# Gymnasts of the Week – Feb. 8-10, 2013 Awards are given by conference offices

## **Big Ten Conference**

#### Co-Gymnasts of the Week

#### Alina Weinstein, Illinois

- Finished first in the all-around (39.550) and placed in the top four in every event in No. 22 Illinois' dual meet against No. 13 Minnesota last weekend
- Placed first in the floor exercise (9.925) and balance beam (9.900), second on the vault (9.875) and fourth on bars (9.850)
- Her score in the all-around tied an Illini record

#### Jessie DeZiel, Nebraska

- Finished first in the all-around (39.525) and placed in the top five in every event in No. 9
   Nebraska's dual meet win over Penn State
- Tied for first on the vault (9.925) and floor exercise (9.925), placed second on the bars (9.900) and fifth on the balance beam (9.775)
- Her scores in the all-around, floor exercise, vault and bars were season highs

#### **Event Specialist of the Week**

#### Janelle Giblin, Nebraska

- Tied her career-best score (9.950) for first place on the bars for the second consecutive week
- Also tied for second on the beam (9.850) and placed sixth on the vault (9.850)
- Helped No. 9 Nebraska to a dual meet victory over Penn State

#### Freshman of the Week

#### Alie Glover, Iowa

- Finished first in the all-around (39.050) and placed in the top seven in three events to lead lowa to a first-place finish in its tri-meet with Michigan State and Illinois-Chicago
- Tied for third on the bars (9.825), placed fifth in the floor exercise (9.800) and seventh on the balance beam (9.750)
- · Her score on the bars was a career high

# **Big 12 Conference**

#### **Gymnast of the Week**

#### **Taylor Spears, Oklahoma**

Spears won her fourth all-around title of the year at Big 12 opponent lowa State with a career-high 39.575. The junior was spurred by a career-high 9.975 on beam, garnering the first 10.0 of her career. The score also propelled her to the No. 1 spot in the nation on beam. Spears is also ranked No. 6 nationally in the all-around.

#### Specialist of the Week

#### Madison Mooring, Oklahoma

Mooring earned identical 9.9 scores on beam and vault in Ames, notching season highs in both events. The junior has not scored below a 9.8 all season on vault and cracked the national top 25 beam rankings this week at No. 19 overall.

#### **Newcomer of the Week**

#### Keeley Kmieciak, Oklahoma

Kmieciak set career highs on vault (9.925), bars (9.9) and in the all-around (39.375) at Iowa State, including an individual title on vault with a score that helped OU to a team season high in the event. The freshman's 39.375 took third at the meet behind two upperclassmen teammates and was five-tenths higher than her closest opponent competitor.

## **East Atlantic Gymnastics League**

#### **Gymnast of the Week**

#### Stephanie Giameo, Maryland

Giameo, ranked fourth nationally on balance beam, won her first all-around against NC State, New Hampshire and Towson with a 39.200 on Friday. Giameo opened the meet by tying a personal best with a 9.775 on vault and followed it up with a 9.725 on bars. The sophomore continued her dominance on the beam with her fifth gold medal in five meets by scoring a 9.875. She closed the evening by tying a career-high 9.825 on floor.

#### Specialist of the Week

#### Katy Dodds, Maryland

Dodds took home two gold medals on Friday night. She tied for first on vault with a 9.925. Her effort helped the Terps tie a program record on the apparatus with a 49.300. Dodds has totaled at least a 9.900 on vault in all five meets this season and ranks fourth nationally on the apparatus. After posting a 9.700 on bars, the junior tallied a career-high 9.950 on floor to place first.

#### Rookie of the Week

#### Michaela Woodford, NC State

The Gainesville, Fla., native excelled in the quad meet at Maryland, recording a 9.7 or better in three events. Woodford finished fourth on beam with a 9.7 and fourth in the all-around with a 38.850. She notched her highest score of the evening on floor with a 9.775, tallied a 9.725 on vault and a 9.650 on bars.

# Eastern College Athletic Conference – Division I

#### **Gymnast of the Week**

#### Brittanie DeMeno, Temple

DeMeno was a major contributor in Temple's victory, as she accomplished her career-high 30.200 in the All-Around. Against the Bears, she placed first in the all-around. DeMeno's combined score included a career-best figure of 9.550 on the uneven bars.

