

# **2024 USA Gymnastics Championships**

## **June 21-26, 2024 – Minneapolis, MN**

[USAGymChamps.com](http://www.usagymchamps.com/)  
<http://www.usagymchamps.com/>

### **ENTRIES**

- Entry fees are a fee of \$175.00 per athlete.
- Entry fee for blocks is on a separate sanction \$25.00 per athlete. Silver level & up.

A step-by-step guide to register for this event is available [HERE](#).

#### **Entry Deadline:**

- All participants in Gym Champs must be registered through USA Gymnastics. Deadline is May 20, 2024, to register and pay on USA Gymnastics.
- Late registrations will be accepted through May 24, 2024
- Entry Fee for Late Registration is \$350.00 per athlete.
- All athletes must be registered in KSIS by May 20, 2024. Click [HERE](#) for instructions.
- NO CHANGES OR ADDITIONS WILL BE ALLOWED AFTER May 24, 2024.

### **TICKETS**

See the [USA Gymnastics Championship website](#) for ticketing info.

### **SCHEDULES/ROTATIONS**

See the [USA Gymnastics Championships website](#) for the latest version.

### **LIVE RESULTS**

- Developmental Live results will be available on [KSIS](#).

### **MANDATORY COACHES' ORIENTATION MEETING**

- The mandatory coaches orientation meeting will be held on Friday, June 21st. Time and Location TBA.
- A coaches break-out meeting will be held on Friday, June 21st. Time and location TBA.

### **TARIFF SHEETS**

- All tariff sheets must be submitted through KSIS for All levels click [HERE](#) for instructions.
- **Coaches:**  
Submitted tariff sheets must be as accurate as possible. If you have a question about

your tariff sheets, please have them reviewed prior to uploading. If there are changes to tariff sheets between the deadlines of June 8th and June 19th, please notify Dylan Maurer: [dmninja@gmail.com](mailto:dmninja@gmail.com) about the changes.

- **Deadlines**

Initial Tariff Sheet deadline is June 8th. All revisions must be made by and uploaded to KSIS by June 19th.

- **Late Tariff Penalties:**

- New tariffs submitted 10 or more days before the start of competition = no penalty.
- New tariffs submitted less than 10 days before the start of competition = \$50.00 per club
- New tariffs submitted less than 5 days before the start of competition = \$100.00 per tariff.
- Revised tariffs submitted less than 3 days before the start of competition = \$100.00 per tariff.

- **Tariff Sheet Review:**

The judges will evaluate the tariff sheets before arrival to the competition. Please note, this is only for tariff sheets that are submitted by June 8th.

Judges will be available to review their findings with coaches on Friday June 21st in the judges room at the development hall. Any necessary revisions must be submitted to the meet referee by 7:00 PM on Friday June 21st. Minor changes can be made using the minor change form per the Code of Points.

## **MUSIC POLICY**

Each club must submit all athlete competition music for the USA Gymnastics Championships through KSIS for all levels. Music is to be submitted to KSIS on or before, June 19, 2024. Click [HERE](#) for instructions on how to submit music to KSIS.

### **For KSIS each routine must be:**

- Separate file in MP3 format
- These files will be used for all training and competitive routines occurring on the competition floor.
- All clubs must bring backup music on a USB flash drive containing all music for your club.
- Please bring a second copy of music on a phone or tablet to be used on the training floor.

If there is a change to a pair/groups' music after June 19th, coaches must bring separate USB flash drive marked with the pair/groups' name, club, level, and routine to the Scoring Table.

## **COACHES & OFFICIALS**

Coaches, judges and officials who are professional members will be issued credentials. No pending memberships will be allowed. Coaches must register online for the 2024 USA

Gymnastics Championships. No coach changes may be made after the registration deadline. No hospitality will be provided for coaches.

## **ACROBATIC JUDGE'S MEETING**

The Judges meeting will take place on Friday, June 21st from 9 a.m.-12 p.m. in the judge's room location TBA.

