

Tuesday, June 17,2025			
RHYTHMIC			
8:00 AM	9:30 AM	National JR 2011 Subgroup A - Warm Up	HALL B
9:30AM	10:45 AM	Session 1 - National JR 2011 Subgroup A Hoop & Ball	HALL B
9:15 AM	10:45 AM	National Jr 2011 Subgroup B - Warm up	HALL B
10:45 AM	12:00 PM	Session 2 - National JR 2011 Subgroup B Hoop & Ball	HALL B
11:10 AM	12:40 PM	National Jr 2010 - Warm up	HALL B
12:00 PM	12:40 PM	Judges Lunch	553 A/B
12:15 PM	12:30 PM	Rhythmic Session 1 & 2 Awards - Natl JR 2011 Hoop & Ball	Ballroom
12:40 PM	2:25 PM	Session 3 - National JR 2010 Hoop & Ball	HALL B
1:00 PM	2:30 PM	National Jr 2012 - Warm up	HALL B
3:05 PM	3:20 PM	Rhythmic Session 3 Awards - Natl JR 1 Hoop & Ball	Ballroom
2:30 PM	4:15 PM	Session 4 - National JR 2012 Hoop & Ball	HALL B
2:50 PM	4:20 PM	National SR 2008 - Warm up	HALL B
4:20 PM	4:45 PM	Rhythmic Session 4 Awards - Natl JR 2012 Hoop & Ball	Ballroom
4:20 PM	5:40 PM	Session 5 National SR 2008 Hoop & Ball	HALL B
5:40 PM	6:20 PM	Judges Dinner	553 A/B
5:45 PM	6:05 PM	Rhythmic Session 5 Awards - Natl SR 2008 Hoop & Ball	Ballroom
6:20 PM	7:50 PM	Session 6 National SR 2009-Hoop & Ball	HALL B
7:40 PM	6:00 PM	Rhythmic Session 6 Awards - Natl SR 2009 Hoop & Ball	Ballroom
7:55 PM	9:15 PM	Session 7 National SR 2007+ Hoop & Ball	HALL B
9:20 PM	9:40 PM	Rhythmic Session 7 Awards - Natl SR 2007+ Hoop & Ball	Ballroom
Wednesday, June 18,2025			
8:00 AM	9:30 AM	National JR 2011 Subgroup B Warm UP	Hall B
9:00 AM	6:30 PM	Elite Training JR.SR.RGG	AMP Arena
9:30AM	10:45 AM	Session 8 - National JR 2011 Subgroup B Clubs & Ribbon	HALL B
9:15 AM	10:45 AM	National Jr 2011 Subgroup A - Warm up	HALL B
10:45 AM	12:00 PM	Session 9 - National JR 2011 Subgroup A Clubs & Ribbon	HALL B
11:10 AM	12:40 PM	National Jr 2010 - Warm up	HALL B
12:00 PM	12:40 PM	Judges Lunch	553 A/B
12:15 PM	12:30 PM	Rhythmic Session 8&9 Awards - Natl JR 2011 AA, Clubs & Ribbon	Ballroom
12:40 PM	2:25 PM	Session 10 - National JR 2010 Clubs & Ribbon	HALL B
1:00 PM	2:30 PM	National Jr 2012 - Warm up	HALL B
3:05 PM	3:20 PM	Rhythmic Session 10 Awards - Natl JR 2010 AA, Clubs & Ribbon	Ballroom
2:30 PM	4:15 PM	Session 11 - National JR 2012 Clubs & Ribbon	HALL B
2:50 PM	4:20 PM	National SR 2008 - Warm up	HALL B
4:20 PM	4:45 PM	Rhythmic Session 11 Awards - Natl JR 2012 AA, Clubs & Ribbon	Ballroom
4:20 PM	5:40 PM	Session12 National SR 2008 Clubs & Ribbon	HALL B
5:45 PM	6:05 PM	Rhythmic Session 12 Awards - Natl SR 2008 AA, Clubs & Ribbon	Ballroom
5:40 PM	6:20 PM	Judges Dinner	553 A/B
6:20 PM	7:50 PM	Session 13 National SR 2009-Clubs & Ribbon	HALL B