#### Rookie of the Week

#### Elyse Shenberger, Pennsylvania

Stepping up as an all-around competitor for the first time this season, Shenberger won the meet in her debut setting three personal best scores. She led all scorers with a 38.675. Shenberger also scored her personal best on the floor exercise (9.725) and the uneven bars (9.750).

#### Specialist of the Week

#### Lexi Schupp, Cornell

Schupp had her best bars set of the season as she tied with teammate Melanie Jorgensen for the bars title at the annual Big Red Invitational with a score of 9.800. This was the highest score on any event at the meet.

#### Coaches' Choice

#### Tara Kilkenny, Temple

Making her Temple debut against Ursinus on Sunday, Kilkenny got the nod to perform for the Owls on bars at the last minute, due to an injury to a scheduled performer during warm-ups. Kilkenny stepped in and was a catalyst for the Owls, who won the competition on bars for the first time this season. Her performance that earned her a score of 9.675 to rank as Temple's highest in the lineup and third overall in the competition.

# Eastern College Athletic Conference - Division II

**Gymnast of the Week** 

Specialist of the Week

Rookie of the Week

Coaches' Pick of the Week

## Eastern College Athletic Conference – Division III

#### **Gymnast of the Week**

#### Monica Durham, Ursinus

Durham hit 4 of 4 routines this past weekend in a loss to host, Temple. Her efforts where just shy of Ursinus' All-Around record of 38.375. Her combined all-around score is a personal best at any time in her USA gymnastics and NCAA history.

#### Freshman of the Week

#### **Emily Nagy, Cortland**

Nagy led Cortland on uneven bars with a 9.675 routine, finishing 3rd, for her personal best score, and as well had her personal best on balance beam with a 9.525 to capture 5th place in the 16th Annual Big Red Invitational.

#### Specialist of the Week

#### Kristin Aichele, Ursinus

Records are made to be broken and that's just what Aichele did this past weekend against Temple. Her 9.850 beam score broke the standing record of 9.80 that was set in 2004. The crowd and judges were impressed with Aochele's beam series of front handspring to side aerial with a "stuck"

#### Mid American Conference

#### Gymnast of the Week

#### Marie Case, Kent State

Took home three of the five events for the third straight week, leading the Golden Flashes to victory over Rutgers 195.675-193.700. Case earned a 9.850 to tie for first place on the floor exercise. She also tied for first on the balance beam when she received a 9.825 from the judges. Rounding out her day Case posted a 9.850 on the uneven bars, good for third in the event. She

also scored a 9.625 on the vault, finishing ninth. Case's totals for the day also led to her winning the all-around when she had an overall total of 39.200.

### **Specialist of the Week**

#### Rachel Guida, Kent State

Had a fantastic performance as Kent State defeated Rutgers 195.675-193.700. Guida posted a 9.825 on the vault, taking second place in the event. That score tied her career best. In her other event of the day, the uneven bars, Guida received a 9.900 to tie her personal best.

# **Midwest Independent Conference**

#### All-Arounder of the Week

#### Specialist of the Week

#### Rachel Zabawa, Lindenwood

Zabawa continued to build on her successful season, setting a new school record on the vault with a 9.700. Her score helped propel the Lady Lions to a team record of 47.625 on the event. The freshman followed up her vault performance with a 9.825 on the beam. That score was good enough for a first-place finish in that event. Zabawa finished up the home meet with a 9.800 on the floor exercise, promptly after teammate Courtney Heise scored a 9.825. With those two scores, Lindenwood recorded a school record on the floor exercise.

## **Mountain Pacific Sports Federation**

#### **Gymnast of the Week**

#### Jessica Wallander, Air Force

Air Force sophomore Jessica Wallander (Dallas, TX) turned in two career-highs, along with one season-high, as the Falcons competed at Utah State. Her 9.80 career floor mark was good for a title, while her other 9.80 on vault was a season-high and third-place finish. Wallander added a career-best 9.75 on bars, good for second-place.

## **Pac-12 Conference**

#### **Gymnast of the Week**

#### Vanessa Zamarripa, UCLA

Zamarripa won the all-around and three events en route to earning the Pac-12 Gymnast of the Week honor. UCLA was facing WASHINGTON in a quad meet including UC Davis and Sacramento State where UCLA won with a score of 196.95. The senior won vault for the third straight meet with a 9.95. She tallied a 9.925 for first on bars and won floor exercise for the fourth time in as many opportunities with a 9.925. Zamarripa tied for sixth on beam with a 9.825 totaling a 39.625 for first in the all-around. She has now placed first on 12 of 18 routines this season and has won the all-around all four times she has competed in all four events this year. She leads UCLA in season average on all four events and in the all-around.

