



MONDAY, June 16, 2025 - Hall 2											
SESSION 1: Level 8											
Judges Meeting: 7:30am											
Warmup: Level 8			3 touches		4 touches					4 touches	
	TR - A			TR - B		TU - A		DM - A			DM - B
Flight 1A 8:00am			8	11-12M		8	13-14F			8	11-12F
Flight 1B 8:45am			8	11-12M		8	13-14F			8	11-12F
Flight 1C 9:25am			8	13-14M		8	13-14F			8	11-12F
Flight 1D 10:05am			8	13-14M		8	13-14F			8	11-12F
Flight 1E 10:45am						8	13-14F			8	11-12F

Session 1: See Awards Schedule

SESSION 2: Level 8											
Judges Meeting: 11:30am											
Warmup: Level 8	3 touches		3 touches	4 touches		4 touches	4 touches				
	TR - A		TR - B	TU - A		DM - A	DM - B				
Flight 2A 12:00pm	8	11-12F	8 13-14F	8	9-10F	8 15+F	8	11-12F			
Flight 2B 12:40pm	8	11-12F	8 13-14F	8	9-10F	8 15+F	8	11-12F			
Flight 2C 1:20pm	8	11-12F	8 13-14F	8	9-10F	8 15+F	8	11-12F			
				8	8UF						
Flight 2D 2:00pm	8	11-12F	8 13-14F	8	15+M	8 15+F					
Flight 2E 2:40pm	8	11-12F	8 13-14F	8	15+M	8 15+F					
Flight 2F 3:20pm	8	11-12F	8 8UM	8	13-14M	8 15+F					
			8 8UF								
			8 9-10M								

Session 2: See Awards Schedule

SESSION 3: Level 8															
Judges Meeting: 4:30pm															
Warmup: Level 8				3 touches		4 touches		4 touches							
	TR - A			TR - B			TU - A			DM - A			DM - B		
Flight 3A 4:55pm				8	15+M		8	15+F		8	13-14M				
Flight 3B 5:35pm				8	15+M		8	15+F		8	13-14M				
Flight 3C 6:15pm				8	9-10F		8	15+F		8	8UM				
										8	9-10M				
Flight 3D 6:55pm				8	9-10F		8	15+F		8	9-10F				
Flight 3E 7:35pm							8	15+F		8	9-10F				
Flight 3F 8:15pm							8	15+F		8	9-10F				

Session 3: See Awards Schedule

TUESDAY, June 17, 2025 Hall 2												
SESSION 4: Level 8 / Level 9 Qualification												
Judges Meeting: 7:30am												
Warmup: Level 8	3 touches				4 touches			4 touches		4 touches		
Warmup: Level 9	15 min											
	TR - A		TR - B		TU - A			DM - A		DM - B		
Flight 4A 8:00am	8	15+F				8	11-12F		8	15+M		8 13-14F
Flight 4B 8:45am	8	15+F				8	11-12F		8	15+M		8 13-14F
Flight 4C 9:25am	8	15+F				8	11-12F		8	11-12M		8 13-14F
Flight 4D 10:05am	8	15+F				8	11-12F		8	11-12M		8 13-14F
Flight 4E 10:45am	8	15+F				8	11-12F		9	13-14M		8 13-14F

Session 4: See Awards Schedule

SESSION 5: Level 8 / Level 9 - 10 Qualification												
Judges Meeting: 11:30am												
Warmup: Level 8	4 touches						4 touches					
Warmup: Level 9/10	15 min		15 min		15 min		15 min		15 min		15 min	
	TR - A		TR - B		TU - A		DM - A		DM - B			
Flight 5A 12:00pm	9	11-12F	10	11-12F	8	11-12F	9	13-14F	8	13-14F		
Flight 5B 12:45pm	9	11-12F	9	13-14M	10	15-16M	9	13-14F	10	13-14F		
					10	15-16F						
Flight 5C 1:30pm	9	11-12F	9	13-14M	9	9-10F	9	13-14F	10	13-14F		
					9	9-10M						
Flight 5D 2:15pm	9	9-10M	10	15-16F	8	11-12M	9	13-14F	10	13-14M		
	10	10UM										
Flight 5E 3:00pm	10	15-16M	10	15-16F	8	9-10M	9	13-14F	10	13-14M		
Flight 5F 3:45pm	10	15-16M	10	15-16F			9	13-14F				

