**

- Level 7 sizing will be on Wednesday, June 24th and Thursday, June 25th evening prior to competing. (Time TBA)
- Level 8-10 athletes will present for sizing on Monday, June 22nd. (Time TBA)
- 11-16 & 12-18 Athletes will present for sizing on Monday, June 22nd. (Time TBA)
- 13-19 and Senior athletes sizing (Time/Date/Location TBA)

## NATIONAL TEAM SELECTION AND ANNOUCEMENTS

The 2026 USA Gymnastics Championships will serve as the selection for the Senior National Team and Junior (12-18 Youth & 13-19 Junior) National Teams, World Championships, World Age Group Championships, International Development Team (IDT), as well as Rising/Future Stars. To be considered for a National Team, each athlete must submit a signed selection procedure by Monday, June 8th sent to Lanie Sherrick [Ldavis@usagym.org](mailto:Ldavis@usagym.org)

### The Selection Committee consists of:

- Ronda Francis – Elite Committee Chair
- Jennifer Banowsky – Elite Coach Representative
- Nicole Barrilleaux – (Non-Voting) International Expert
- Mo Arthur- Athlete Representative
- Alayna Sherrick- (Non-Voting) High Performance Manager
- TBA- (Non-Voting) Director of Acrobatics Program

## SELECTION PROCEDURES

- 2026-27 Senior National Team
- 2026-27 Junior National Team
- 2026-27 International Development Team
- 2026 World Championships
- 2026 World Age Group Championships
- Future Stars/Rising Stars Team

## NATIONAL TEAM MEETINGS

The 2026-2027 National Team meeting will be held on Sunday, June 28th this meeting will be for Junior/Senior National Team members. Please note, that once scheduled, attendance at the National Team Meeting will be required for all 2026-2027 Junior and Senior National Team members and coaches. Please be mindful of this when booking flights. Times and location will be released as soon as they become available.

## DEADLINES

Task	Due By
USA Gymnastics Registration and Payment	Payment and registration due by May 25th
KSIS Scoring Register Pair/Groups	Website open April 24th, Athlete and Pair/Group Due by May 25th
Upload Tariff Sheets	All Tariff Sheets must be uploaded by June 10th
Judges Review Tariff Sheets	Judges review Tariff sheets and make comments to coaches. Changes must be uploaded by June 19th
Upload Music and Photos	Coaches upload all music by June 10th.
KSIS Closed	June 10th 11:59 PM CST

## **HOTELS**

[Click here](#) to book accommodations.

## **LIVE STREAMS**

TBA

## **VOLUNTEER**

### **USA Gym Champs Volunteers**

- Interested in volunteering? [Click here](#) for the volunteer Handbook and to register.