Growth & Development Committee
Meeting Minutes
Aug 19, 2026
Meeting via Zoom

Attendance:
Lanie Sherrick- Acro Program Manager
Kevin Sanders - Growth & Development Committee Chair
Rickey Montezuma - Region 1 Representative
Ashley Rosilier - Region 3 Representative
Gabby Gerdes - Region 4 Representative
Carrie Tennis - Region 4 Representative - Absent
Zack Brady - Region 7 Representative
Barry Peterson - Region 7 Representative
Victoria Blante - Athlete Representative
Katie Borcherding - Athlete Representative
Caylei Caldwell - Athlete Representative

Meeting conducted via zoom
Meeting called to order at 11:00am CST

Update was given on the results of the following proposals from the G&D committee to the PC.

- **Age Group categories** – The G&D made a proposal to allow more flexibility in Age-Groups with the goal to allow smaller competitions to provide competition for pair/groups who otherwise would not have competitors.
    - *Proposed update to Rules& Policies Section 9.3 - The age group divisions listed in the chart do not apply to local competitions unless there are more than *8 (suggested #) pair groups. Local competitions can be divided at Meet Director discretion.*
    - The PC discussed and recommended no change. The Meet Directors have current ability to add additional awards (at their discretion) for the level (i.e. level 8 award without age group) and can utilize this accordingly.

- **Event Restrictions** – The G&D made a proposal to remove event restrictions listed in Section 9.5 of the Rules & Policies for smaller, emerging teams.
  The PC discussed and recommended no change. The R&P currently allows athletes to compete in any category (regardless of restrictions) for score only at all local, State, Regional, and National level competition.

Skill example videos have been completed for levels 2-6 and send to the Development Committee for review and approval. The purpose will be to allow coaches the ability to view an example video of each skill depicted on the tariff sheet. The G&D recommends access to videos be limited to registered acro members only while access to tariff sheets will remain public. Future project will include video creation for levels 7 and 8.

The G&D discussed expanding and developing the mentor club relations. The committee will create a mentorship form to be sent to regional directors. The form will be made available for clubs to submit applications for becoming a mentor club and/or submit a club mentorship request.

The G&D reviewed a virtual handstand position tool with consideration given to creating an acro specific version for coaches to utilize. The committee discussed and tabled this for a possible future project.

The G&D recognizes that coaches' education is an important area to focus efforts over the next year. The committee will work on organizing existing PowerPoints and video archives for the purpose of creating educational courses that can be posted to the USAG website. Surrounding this project was additional discussion surrounding applying coaches' certifications for these courses. More to be discussed at future meetings.

The G&D discussed the creation of a "starter pack" for acro member clubs as a way to support new clubs. More to be discussed at future meetings as to what would be included.

Report was given on National Congress presentations. The committee will begin brainstorming ideas for next year's congress presentations with BROAD titles that focus on gyms adding acro to their existing programs. Ideas to be shared at the next meeting.

Meeting Adjourned - 12:05pm CST