



2023 Future Stars National Championships Qualification Procedures

September 6, 2023

2023 Future Stars Championships Qualifying Scores: The following scores in each age division are required for advancement from the Regional Future Stars Evaluation to the Future Stars National Championships taking place November 16 -18, 2023:

All-around scores include the six competitive events plus trampoline, flexibility, and strength scores.

10-year-old division: 72.00 AA

11-year-old division: 74.50 AA

12-year-old division: 77.00 AA

General Information:

1. Future Star routines and evaluation guidelines will be used from the 2021-2024 Future Stars Program Manual. Manual found here: <https://static.usagym.org/PDFs/Men/Rules/devprogram/futurestars.pdf>.
2. Eligibility to compete and age group is determined by your age in the year as of December 31, 2023.
3. Athletes must achieve the qualifying score listed above to advance to the Future Stars National Championships from the Regional Championship. Petitions may be submitted to the Regional Chairman for consideration upon conclusion of the event. Valid petitions should include the following:
 - a. Men's Petition Form found here:
<https://static.usagym.org/PDFs/Men/Rules/Rules%20and%20Policies/injury-petition.pdf>.
 - i. Designate Future Stars National Championships as the event being petitioned.
 - b. Injury or special circumstance documentation,
 - c. Verifiable documentation of previous score(s) or competitive history
 - d. Petitions must include a recommendation from the designated Regional Chairperson or Junior National Coaching Staff member. The High Performance Director and Jr High Performance Coordinator will review all petitions to the Future Stars National Championships based upon those recommendations

Selection to the 2023-2024 Men's Development Team and Camp:

1. Selection to the Junior Development Team at the 2023 Future Stars National Championships will be based upon AA ranking using all 9 events (6 events plus trampoline, strength and flexibility).
2. 50 athletes will be selected to the Men's Development Team as follows:
 - a. 10-year-old – Top 18 AA ranking
 - b. 11-year-old – Top 18 AA ranking
 - c. 12-year-old – Top 14 AA ranking
3. 25 athletes will be selected to attend the 2024 Men's Development Team Camp as follows (Future Stars Camp, tentatively scheduled for October 2-6, 2024):
 - a. 10-year-old – Top 9 AA ranking
 - b. 11-year-old – Top 9 AA ranking
 - c. 12-year-old – Top 7 AA ranking

Note: The athlete's coach is required to attend the camp with his athlete.



EVENT & REGISTRATON INFORMATION

When	Location
November 16-19, 2023	U.S. Olympic Paralympic Training Center 1 Olympic Plaza (1750 E. Boulder St) Colorado Springs, CO 80909

Registration Information

\$200 via Meet Reservation for qualified athletes – see *Qualification Information* document for qualification procedures.

Includes:

- Training on 11/16
- Competition on 11/17
- Clinic with top coaches on 11/18
- Parent lectures on 11/18

Entry will be via Meet Reservation. Club/Coaches have 24 hours from the completion of Regional Future Stars Evaluation event to register qualified athlete and coach in the USA Gymnastics Meet Reservation system. Note that it will require entry fee to be paid at time of making meet reservation.

No refunds will be given after registration.

Hotel Recommendations

DoubleTree by Hilton
1775 E. Cheyenne Mountain Blvd.
Colorado Springs, CO 80906
(719) 576-8900

Holiday Inn Express
105 N. Spruce St.
Colorado Springs, CO 80905
(719) 424-4300

General Schedule – *subject to change*

Thursday 11/16	1:00 pm – 7:00 pm Future Stars Training 5:00 pm – 7:00 pm Workshop Presentations
Friday 11/17	TBD: Future Stars Competition TBD Coaches Workshop Presentations
Saturday 11/18	9:00 am – 5:00 pm or 6:00 pm Future Stars Clinic 9:00 am – TBD Coaches Workshop Presentations
Sunday 11/20	8:00 am – 11:00 am Coaches Workshop Presentations

A detailed schedule will be posted in the near future.

Coaches who qualify an athlete to the 2023 Future Stars Championships will have their Coaches Workshop registration fee waived – one coach per athlete only. If a coach registers for the Workshop then qualifies an athlete to Future Stars, a refund will be issued.

2022 Future Stars Championships

GK Sizing Form

Completing and submitting this form does not guarantee athlete/coach will receive a warm-up. A warm-up will be provided to athlete/coach upon making the 2023-24 Development Team through the 2023 Future Stars Championships. Completing this form will expedite the order process for the 2023-24 Development Team.

Please email this form to Lisa Mendel at lmendel@usagym.org, immediately after qualifying to the 2023 Future Stars National Championships.

Name: _____

Club: _____

Please take growth possibility into consideration as the order is submitted on November 19, and warm-ups will not be delivered until second week of January at the earliest and camp qualifiers will wear warm-up at camp in October 2024.

GK Warm-up Jacket: _____ GK Warm-up Pant: _____

GK Sizing Guide

RELAXED FIT WARM UPS				
SIZES	CHEST	WAIST	HIP	INSEAM
CXXS**	20-22	21-22	20-22	19
CXS	22-24	22-23	22-24	21
CS	24-26	23-24	24-26	23
CM	26-28	24-25	26-28	25
CL	28-31	25-26	28-30	28
AXS	31-34	27-29	30-32	30
AS	34-36	30-31	32-34	31
AM	36-38	32-33	34-36	32
AL	38-40	34-35	36-38	33
AXL	40-42	36-37	38-40	33
A2XL	42-44	38-39	40-42	33
A3XL	44-46	40-41	42-44	33
A4XL	46-48	42-43	44-46	33