

USA Gymnastics Championships

Medical Support Needs

For each event, we require a partnership with a local healthcare or hospital system to facilitate any urgent or emergent medical needs of the athletes (emergency care, imaging, rapid PCR COVID testing, etc.), provide medical equipment and supplies, and to provide medical staff to support USA Gymnastics' medical staff who are covering the event.

For this event, we will need up to **12** Certified Athletic Trainers (ATCs) and/or Physical Therapists with an SCS certification and significant sideline coverage experience (PT, SCS) and **2** Physicians for onsite coverage at all times during the event (generally 8 AM to 9 PM). Physicians must be board certified in Orthopedic Surgery or fellowship trained in Sports Medicine. Learners are welcome to accompany their attending physician or ATC preceptor but cannot be counted in the medical provider count unless approved by USA Gymnastics.

In addition to medical providers as noted above, we ask that the local medical provider also supply the equipment and supplies noted below for this event. Each medical provider should bring their stocked sideline kit or sling with them to the event.

Medical Equipment:

- 1 combination ultrasound/electrical stimulation machine + gel
- 1 four-lead electrical stimulation unit with electrode pads
- 1 hydrocollator unit with small and medium hot packs and protective toweling
- 4 wheelchairs (if not available at venue)
- 2 set of vacuum splints
- 8 sets of crutches (4 up to 5'3" and 4 up to 5'10")
- 6 pediatric knee immobilizers
- 6 adult knee immobilizers
- 1 AED with pediatric and adult pads (if not available at venue)
- 2 Aircast Ankle Stirrups Standard
- 9 Cam Walker Boots (3 small, 3 med, 3 large)
- 2 arm slings
- 1 ice machine in close access with ice scoop (if not available at venue)
- 2 Ice buckets for lower extremity
- 7 treatment massage tables

Medical Supplies:

- 4 ice chests on wheels (if possible)
- 50 hand towels - access to do laundry or towel service
- 2 sharps container
- 5 biohazard bags
- 4 blood spill kits
- 4 bottles Blood Buster or Cavicide

4 disposable suture kits
4 bottles of massage cream
1500 Ice bags
4 cases (32 count) 1 ½ inch athletic tape
2 box (12 count) 1-inch Zonas athletic tape
6 cases (24 count) 2-inch TAN Andover Powerflex (or similar)
2 box (12 count) 2-inch Johnson & Johnson Elastikon tape
5 cases (32 count) 2-inch Tan Andover Co Flex
8 rolls of Flexi-Wrap with handle for ice bags
32 rolls of Pre-wrap
10 rolls – Leukotape
4 roll Cover Roll
2 roll of Cramer Heel Lace Pads
2 tube of Skin Lube
4 box of alcohol wipes
4 cans Tuff Skin adhesive taping base
2 box of tape remover wipes
4 bottle cleanser for tables
Assorted bandages (Band-Aids)
4 boxes (100 count) 4x4 sterile gauze
4 tube (1 ounce) antibiotic ointment
2 bottle Betadine (povidone iodine)
2 bottle hydrogen peroxide
2 tube antibiotic ointment
4 bottle sterile water
4 box each size (S, M, L) (100 count) non-sterile examination gloves
4 clipboards
Ace Wraps: 10 – 3”, 5 – 6”
Second Skin