

2024 USA GYMNASTICS CHAMPIONSHIPS

RHYTHMIC GYMNASTICS

DIRECTIVES AND TECHNICAL INFORMATION

ENTRIES

Entry fees are a flat fee of \$175 for 1-4 events, including group athletes.

If you have a gymnast participating in both RGI and RGG, please register them in RGI first, and then group. This will prevent them from being charged twice.

Athletes of the USA Gymnastics Championships and all groups must also register on the KSIS platform, including **full DOB**, headshots, and music.

Entry Deadlines:

- Deadline: June 1st 2025 (Qualified athletes **MUST** be registered by this date).

NO CHANGES, REFUNDS, OR ADDITIONS WILL BE ALLOWED AFTER JUNE 1, 2025

Scratches should be submitted online by modifying your club's current entries through June 1, 2025.

Scratches made from June 2-June 15, 2025 should be submitted via the online registration system. Scratches submitted on or after June 16, 2025, must be done onsite. Refunds will not be given for athletes who entered but do not qualify to the USA Gymnastics Championships.

MUSIC

Music for all participants must be uploaded to the KSIS platform for athletes and FIG groups by June 10, 2025.

RULES

Competition will follow the current FIG Code of Points. Inquiries will be handled according to the Rhythmic Gymnastics Rules and Policies.

COACH ATTIRE

All coaches must wear club or athletic apparel with athletic shoes to be on the competition floor. No national team apparel that bears the USA flag or a national team logo may be worn at any time during training, warm-up or competition at the USA Gymnastics Championships (exception only for the SR National Group coaches). This includes warm-ups, t-shirts, competitive apparel, backpacks, duffle bags, etc.

The following dress code must be followed during all training, warm-up and competition sessions. Violators will be asked to leave the event floor or training/warm-up area.

- Warm-up pants, long pants or capri length pants only. No shorts are allowed.
- Team polo shirt or team t-shirt. Warm-up jackets are optional.
- Gym /athletic shoes are required. No flip-flops.
- No denim allowed.
- No caps or hats allowed.

ATHLETE ATTIRE

All athletes must be in club or athletic apparel, and rhythmic gymnasts will be permitted to wear leotards that bear the American flag. With the exception of the leos, no national team apparel that bears the USA flag or a national team logo may be worn at any time during training, warm-up, or competition at the USA Gymnastics Championships until the 2025 National Team is named (exception: SR National Group). This includes warm-ups, t-shirts, backpacks, duffle bags, etc. National team attire may not be worn even if the logo or flag has been covered. Unless otherwise requested by your program director, please leave all national team apparel/accessories at home.

Athletes are required to wear competition apparel for all awards ceremonies.

ATHLETE and COACH HEALTH AND WELLNESS

USA Gymnastics offers the following opportunities to support athlete and coach health and wellness while participating in the USA Gymnastics Championships:

Animal Assisted Therapy: certified therapy dogs will be on-site during the Championships. Beloved Beacon and many other teams will be there! (RI Convention Center and AMP Arena options below):

Tuesday, Wednesday:

RICC: 10am-12pm; 2-4pm; 6-8pm

Thursday

RICC: 8:00-9:30am; 11:30-1:00pm; AMP Arena for Elite athletes only: 4-6pm

Friday:

RICC: 9-11am; 11:30-1:00pm; AMP Arena for Elite athletes only: 4-6pm

Saturday:

RICC: 8:30-10am; AMP Arena for Elite athletes only 12-1:30pm and 4:30-6:00pm

Athlete Recovery Center (ARC) for Elite Athletes only in the AMP Arena: the event PTs will be here as well as Normatec and quick energy snack/hydration options:

Wednesday: 10am-1pm; 2:00-5:30; 6:30-9:00pm

Thursday: 10am-1pm; 2:00-5:30; 6:30-9:30pm

Friday: 10am-1pm; 2-5pm; 7:30-9:30pm

Saturday: 10am-1pm; 2:30-5:30pm

Coaches' Wellness Room: available in the AMP Arena—a place to rest, get off one's feet with Normatecs available for coaches from 10am-9pm Wednesday-Friday; 10am-5:30pm Saturday

SCORE INQUIRIES: per the Rhythmic Rules and Policies

Inquiry requests are allowed regarding the difficulty score and neutral deductions as described below:

- a. All inquiries must go through the Meet Referee via the Meet Director.
- b. Inquiries are not allowed: a. verbally, b. after the score forms have been returned to the coach, c. after the gymnast's rotation has concluded, d. on another gymnast's score.
- c. Inquiries must be submitted to the Meet Director by the coach in writing on the official inquiry form. The Meet Director will then forward it to the Meet Referee or DBI judge (if there is no Meet Referee).
- d. All inquiries must be politely and clearly written on the official form. Discourteous inquiries will be refused.

e. Inquiry requests must be submitted in a timely manner: a. Before the gymnast's starts her next routine, b. Before the end of the session for a gymnast's last routine of the day. c. Within 5 minutes of the last posted score for the last gymnast in the rotation. Exceptions to this timeframe will be allowed for force major only: loss of electricity, KSIS, or scoring system is down due to internet overload.

C. A fee of \$20 is required to accompany an inquiry at the above-named events. Each Difficulty component (DB, DA) is charged for USA Hopes/JR/SR. There is no fee for an inquiry on a neutral penalty. The Meet Director will keep a list of the inquiries, verified by the Meet Referee, to provide to the Regional Chair (for Regional Championships) or USA Gymnastics (for all others). Inquiry funds collected will go to the regional account for Regional Championships, all other national events the fee will be charged to the respective club by USA Gymnastics within one week of the event. a. The fee is returned if a calculation error is found, and the score is corrected.

D. A video recording system/program is to be used for inquiry purposes at the following events: Level 6-8 Regional Championships, Elite Qualifier, DVP Championships, DVP Classic and USA Gymnastics Championships

E. If warranted, the Meet Referee will conduct a meeting with the panel in question. The decision of the Jury of Appeal (Jury) is final and may not be appealed a second time. The score may or may not be adjusted, up or down, according to the panel's final review.

1. Members of the Jury include:

a. Meet Referee

b. Panel Judges

c. An Athlete Representative may be present for the review during the Rhythmic Challenge and **USA Gymnastics Elite Championships**.

2. Methods of settling an inquiry by the Jury are:

a. Discussion

b. Voting on a decision

c. Majority vote dictates the final decision

F. Both the coach and the gymnast are required to accept the decision of the Jury without criticism or comment.

G. Inquiries at the USA Gymnastics Elite Championships: The inquiry on Difficulty or neutral deductions must be submitted to the Vice President of the Rhythmic Program or designated staff member before the end of the rotation.

The concerned Jury, per the above, will confer and, if necessary, conduct a video review. If there is a score adjustment, it will be posted prior to the start of the next rotation. H. Other justifications for changing a posted score include, 1. If a mathematical, recording, flashing or any other error existed. 2. If time and/or line violations were administered improperly. 3. If the Jury, by a majority of votes, decides to penalize a gymnast for improper attire, improper behavior, apparatus violations or, upon review, clearly invalid difficulties.

G. If an apparatus breaks at the Rhythmic Challenge or **USA Gymnastics Elite**

Championships the gymnast is automatically given the option to repeat the routine if she had placed the replacement apparatus prior to the initial routine (per the rules) and completed the initial routine using the replacement. She may repeat the routine or keep the posted score. 1. The coach must request the opportunity to repeat the routine to the Meet Director within five (5) minutes of the incident. 2. The gymnast will be fit into the rotation in an appropriate position to repeat the routine.

During USA Gymnastics Championships, the coach will submit the inquiry to the Floor Manager present who will bring it to Kaitlin Baker (National hall) and Caroline Hunt (Elite hall).

CEREMONIES AND COMPETITION PROTOCOL

OPENING CEREMONIES – Athletes competing in the

All elite gymnasts are requested to participate in the Opening Ceremonies prior to their competitive session. Competition leotards are the required attire. Athlete cooperation is requested in reporting promptly to the staging area in preparation for the march-in and introduction. All athletes are requested to follow the instructions given by the stage manager.

AWARDS CEREMONIES – Athletes competing in the Elite Venue

At the conclusion of competition, all competing athletes MUST return to the staging area to prepare for the awards ceremonies. All athletes are requested to cooperate, even if they are not participating in the awards ceremony. Athletes should be in their competitive attire.