Session 5: Level 8 - See Awards Schedule / Level 9 & 10: Qualification Only No awards

SESSION 6: Levels 9 - 10 Qualification												
Judges Meeting: 4:30pm												
Warmup: Level 9/10	15 min		15 min		15 min		15 min		15 min		15 min	
	TR - A		TR - B		TU - A		DM - A		DM - B			
Flight 6A 5:00 pm	9	13-14F	9	15+F	9	11-12F	9	11-12M	9	9-10M		
					10	11-12F			10	10UM		
									10	11-12M		
Flight 6B 5:45pm	9	13-14F	9	15+F	9	11-12F	9	15+M	10	11-12F		
Flight 6C 6:30pm	9	13-14F	9	15+F	10	13-14F	9	15+M	10	11-12F		
Flight 6D 7:15pm	9	13-14F	9	15+F	10	11-12M	9	11-12F	10	15-16M		
					10	13-14M						
Flight 6E 8:00pm	9	13-14F	9	15+F	9	15+F	9	11-12F	10	15-16M		
Flight 6F 8:45pm					9	15+F	9	11-12F				

Qualification Only - No Awards

WEDNESDAY, June 18, 2025 Hall 2													
SESSION 7: Level 9-10 Qualification													
Judges Meeting: 8:30am													
Warmup: Level 9/10	15 min		15 min		15 min		15 min		15 min		15 min		
	TR - A		TR - B		TU - A		DM - A		DM - B				
Flight 7A 9:00am	9	9-10F	10	13-14M	9	13-14F	9	15+F	10	15-16F			
Flight 7B 9:45am	9	11-12M	10	13-14M	9	13-14F	9	15+F	10	15-16F			
Flight 7C 10:30am	9	15+M	10	13-14F	9	11-12M	9	15+F	10	15-16F			
					9	13-14M							
Flight 7D 11:15am	10	11-12M	10	13-14F	9	15+M	9	15+F	10	10UF			
									9	9-10F			
Flight 7E 12:00pm					9	13-14M	9	15+F					
Flight 7F 12:45pm							9	15+F					

Qualification Only - No Awards

SESSION 8: Level 9-10 Finals													
Judges Meeting: 1:30pm													
Warmup Level 9/10	15 min		15 min		15 min		15 min		15 min		15 min		
	TR - A		TR - B		TU - A		DM - A		DM - B				
Flight 8A 2:00pm	9	11-12F	10	11-12F	9	15+F	9	15+M	10	13-14F			
Flight 8B 2:45pm	9	11-12M	9	13-14M	9	13-14F	9	15+F	10	15-16F			
Flight 8C 3:30pm	10	11-12M	10	13-14M	10	15-16F	9	13-14F	10	11-12F			
	10	10UM			10	15-16M							
	9	9-10M											
Flight 8D 4:15pm	9	13-14F	10	13-14F	10	11-12M			10	15-16M			
					10	13-14M							

Session 8: See Awards Schedule

SESSION 9: Level 9-10 Finals													
Judges Meeting: 5:00pm													
Warmup: Level 9/10	15 min		15 min		15 min		15 min		15 min		15 min		
	TR - A		TR - B		TU - A		DM - A		DM - B				
Flight 9A 5:30pm	9	15+M	9	15+F	10	13-14F	9	11-12M	10	11-12M			
					10	11-12F			10	10UM			
					9	9-10F							
					9	9-10M							
Flight 9B 6:15pm	10	15-16M	10	15-16F	9	11-12M	9	11-12F	9	9-10F			
					9	13-14M			9	9-10M			
Flight 9C 7:00pm	9	9-10F			9	11-12F	9	13-14M	10	13-14M			
									10	10UF			
Flight 9D 7:45pm					9	15+M							

