

TRAMPOLINE & TUMBLING VIRTUAL SANCTION PLAYBOOK



USA GYMNASTICS.

VIRTUAL EVENT SANCTIONING

All USA Gymnastics-sanctioned events, both live and virtual, are governed by USA Gymnastics [Rules & Policies](#), [Safe Sport Policy](#), and the relevant Code of Points. Virtual sanctions are to be obtained by following the same procedures outlined in the T&T Program Rules & Policies.

All participating clubs must follow all local health and safety guidelines. It is the responsibility of each participating club and Meet Director to ensure their own compliance. Depending on local guidelines, it may be possible for multiple clubs to be in the same location for the “Hybrid” virtually assisted format.

Virtual sanctions may be approved for the following type of events:

- Invitational
- Eligibility

PRIMARY GOALS

1. To provide athletes with the opportunity to perform in a competitive environment when physical competitions may not be allowed.
2. To provide clubs an opportunity to participate in or host a competition.
3. To provide spectators the opportunity to support their athletes.
4. To provide a competitive goal for athletes to work towards.
5. To provide member clubs with an outlet to raise funds through hosting virtual events.



Virtual sanctions may be used for the following opportunities:

- Eligibility
- Elite level verification and participation retention
- Mobility (where approved as a mobility competition)

Championship events (State and Region Championships) and National events are not currently listed as a virtual event option. This will continue to be considered; updates will be provided in late 2020.

REQUIREMENTS AND EXCEPTIONS

USA Gymnastics would like to stress the importance of flexibility when allowing for virtual sanctioned competitions during the 2020-2021 season. While certain aspects of hosting/attending a T&T competition must be followed to ensure the safety of the athlete, other items will be allowed to deviate from the T&T Program Rules & Policies and/or Code of Points, as listed in this playbook.

Medical Procedures

For all virtual and local competitions hosted in-gym, medical coverage is recommended, but not required, if all participants are affiliated with the host club. (Host club = obtained the sanction for the event and the competition is hosted at the gymnastics club's physical location, as listed on the USA Gymnastics Member Club profile.)

- If participants are affiliated with a club that is not the host club (i.e. dual meet), medical coverage, as listed in the Trampoline & Tumbling *R&P*, is required.
- For meets outside of a gym, Sanctioned Event Minimum Medical requirements must be followed.

Equipment Rules & Exceptions

- Equipment as close to competition setup as possible (no additional or supplementary equipment permitted).
- Trampoline – Spotters for above-ground trampolines preferably teammates (if similar size); for in-ground trampolines a coach and mat is required. Spotters must still be Professional or Athlete members.
- Masks may be worn by participants including competing athletes, per local and club guidelines.



TECHNICAL RULES & EXCEPTIONS

- Trampoline – HD and ToF will not be included in the final score.
- For mobility, all rules from the current Code of Points apply with the exception of TRA DP mobility scores, which will be calculated without HD:
 - Level 4 - 8: 23.40 (guideline only)
 - Level 8 → 9: 51.00
 - Level 9 → 10: 52.10
- Judging panel composition and score calculation will be as follows:
 - Per routine: $E1 + E2 + E3 + DD - \text{Penalties} = \text{Total Score (TS)}$. *Note that 3 E judges are required*
 - Overall: $\text{Routine 1 TS} + \text{Routine 2 TS} = \text{Final Score}$
 - Where there is no DD, the CJP will enter "0.0" in this box.
 - E scores will be entered using the Total Score method (not skill-by-skill).

Any other deviation from the T&T Program Rules & Policies or Code of Points must be approved by the T&T Program Director.

For a meet run purely as an invitational, the usual freedom to add additional categories (e.g. mixed pair synch) apply. It is not guaranteed that the Flyp 10 scoring system will be optimized for alternative meet formats or levels, so Meet Directors are encouraged to consider this in advance.

