Levels 8, 9, 10 Team Training - Rhode Island Convention Center Hall B Monday, June 16, 2025 7:30AM-9:30PM

The training sessions will allow for each group of clubs to have 30 minutes each on the stretching floor, warm up floor and competition floor. Each pair/group will have time to run 1 routine on the competition floor. It is up to each group of clubs to determine routine order. Routine order will be submitted when the clubs transition between the warm up floor and the

competition floor. Music will only be allowed on the competition floor.

Clubs	Stretching	Stretching	Warm Up	Warm Up	Competition	Competition
	Floor In	Floor Out	Floor In	Floor Out	Floor In	Floor Out
EAGC (7)	7:30 AM	8:00 AM	8:00 AM	8:30 AM	8:30 AM	9:00 AM
EAGC (7)	8:00 AM	8:30 AM	8:30 AM	9:00 AM	9:00 AM	9:30 AM
Cal Elite (4), Flips (2)	8:30 AM	9:00 AM	9:00 AM	9:30 AM	9:30 AM	10:00 AM
WCTC (6)	9:00 AM	9:30 AM	9:30 AM	10:00 AM	10:00 AM	10:30 AM
Paramount Tumbling (6)	9:30 AM	10:00 AM	10:00 AM	10:30 AM	10:30 AM	11:00 PM
Paramount Tumbling (5), TAAG (2)	10:00 AM	10:30 AM	10:30 AM	11:00 AM	11:00 AM	11:30 AM
AGSA (4), Incentive (2)	10:30 AM	11:00 AM	11:00 AM	11:30 AM	11:30 AM	12:00 PM
MAATT (4), Alliance (1), CCoast (2)	11:00 AM	11:30 AM	11:30 AM	12:00 PM	12:00 PM	12:30 PM
IGC (4), Atlantic Coast (1), LAGA (1)	11:30 AM	12:00 PM	12:00 PM	12:30 PM	12:30 PM	1:00 PM
First State (4), Crescent City (1)	12:00 PM	12:30 PM	12:30 PM	1:00 PM	1:00 PM	1:30 PM
Chance's Pride (2), Tumble U (5)	12:30 PM	1:00 PM	1:00 PM	1:30 PM	1:30 PM	2:00 PM
Aspire (4), Technique (1), NOLA (2)	1:00 PM	1:30 PM	1:30 PM	2:00 PM	2:00 PM	2:30 PM
Paramount Sports (5)	1:30 PM	2:00 PM	2:00 PM	2:30 PM	2:30 PM	3:00 PM
Paramount Sports (2), Xtreme (3)	2:00 PM	2:30 PM	2:30 PM	3:00 PM	3:00 PM	3:30 PM
Interanational Elite (5), Aerials (1)	2:30 PM	3:00 PM	3:00 PM	3:30 PM	3:30 PM	4:00 PM
Empire (3), Ultimate Kids (1)	3:00 PM	3:30 PM	3:30 PM	4:00 PM	4:00 PM	4:30 PM
ATA (6)	3:30 PM	4:00 PM	4:00 PM	4:30 PM	4:30 PM	5:00 PM
Indigo (5)	4:00 PM	4:30 PM	4:30 PM	5:00 PM	5:00 PM	5:30 PM
SoCal TTC (5), Hahns (1)	4:30 PM	5:00 PM	5:00 PM	5:30 PM	5:30 PM	6:00 PM
Rodina (5), SMA (1),	5:00 PM	5:30 PM	5:30 PM	6:00 PM	6:00 PM	6:30 PM
Capital (4), Leaps (3)	5:30 PM	6:00 PM	6:00 PM	6:30 PM	6:30 PM	7:00 PM
Acro Explosion (3), CATT (3)	6:00 PM	6:30 PM	6:30 PM	7:00 PM	7:00 PM	7:30 PM
AGC (6)	6:30 PM	7:00 PM	7:00 PM	7:30 PM	7:30 PM	8:00 PM
AGC (3), MEA (1), WOGA (1), Browns (1)	7:00 PM	7:30 PM	7:30 PM	8:00 PM	8:00 PM	8:30 PM
Level 11-16 & 12-18 Open Training	7:30:00 PM - 9:30 PM					