Session 9: See Awards Schedule

WEDNESDAY, June 18, 2025 Hall 2					
SESSION 10: YE, JR, IE, SR Synchronized Trampoline					
Judges Meeting: 7:30pm					
Warmup:	15 min		15 min		
	SY-A		SY-B		
Flight 10A 7:45pm	YE	11-12F	IE	F	
	YE	13-14F	IE	M	
	YE	13-14M	SR	F	
Flight 10B 8:15pm	JR	F	SR	M	
	JR	M			
Flight 10C 9:00 pm	YE	11-12C	IE	C	
	YE	13-14C	SR	C	
	JR	C			

Session 10: Synchro See Awards Schedule

THURSDAY, June 19, 2025 Hall 2					
SESSION 11: Level 9, 10, Open Synchronized Trampoline					
Judges Meeting: 7:30am					
Warmup:	15 min		15 min		
	SY-A		SY-B		
Flight 11A 8:00am	9	12UF	10	14UF	
	9	12UM	10	15-16M	
Flight 11B 8:45am	9	13+F	10	15-16F	
	9	13+M	10	14UM	
Flight 11C 9:20am	9	13+F	OP	17-21F	
			OP	22+M	
Flight 11D 9:50am	9	13+C	10	14UC	
			10	15-16C	
Flight 11E 10:20am			OP	17-21C	
			OP	22+C	

Session 11 Synchro AWARDS 10:45 am Top 6 Each Age Group

THURSDAY, JUNE 19, 2025 AMP ARENA													
SESSION 12: Level IE / SR Qualification													
Session 12 Athlete Warmup Hall 2: General Warmup - 1 hr on the equipment prior to scheduled competition time													
Judges Meeting: TBD													
Flight Warmup	1 touch			2 touch				2 touch					
	TR - A			TR - B				TU - A			DM - A		DM - B
Flight 12A 12:55pm	IE/SR	M						IE/SR	W				
Flight 12B 1:15pm	IE/SR	M						IE/SR	W				
Flight 12C 1:35pm	IE/SR	M						IE/SR	W				
Flight 12D 1:54pm	IE/SR	M								IE/SR	W		
Flight 12E 2:13pm	IE/SR	M								IE/SR	W		
Flight 12F 2:34pm	IE/SR	M											

SESSION 13: Level IE / SR Qualification AMP ARENA													
Session 13 Athlete Warmup Hall 2: General Warmup - 1 hr on the equipment prior to scheduled competition time													
Judges Meeting: TBD													
Flight Warmup	1 touch			2 touch				2 touch					
	TR - A			TR - B				TU - A			DM - A		DM - B
Flight 13A 5:55pm	IE/SR	M						IE/SR	W				
Flight 13B 6:24pm	IE/SR	M						IE/SR	W				
Flight 13C 6:56pm	IE/SR	M								IE/SR	W		
Flight 13D 7:31pm	IE/SR	M								IE/SR	W		
Flight 13E 8:01pm										IE/SR	W		

FRIDAY, June 20, 2025 Hall 2													
SESSION 14: Level YE / JR/ OP Qualification													
Judges Meeting: 7:30am													
Warmup:	15 min		15 min		15 min		15 min		15 min		15 min		
	TR - A		TR - B		TU - A		DM - A		DM - B				
Flight 14A 8:00am	OP	17-21F	JR	F	OP	17-21M			YE	13-14F			
					OP	22+M							
Flight 14B 8:45am	OP	17-21F	JR	M	YE	11-12F			YE	13-14F			
					YE	13-14M							
Flight 14C 9:30am	OP	17-21F	JR	M	YE	13-14F	JR	F	YE	13-14M			
	OP	22+F											
Flight 14D 10:15am	OP	17-21M	YE	13-14F	JR	F	JR	M	YE	13-14M			
Flight 14E 11:00am	OP	17-21M	YE	13-14F	OP	17-21F	JR	M	YE	11-12F			
									YE	11-12M			
Flight 14F 11:45am	OP	22+M	YE	11-12F	JR	M	OP	17-21F	OP	17-21M			
Flight 14G 12:30pm	YE	13-14M	YE	11-12F			OP	17-21F	OP	17-21M			
Flight 14H 1:15pm	YE	13-14M	YE	11-12M			OP	17-21F	OP	17-21M			
									OP	22+M			