The CJP will decide on any unusual penalties and deductions, and in the case of doubt due to the virtual format. If a ruling (penalty or process) exists in either the Code of Points or R&P, this should be applied as closely as possible to the original intent. All such rulings are final. Standard tiebreaker rules will apply using the scores available. If scores are still tied after the tiebreak process has been applied, then the results should reflect a tie.

VIRTUAL COMPETITION PLATFORM

USA Gymnastics has partnered with Flyp10 as a virtual competition platform for sanctioned meets. We encourage pairing Flyp10 with the use of a streaming platform.

For local level competitions and invitationals Flyp10

or another platform may be utilized, and it is at the discretion of the Meet Director to set the competition format and select the technology platform. Please note, unsecured live stream platforms, those without control over participants or passcode protection (i.e., YouTube Live, Facebook Live, Instagram Live, Vimeo), are not approved for sanctioned virtual competitions.

For invitationals, only the following platforms are approved for use.

- | | |
|------------|-----------------|
| • Flyp10 | • Google Meet |
| • Skype | • Virtual Stars |
| • YouTube* | • Zoom |

***YouTube:** YouTube may be utilized as a virtual platform as long as the following conditions are met:

- Event must be conducted as an 'unlisted event.'
- Meet Director will need to have established procedures as to how the unlisted link will be distributed and to whom. In addition, the meet director should include in the distribution communication a statement that stress that the link is for intend the sole use of the intended recipient(s) and should not be shared.
- Meet Director must also have an established timeline for removal of the recording. Preferably within, 72 hours at the conclusion of the event.

Note: Additional platforms may be added and will be listed here.

SANCTION REQUIREMENTS

1. All participants must be a USA Gymnastics Member in good standing.
2. All athlete, coach and judge entries must be entered via the USA Gymnastics Meet Reservation system (Athletes and coaches will be entered by the club; judges will be entered by the Meet Director).
3. Meet Directors must follow the rules set forth in this Virtual Playbook and in the Rules & Policies.
4. The standard head tax of \$1 per athlete towards the Scholastic Scholarship Fund is payable for this event type.
5. As with a live event, a USA Gymnastics virtual sanctioned event cannot be run concurrently in the same session with a non-USA Gymnastics sanctioned event. (this clause does not prevent other activities/classes from happening in the gym at the same time, i.e. a class is not a "sanctioned event.")

For the 2020-2021 season, USA Gymnastics has partnered with Flyp 10 to offer a free platform to assist with virtual sanctioned events; however, it is not a requirement to use Flyp 10. Meet Directors may use any of the approved platforms that best suits their needs.

When pairing Flyp 10 with a streaming platform, coaches will upload the videos of each routine with their mobile device. A separate video recording device will be used to stream the entire gym (all active equipment in view), to ensure routines submitted were performed on the first try. We recommend each participating club has the stream on display in the gym so that the athletes may watch their friends competing in other locations.

All videos and recordings of live streams must follow the Safe Sport policy. Meet Directors must provide information on where the recorded content will be stored, who has access, and for how long, to all participants prior to the competition.

VIRTUAL COMPETITION FORMATS

There are three format types for virtual sanctions that may be utilized:

1. **Video Submission format** – the Meet Director sets a deadline or range of time where participating clubs must submit their athletes' videos for judging. Judging and results will be delayed until after that given range of time (submission window).
2. **100% Virtual Live Stream format** – the Meet Director creates a link to view the competition live. Judges will have access to the link to be able to judge in real time, however final results may still be delayed. All routines should still be recorded and saved in the event that there are technical issues with the live feed – in this case judges will use the videos to judge each athlete. A short delay will be allowed if using a platform that requires video uploads, such as Flyp 10, paired with the live stream.
3. **Hybrid "Virtually-Assisted" format** – this format allows for clubs to apply for a single sanction and offer both live and 100% Virtual Live Stream flights within the one sanction.

ENTRY REGULATIONS AND FEES

All athletes, coaches and judges participating/competing in a USA Gymnastics Sanctioned Event must

INFORMATION PACKETS / DIRECTIVES

Virtual competition hosts must include the following information and notify all eligible teams electronically by e-mail. Information should also be posted on the host club's website.