## **COACH ATTIRE**

All coaches must wear club or athletic apparel with athletic shoes to be on the competition floor. No national team apparel that bears the USA flag or a national team logo may not be worn at any time during training, warm-up, or competition at the USA Gymnastics Championships. This includes warm-ups, t-shirts, competitive apparel, backpacks, duffle bags, etc. National team attire may not be worn even if the logo or flag has been covered. Unless otherwise requested by the program director, please leave all national team apparel/accessories at home.

The following dress code must be followed during all training, warm-up and competition sessions. Violators will be asked to leave the event floor or training/warm-up area.

- Warm-up pants, long pants or capri length pants for women & men are acceptable. Men can wear golf shorts.
- Team polo shirt or team t-shirt. Warm-up jackets are optional.
- Gym/athletic shoes are required. No flip-flops or open toe shoes.
- No denim allowed.
- No caps or hats allowed.

## **ATHLETE ATTIRE**

All athletes must wear club or athletic apparel with athletic shoes to be on the competition floor. No national team apparel that bears the USA flag or a national team logo may be worn at any time during training, warm-up, or competition at the USA Gymnastics Championships. This includes warm-ups, t-shirts, backpacks, duffle bags, etc. National team attire may not be worn even if the logo or flag has been covered. Unless otherwise requested by the program director, please leave all national team apparel/accessories at home. Acrobatic athletes will be permitted to wear competitive apparel that bears the American flag.

The following dress code must be followed during all training, warm-up and competition sessions. Violators will be asked to leave the event floor or training/warm-up area.

- During training, girls may wear long-sleeved or sleeveless leotards, and boys may wear shorts and t-shirts.
- Girls may wear black bike shorts or leggings during training or warm-up sessions.
- Girls should not have any exposed undergarments or straps. Black or color-coordinated to leotard t-back sports bra is acceptable.

Athletes named to the national team for the first time will receive a temporary national team warm-up to wear for photographs after the awards ceremony. National team members will receive their national team warm-ups once they receive/accept an international assignment.

## **AWARDS**

### **Development Level Competition**

Awards will be given out for first to sixth place.

Awards are given for all-around only for Development levels. These awards will be presented in the development hall.

### **Age Group 11-16 Competition**

- If there are less than 6 entries in the category all participants will go to finals. The top 8 go to finals if there are more than 12 entries in a category. If there are less than 12 entries in a category, the top 6 entries go to finals. If there are more than 30 entries in a category, the top 10 entries go to finals.
- In finals, the score starts from zero. Awards will be presented for the top 3 places at the completion of the finals exercise. The finals exercise and awards will occur in the awards room at the development hall.

### **11-16 Finals Exercise will be:**

<b>Event</b>	<b>Routine</b>
WP	Balance
MXP	Dynamic
MP	Balance
WG/MX Trio	Dynamic
MG/MX Group	Balance

### **Elite Level Competition**

- Awards will be given out for first through third place.
- JE 12-18, JE 13-19, and Senior Elite perform balance, dynamic, and combined exercise. The scores from the qualification round balance and dynamic exercises will be used for the balance and dynamic awards. The top finishers, based on number of entries, from the qualifications (sum of balance and dynamic exercises) will advance to finals. In finals, scoring starts from zero and competitors will perform one Combined exercise. The scores for the Combined exercise top 3 places will receive a medal. The total score for all 3 exercises in total will determine all-around medal winners in each category.
- If there are less than 6 entries in the category all participants will go to finals. The top 8 go to finals if there are more than 12 entries in a category. If there are less than 12 entries in a category, the top 6 entries go to finals. If there are more than 30 entries in a category, the top 10 entries go to finals.
- For all 12-18 pair/groups who do not qualify for finals, they will have an opportunity to compete their combined exercise for an exhibition score only at a designated time in the development hall.