AWARDS CEREMONIES – Athletes competing in the National Hall

At the conclusion of competition, all athletes receiving an award MUST return to the athlete staging area in the awards room to prepare for the awards ceremonies. Athletes should be in their competitive attire.

Note: during the National Championships, the award ceremonies follow competition immediately with the exception of one rotation each day; please follow the daily published schedule which will be found at usagymchamps.com.

AWARDS: per the Rhythmic Rules and Policies

NATIONAL: 1st–6th places for individual events and AA for the following:

- Hopes
- JR 2010
- JR 2011
- JR 2012
- SR 2008
- SR 2009
- SR 2007+

ELITE

Junior Elite Level Competition: Individual

- Awards will be given out for first through third place for each event and the all-around.
- The top **nine** athletes in the all-around will be named to the U.S. Junior National Team. (*Three athletes, assigned to represent USA Gymnastics at the JR World Championships held concurrently, are already named to the National Team*). Results will be based on the total of four event scores. Juniors will compete in four events, which serve as both the event and all-around finals.

Junior Group

- Medals will be awarded to the top 3 FIG Junior Groups. Each gymnast in the group will be awarded.
- The top FIG Junior Group will be named the USA Gymnastics Rhythmic Junior Group National Team for that year if they are assigned to an official international event following the USA Gymnastics Championships. This nomination took place at the Elite Qualifier in 2025 for the JR Group representing USA Gymnastics at the JR World Championships taking place concurrently.

Senior Elite Level Competition: Individual

- Awards will be given out for first through third place for each event and the all-around.
- The top twelve athletes in the all-around will be named to the U.S. Senior National Team. Results will be based on total of eight event scores. Seniors will have two rotations during the all-around qualification. The evening session rotation will feature the 12 athletes meeting one of the following criteria:

- Criteria 1: Any gymnast assigned to and competing in a World Cup, World Challenge Cup or FIG tournament in 2025
- Criteria 2: The top SR results at the Elite Qualifier to complete the top 12 places not already filled by international assignment.
- The afternoon session will include the remaining 13 athletes who qualified through the Elite Qualifier. The all-around qualification serves as the event finals. The top 12 from the all-around qualification rankings (first four events) will advance to the all-around final.

SR Group

- Medals will be awarded to the top FIG Senior Group for each event.
- Up to 12 FIG Senior Group gymnasts who comprise the Senior National Training Group and have completed the entire season in the capacity are named the Senior Group National Team. A Group World Team of up to 7 gymnasts will be named per the selection procedures.

Elite Coach of the Year

Ballots will be distributed electronically to elite clubs and must be submitted by end of evening competition in the arena on June 19th.

Athlete of the Year

The recipient will be the highest senior finisher in the 2025 international season.

Sportswoman of the Year

The recipient will be elected by the top 25 seniors, timing TBD. This election is carried out by the Athlete Representatives.

Awards for each session will be given immediately following the session. Senior elite awards will be presented after finals. **If the session is running early, awards will be given early.** Athletes receiving awards should be in the staging area immediately following the session.

DOPING CONTROL

The U.S. Anti-Doping Agency (USADA) will conduct doping controls for select athletes at the Elite USA Gymnastics Championships. Athletes will be notified immediately following competition if they have been chosen for doping control.

If an athlete is currently taking any medication that may be on the banned substance list, the athlete and/or parent/guardian should call the USADA Drug Reference phone line at 719-875-2000 or visit globaldro.com for verification. There are many over-the-counter medications, such as cold medicines, that are banned substances. It is important to call the drug reference line with any questions regarding this important issue or to speak with the medical doctor or trainer onsite at your venue. DO NOT leave this to chance. Use of methods or substances prohibited by any applicable anti-doping rules may be subject to penalties including, but not limited to, disqualification and suspension. Possible doping violations will be managed by USADA protocol.

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NATIONAL TEAM MEETING

The 2025–2026 National Team meeting is scheduled for the morning of June 22. This meeting is required for all 2025–2026 National Team members and coaches. Parents are invited to attend. Departing flights should depart after 2 p.m.

Headshots of NT athletes will be taken during the meeting time.

CONTACTS

Vice President of Rhythmic Program: Caroline Hunt at chunt@usagym.org or 317-490-4262

Rhythmic Program Manager: Kaitlin Baker at kbaker@usagym.org

Good luck at the USA Gymnastics Championships!