Growth & Development Committee
Meeting Minutes
October 21, 2026

Attendance:
Lanie Sherrick - Acro Program and High-Performance Director
Kevin Sanders - G&D Committee Chair
Ashley Rosilier - Region 3 Representative
Carrie Tennis - Region 4 Representative
Zack Brady - Region 7 Representative
Victoria Blante - Athlete Representative - Absent
Katie Borcherding - Athlete Representative - Absent
Caylei Caldwell - Athlete Representative – Absent

Meeting conducted via zoom
Meeting called to order at 11:00am CST

The Growth & Development (G&D) Committee reviewed the following follow-up tasks and project updates.

Meeting Follow-up Tasks

- Kevin will reach out to Marcia to obtain the PowerPoint presentation from congress.
- Ashley Rosilier will create questions to accompany the PowerPoint in preparation for adding course to the educational page.
- Kevin will edit the Mentor Club survey and send the revised version back to the committee.

The committee set a goal of providing the materials to Lanie Sherrick by the end of October 2026.

Introductory Coach Certification

The G&D discussed an Introductory Coach Certification, with a goal timeline of 2026–2027. The proposed course topics include:

- **Acro Basics 1 –** Toe pitch, blocks shape, and hand grip.
- **Acro Basics 2 –** Landings/catching, basket, and column.

Gym Champs Entertainment Schedule

The committee discussed creating and publishing an entertainment schedule in advance of Gym Champs. The goal would be to encourage athletes and families to arrive a day earlier and/or leave a day later, and add additional opportunities for participation throughout the event.

- **Flash mobs –** Plan two strategically timed flash mobs. A commemorative pin was also suggested for consideration.
- **Certified Gym Champs Flash-Mobber 2027 –** Explore partnering with ASO to create a special T-shirt or sweatshirt to support participation and offer a distinctive event apparel option.
- **Athlete T-shirt Signing Party –** Consider a designated event for athletes to sign one another's shirts.
- **Elite routines –** Publish the scheduled times for elite routines in advance.
- **Handstand contest –** Consider a handstand contest or other athlete competitions.
- **Dad Routine –** Publish the scheduled time for the Dad Routine in advance.
- **Gym Champs Passport –** Explore a passport-style activity program where athletes receive a sticker as they complete activities during the week.

These items were discussed as potential activities; final selections and scheduling were not made at this time.

Next Meeting
The committee will discuss ideas for 2027 National Congress presentations at the next meeting.
Meeting Adjourned – 12:25pm CST