



## **Acrobatic Gymnastics Development Committee Minutes**

**April 14th, 2025**

Kyla Knights (Program Director - non-voting)  
Andre Solodar (National Development Committee Chair)  
Patricia Nobre (Region 1 Chair)  
Kaeylarae Brogden (Region 3 Chair)  
Ronda Francis (Region 4 Chair)  
Taylor Coombs (Region 5 Chair)  
Illya Demyanyuk (Region 7 Chair)  
Allison Snyder (Athlete Representative)  
Allyson Stone (Athlete Representative)  
Kayla Vander Haar (Athlete Representative)

### **Meeting Conducted via E-Mail:**

**Andre made a motion to approve the following change to Xcel Blocks COP:**

#### **Old Rule:**

~~g. A 1 second (1") hold is permitted on the first element of the routine (e.g., Straddle 1" then press to Handstand 3"). The 1" hold does not count as an element for special requirement or difficulty credit, just a method to get into the first static hold. There is no penalty for the 1" hold in this case. At no other time in the exercise can a pass through or 1" hold be performed.~~

#### **New Rule:**

g. Athletes are permitted to pass through transitional elements when transitioning to a skill that requires a 3-second hold. No time faults will be applied for holds lasting less than 3 seconds if the transitional element is not listed on the tariff sheet and is used solely to connect to a declared skill. Elements not included on the tariff sheet will not receive difficulty value or special requirement credit.

**Taylor 2<sup>nd</sup> the Motion.**

**All in favor, none opposed. Motion passed**