- 12-18 Balance, Dynamic, Combined, all-around awards will be given in the awards room at the development hall.
- 13-19 & Senior awards will be at the end of each night's competition in the Arena.
- The master schedule will have the location of the Development awards ceremonies. Awards ceremonies for athletes competing in the arena will take place on the arena floor.
- Athletes should wear their competitive leotards for all award ceremonies.
- Awards for each session will be given immediately following the session. Elite awards will be presented after finals. If the session is running early, awards will be given early. Athletes receiving awards should report to the staging area immediately following the session.
- The athlete/athletes of the year and elite coach of the year will be awarded at a place and time yet to be determined.

## **DEVELOPMENTAL AND SPECIAL AWARDS**

- Development Coach of the Year
- Glen Sundby Award for Outstanding Pair/Group Performance (Development and International Track athletes)
- Team Awards- Top 3 places will be given. Level 7 through 12-18 in the Development Hall awards room. 13-19 and Senior Team awards will take place in the Arena.

### **Arena Awards**

- Pair/Group of the Year
- Coach of the Year
- Janet Von Bargaen Judging Award
- Glen Sundby Award for Outstanding Pair/Group Performance
- Sportsperson of the Year
- Star Service Award

## **SIZING**

- Level 7 sizing will be on Sunday, June 23rd and Monday, June 24th evening prior to competing. Time TBA.
- Level 8-10 athletes will present for sizing on Friday, June 21st, immediately after training times. Training times TBA.
- 11-16 - Elite Level Athletes will present for sizing on Saturday, June 22nd immediately after training times.

## **NATIONAL TEAM SELECTION AND ANNOUNCEMENTS**

The 2024 USA Gymnastics Championships will serve as the selection for the Senior National Team and Junior (12-18 and 13-19) National Teams, World Championship Team, World Age Group Championship Team, International Development Team (IDT), as well as Rising/Future Stars. To be considered for a National Team, each athlete must submit a signed selection procedure by Friday, June 14th sent to Kyla Knights [kknights@usagym.org](mailto:kknights@usagym.org).

**The Selection Committee consists of:**

- Ronda Francis – Elite Committee Chair
- Jennifer Banowsky – Elite Coach Representative
- Nicole Barrilleaux – (Non-Voting) International Expert
- Jessica Renteria- Athlete Representative
- Alayna Davis- (Non-Voting) High Performance Coordinator
- Kyla Knights- (Non-Voting) Acrobatic Gymnastics Director

**SELECTION PROCEDURES**

(Procedures will be linked here when they are available)

- 2024-25 Senior National Team
- 2024-25 Junior National Team
- 2024-25 International Development Team
- 2024 World Age Group Championship Team
- 2024 World Championship Team
- Future Stars/Rising Stars Team

**NATIONAL TEAM MEETINGS**

The 2024-2025 National Team meeting will be held on Thursday, June 27th this meeting will be for Junior/Senior National Team members. Please note, that once scheduled, attendance at the National Team Meeting will be required for all 2024-2025 Junior and Senior National Team members and coaches. There will also be a meeting for all World Age Group/World Championship Team members separate from the National Team meetings. Please be mindful of this when booking flights. Times and location will be released as soon as they become available.

**DEADLINES**

Task	Due By
USA Gymnastics Registration and Payment	Payment and registration due by May 20th
KSIS Scoring Register Pair/Groups	Website open March 22nd, Athlete and Pair/Group Due by May 20th
Upload Tariff Sheets	All Tariff Sheets must be uploaded by June 8th
Judges Review Tariff Sheets	Judges review Tariff sheets and make comments to coaches. Changes must be uploaded by June 19th
Upload Music and Photos	Coaches upload all music by June 19th.
KSIS Closed	June 19th 11:59 PM CST

## **HOTELS**

[Click here](#) to book accommodations.

## **LIVE STREAMS**

TBA

## **VOLUNTEER**

### **USA Gym Champs Volunteers**

- Interested in volunteering? [Click here](#) for the volunteer Handbook and to register.
- Program specific Acro Volunteer positions will be sent out via email. Email Kyla Knights, [kknights@usagym.org](mailto:kknights@usagym.org) for more information.

## **CONTACT**

Acrobatic Gymnastics Program Director: Kyla Knights, [kknights@usagym.org](mailto:kknights@usagym.org).