Qualification only no awards

FRIDAY, June 20, 2025 AMP Arena													
SESSION 15: Level IE / SR Qualification													
Session 15 Athlete Warmup Hall 2: General Warmup - 1 hr on the equipment prior to scheduled competition time													
Judges Meeting: TBD													
Flight Warmup:	1 touch		2 touch		2 touch								
	TR - A		TR - B		TU - A		DM - A		DM - B				
Flight 15A 2:00pm					IE/SR	M							
Flight 15B 2:48pm	IE/SR	W					IE/SR	M					
Flight 15C 3:23pm	IE/SR	W					IE/SR	M					
Flight 15D 3:54pm	IE/SR	W					IE/SR	M					
Flight 15E 4:28pm	IE/SR	W					IE/SR	M					

SESSION 16: Level IE / SR Qualification													
Session 16 Athlete Warmup Hall 2: General Warmup - 1 hr on the equipment prior to scheduled competition time													
Judges Meeting: TBD													
Flight Warmup	1 touch		2 touch		2 touch								
	TR - A		TR - B		TU - A		DM - A		DM - B				
Flight 16A 6:07pm	IE/SR	W					IE/SR	M					
Flight 16B 6:40pm	IE/SR	W					IE/SR	M					
Flight 16C 7:19pm	IE/SR	W					IE/SR	M					
Flight 16D 7:54pm	IE/SR	W			IE/SR	M							
Flight 16E 8:33pm					IE/SR	M							

SATURDAY, June 21, 2025 Hall 2													
SESSION 17: Level YE / JR/ OP Finals													
Judges Meeting: 7:30am													
Warmup:	15 min			15 min			15 min			15 min			15 min
	TR - A			TR - B			TU - A			DM - A			DM - B
Flight 17A 8:00am	OP	17-21F		JR	M		YE	13-14F				YE	11-12F
												YE	11-12M
												OP	22+M
Flight 17B 8:45am	OP	17-21M		JR	F		YE	11-12F				YE	13-14M
Flight 17C 9:30am	OP	22+M		YE	13-14F		JR	M				OP	17-21M
	OP	22+F					YE	13-14M					
Flight 17D 10:15am	YE	13-14M		YE	11-12M		OP	17-21M				YE	13-14F
Flight 17E 11:00am				YE	11-12F		JR	F		OP	17-21F		
Flight 17F 11:45am							OP	17-21F		JR	M		
							OP	22+M		JR	F		

Session 17: See Awards Schedule

SATURDAY, June 21, 2025 AMP Arena													
SESSION 18: Level IE Finals													
Session 18 Athlete Warmup Hall 2: General Warmup - 1 hr on the equipment prior to scheduled competition time													
Judges Meeting: TBD													
Flight Warmup	1 touch			2 touch			2 touch						
	TR - A			TR - B			TU - A			DM - A			DM - B
Flight 18A TBD									F1	IE	F		
Flight 18B TBD									F2	IE	F		
Flight 18C TBD									F1	IE	M		
Flight 18D TBD									F2	IE	M		
Flight 18E TBD	IE	F				F1	IE	M					
Flight 18F TBD	IE	F				F2	IE	M					
Flight 18G TBD	IE	M				F1	IE	F					
Flight 18H TBD	IE	M				F2	IE	F					

Session 18: See Awards Schedule

SESSION 19: Level SR Finals AMP Arena													
Session 19 Athlete Warmup Hall 2: General Warmup - 1 hr on the equipment prior to scheduled competition time													
Judges Meeting: TBD													
Flight Warmup	1 touch			2 touch			2 touch						
	TR - A			TR - B			TU - A			DM - A			
Flight 19A TBD	SR	F				F1	SR	M					
Flight 19B TBD	SR	F				F2	SR	M					
Flight 19C TBD						F1	SR	F					
Flight 19D TBD						F2	SR	F					
Flight 19E TBD	SR	M							F1	SR	F		
Flight 19F TBD	SR	M							F2	SR	F		
Flight 19G TBD									F1	SR	M		
Flight 19H TBD									F2	SR	M		