7:55 PM	8:15 PM	Rhythmic Session 13 Awards - Natl SR 2009 AA, Clubs & Ribbon	Ballroom
7:55 PM	9:15 PM	Session 14 National SR 2007+ Clubs & Ribbon	HALL B
9:20 PM	9:40 PM	Rhythmic Session 14 Awards - Natl SR 2007+ AA, Clubs & Ribbon	Ballroom
Thursday June 19,2025			
RHYTHMIC			
8:00AM	9:30 AM	HOPE: Warm UP	Hall B
9:30 AM	10:45 AM	Session 15: HOPES Hoop & Ball	Hall B
9:20 AM	10:50 AM	Elite JR Subgroup A, RGG Warm Up	Hall B
11:00 AM	11:20 AM	Rhythmic Session 15 Awards Level 10 Jr Hoop & Ball	Ballroom
10:50 AM	12:05 PM	Session 16: Elite JR Hoop & Ballll, JR RGG: 5 Hoops	Hall B
11:20 AM	12:50 PM	Elite JR SubGroup B Warmup	Hall B
12:05 PM	12:50 PM	Judges Lunch	Arena Meal Room
12:50 PM	2:00 PM	Session 17 Elite JR Subgroup B Hoop & Ballll	Hall B
2:00 PM	2:30 PM	Rhythmic Session 16&17 Awards Elite JR & JR Group Hoop & Ball/Five Hoops	Ballroom
1:30 PM	3:00 PM	SR Subgroup B Warm up	AMP Arena
3:00 PM	5:00 PM	Session 18: SR Subgroup B: Hoop & Ball	AMP Arena
5:00 PM	6:00 PM	Judges Dinner	Staff Meal Room Arena
4:30 PM	6:00 PM	Elite Sr Subgroup A Warm up	AMP Arena
6:00 PM	9:30 PM	Session 19: Elite SR Subgroup A: Hoop & Ball, RGG	AMP Arena
Friday June 20,2025			
RHYTHMIC			
9:30 AM	12:00 PM	Elite Open Training	AMP Arena
9:30 AM	10:45 AM	Session 20: HOPES Clubs & Ribon	Hall B
9:20 AM	10:50 AM	Elite JR Subgroup B, RGG Warm Up	Hall B
10:50 AM	11:10 AM	Rhythmic Session 20 Awards HOPES AA,Clubs,&Ribbon	Ballroom
10:50 AM	12:05 PM	Session 16: Elite JR B Clubs and Ribbon, JR RGG: 10 CLubs	Hall B
11:20 AM	12:50 PM	Elite JR Subgroup A Warm up	
12:05 PM	12:50 PM	Judges Lunch	Arena Meal Room
12:50 PM	2:00 PM	Session 21 Elite JR Subgroup A Clubs and Ribbon	Hall B
2:00 PM	2:30 PM	Rhythmic Session 21&22 Awards Elite JR & JR Group AA,Clubs,&Ribbon & 5 Clubs	Ballroom

2:00 PM	3:30 PM	SR Subgroup B Warm up	AMP Arena
3:30 PM	5:00 PM	Session 23: SR Subgroup B: Clubs & Ribbon	AMP Arena
5:00 PM	6:00 PM	Judges Dinner	Staff Meal Room Arena
4:30 PM	6:00 PM	Elite Sr Subgroup A Warm up	AMP Arena
6:00 PM	9:30 PM	Session 24: Elite SR Subgroup A: Clubs & Ribbon RGG	AMP Arena
9:15 PM	9:45 PM	Rhythmic Premier Session Awards SR Elite	AMP Arena
Saturday June 21,2025			
RHYTHMIC			
10:30 AM	9:30 PM	Staff Access	HALL B
11:30 AM	1:00 PM	Session 26 Elite SR Warm Up	AMP ARENA
1:00 PM	2:15 PM	Session 25 Elite SR Hoop & Ball	AMP ARENA
4:30 PM	6:00 PM	Session 26 Elite SR Warm up	AMP ARENA
6:00 PM	9:30 PM	Session 26 Elite SR Clubs & Ribbon	AMP ARENA
8:45 PM	9:45 PM	Rhythmic Premier Session Awards SR Elite	AMP ARENA