Specialist of the Week Georgia Dabritz, Utah

Dabritz, a Newburyport, Mass., native, won two events in the 197.050-192.750 Utah victory over CALIFORNIA. The sophomore who had fallen off beam in the Utes' past two meets rebounded with a career-tying 9.90 on the event for first. She then tied her career-high on floor with a winning 9.975.

#### Freshman/Newcomer of the Week

#### Jessie Sisler, Arizona

The freshman from Sloughouse, Calif., Sisler, shined for the Wildcats in the team's win at the Chicago Style meet. Sisler suffered a bloody nose just before the touch warmup on beam. The freshman insisted on warming up with her bloody nose being plugged by a paper towel. The bleeding ended just moments before her turn to compete where she tallied a 9.750 to place fourth overall. In her collegiate debut on floor Sisler wasted no time in making a big impact. She performed a solid routine that tied senior teammate Aubree Cristello for first overall with a 9.875.

#### **Southeastern Conference**

#### **Gymnast of the Week**

#### Rheagan Courville, LSU

Rheagan Courville led LSU to its highest team road score since 2005 as the Tigers defeated Missouri 197.275-194.575 last week. She earned four individual titles, marking the first time an LSU gymnast has captured at least four individual titles in a single meet since Courville did it against Kentucky on Feb. 3 last season. Courville had a career-high tying 9.95 on vault and finished with a career-high 39.600 AA total, the highest all-around total for LSU since Susan Jackson won the 2010 NCAA all-around national title with a 39.625.

#### Specialist of the Week

#### Lloimincia Hall, LSU

Hall earned a perfect 10.0 on the floor exercise at Missouri, her fourth floor title in six meets. The 10 is the first of her career and the first for LSU on the road since Ashleigh Clare-Kearney did it on vault at the Super Six Challenge in Fayetteville, Ark., on Jan. 5, 2007. Hall is the only gymnast in the nation to score a 10 on floor so far this season.

#### Freshman of the Week

#### Bridget Sloan, Florida

Sloan turned in a collegiate-best 9.95 in the uneven bars versus Alabama to share the title with teammate Mackenzie Caquatto. Sloan also took second on beam (9.90) and shared third on vault (9.90). Her collegiate-best floor mark of 9.925 helped the Gators equal the school-record of 49.65 on that event. Sloan also upped her collegiate-best AA total to 39.675 for the second consecutive week to claim her second all-around win as a Gator.

#### Western Athletic Conference

#### Gymnast of the Week

#### Moriah Martin, Denver

Martin, a junior from Lake Mary, Fla. (Lake Mary HS), combined for a WAC season-best 39.375 on her way to winning her first all-around title of the season. The score marks Martin's 12<sup>th</sup>-straight all-around score over 39.000. Martin scored over 9.800 in all four events, including a

9.900 on vault to win the event title. Her 9.800 on bars stretched her streak of 9.800s or higher on the apparatus to seven routines.

#### Specialist of the Week

#### Amanda Otuafi, Boise State

Otuafi, a junior from Sparks, Nev. (Reed HS), scored a career-best 9.925 on floor in a dual meet against Southeast Missouri State to claim a share of the title with teammate Kelsey Black. Otuafi also won a share of the vault title with a 9.875. Both event titles were the third of her career in each event.

# **Wisconsin Intercollegiate Athletic Conference**

#### **Specialist**

#### Rachel Behmer, UW-Eau Claire

Behmer helped lead the Blugolds to a 183.550-181.925 victory over UW-Oshkosh on Feb. 8, at Kolf Sports Center. She tied for first in the uneven parallel bars with a season-high 9.475.

#### All-Around

#### Jamie Ries, Gustavus Adolphus

Ries led Gustavus to its first dual victory since 2010 on Feb. 8 in St. Peter, Minn. She led the Black and Gold with her best meet of the year after recording three season-bests on the evening. Ries turned in a season-high 9.325 to win the uneven bars, then scored a 9.200 on the floor exercise to finish second. Combined with an 8.975 on the vault (eighth) and an 8.950 on the balance beam (sixth), she finished runner-up in the all-around competition with her best score of the year, a 36.450.