1. Name of meet, level(s) of competition and date.
2. Host Club and Meet Director/Coordinator contact information.
3. Entry fee (individual and/or team), to whom it is payable, deadlines, refund policy and method of submission.
4. Must utilize USA Gymnastics Meet Reservation System to enter participants.
5. Levels offered and age categories.
6. Livestream information, including:
 - Payment information for spectators.
 - Where recorded videos will be stored, for how long and who has access.
7. Awards are at the discretion of the meet host. If awards will be provided, the meet host must provide the type of awards and number to be awarded.
8. Competition schedule.
9. Any deviation(s) to the *Rules & Policies* or the *FIG Code of Points*.

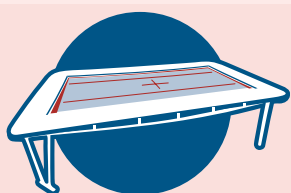
be pre-registered as an Athlete, Professional, or Junior Professional member of USA Gymnastics. Any athlete, coach or judge who is unable to be verified as a current USA Gymnastics member will be ineligible to participate in any USA Gymnastics sanctioned event. In addition, any and all athletes who wish to compete at USA Gymnastics sanctioned events must be affiliated with a current USA Gymnastics Member Club.

Virtual Sanction fees will be \$100 for the 2020-2021 season and will cover all participating clubs/locations. The use of the Flyp10 platform will be provided to USA Gymnastics sanctioned event at NO cost for the 2020-2021 season.

Entry fees will be at the discretion of the Meet Director. It is strongly encouraged that meet hosts price their competitions accordingly to allow for the possibility of a virtual platform service fee, in addition to additional livestream service fees.

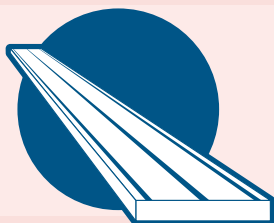
VIDEO REQUIREMENTS

1. All camera placements must be static and filmed from as close to a normal judges' position as possible.
2. Internet speed should be sufficient to stream/upload high definition video.
3. Filmed in a minimum of 720 pixels / 30 frames per second.
4. Include one of each routine or pass, complete from salute to salute, with no cuts.
5. If the video does not meet the requirements the CJP will decide as to whether a penalty will be applied (for minor infringements or infringements that do not impact the whole routine/pass), or whether the video is unable to be considered. If a ruling (penalty or process) exists in either the Code of Points or R&P, this penalty should be applied as closely as possible to the original intent. All such rulings are final.
6. Camera view must capture the following:



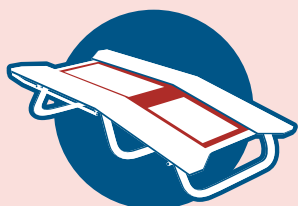
TRAMPOLINE

Filmed from the side of the trampoline, must capture the bed and athlete at all times. Camera should not move up and down.



TUMBLING

Filmed within 15' of floor/runup and approx. 2/3 down the length, video to pan and follow the athlete. *Note: landing zones are not essential for Tumbling.*



DOUBLE MINI

Filmed within 15' of floor/runup and approx. 2/3 down the length, able to clearly see the landing area markings. Video to pan and follow the athlete. Landing zones must be marked, and the video must include a tape-measured verification of the measurements. (This can be done by showing a tape measure on the landing zone edges on the video, prior to the first pass).



JUDGES

Judging panels will be assigned in the usual manner and per the Rules & Policies. Judges' compensation will either be hourly per the Rules & Policies OR a minimum of \$1 per routine. Choice of compensation option is at the discretion of the Meet Director, but must be advised to all judges prior to contracting.



AWARDS

All standard Rules & Polies are required to be followed regarding awards.



APPAREL

All standard Rules & Policies are required to be followed regarding competition apparel.