

MPC Meeting Minutes  
November 20, 2024  
Via Zoom

Meeting called to order at 12:02pm ET by Chair, Mike Serra

Members present:

Mike Serra – Chair (voice, no vote)  
Randy Jepson – Sr Coaches Rep  
Tom Meadows – Sr Coaches Rep  
Matt Henry – Jr Coaches Rep  
Pavel Sargsyan – Jr Coaches Rep  
Cameron Bock – Athlete Rep  
Tyler Yamauchi – Athlete Rep  
Jason Woodnick – VP Men’s Program (voice, no vote)  
Brett McClure – High Performance Director (voice, no vote)  
Raj Bhavsar – Development Program Director (voice, no vote)  
David Klein – MDPC Chair (voice, no vote)

Members not present:

Jon Corbitt – NGJA Representative

Non-members present:

Lisa Mendel – Men’s Program Manager (voice, no vote)

I. Determine the qualification process to 2025 US Championships

For the duration of this discussion, FIG 18/19 year old’s (first year Senior athletes) will be referred to as Sr 1’s. They should not be considered Junior athletes.

A lengthy discussion took place with many viewpoints on how athletes should qualify to the Senior session of US Championships. Most felt that despite the differing rules, NCAA Championships should still hold weight in the qualification process. There was also a general feeling that we should try to pre-qualify more athletes to alleviate the potential for unmanageable numbers at US Classic.

US Classic is becoming a challenge. There will be one men’s session only, so there are limited spots available. We will need to determine a qualification standard for US Classic, which means there will be athletes who will not have the opportunity to compete for a spot at US Championships. There is no clear qualification process for US Classic that the group could come up with.

A motion was made by Tom Meadows for US Championships Senior Qualification:

**Motion: To qualify to the Senior session of the 2025 US Championships in the following process:**

- a. All current Senior National Team & Senior Development Team members**
- b. All Senior National Team or Senior Development Team members from the previous two selection events (2024 US Championships & 2025 Winter Cup)**
- c. All FIG Senior age-eligible athletes on the current Junior National Team (Sr 1's)**
- d. The next six (6) ranked non-qualified athletes from the Points Program final results at the 2025 Winter Cup**
- e. The athletes who place in the top three (3) in the all-around at the 2025 NCAA Championships**
- f. Remaining spots to be filled by US Classic and injury petition**

Motion: Tom Meadows

Second: Matt Henry

During the discussion phase of this motion the group had questions about qualifying Sr 1's from Dev Nationals, as that had not been addressed. The group felt that they were not ready to vote on this motion, so it was tabled for another call on November 25<sup>th</sup>.

Motion to adjourn at 1:51pm ET

MPC Meeting Minutes  
November 25, 2024  
Via Zoom

Meeting called to order at 3:01pm ET by Chair, Mike Serra

Members present:

Mike Serra – Chair (voice, no vote)  
Randy Jepson – Sr Coaches Rep  
Tom Meadows – Sr Coaches Rep  
Matt Henry – Jr Coaches Rep  
Pavel Sargsyan – Jr Coaches Rep  
Cameron Bock – Athlete Rep  
Tyler Yamauchi – Athlete Rep  
Jason Woodnick – VP Men’s Program (voice, no vote)  
Brett McClure – High Performance Director (voice, no vote)  
Raj Bhavsar – Development Program Director (voice, no vote)  
David Klein – MDPC Chair (voice, no vote)

Members not present:

Jon Corbitt – NGJA Representative

Non-members present:

Lisa Mendel – Men’s Program Manager (voice, no vote)

Before returning to the US Championships Qualification discussion, the MDPC Chair asked if the group could vote on the updated video review proposal for Technical Sequences at State Championships, which was amended by the MDPC following the MPC’s recommendations on the October 30<sup>th</sup> call.

**Motion to approve the amended proposal (Attachment A)**

Motion: Randy Jepson

Second: Matt Henry

Passed 6-0

The Regional Chairs will work with their State Chairs and local judging associations in handling these video submissions.

The Motion from Tom Meadows from the previous meeting was still on the floor in the discussion phase. Several factors considered in this motion are:

1. The opportunity for Sr 1’s from Development Nationals to qualify to the Day 1 Junior session at US Championships. Those athletes would be able to qualify into the Day 2 Senior session via combined rankings from Junior and Senior sessions on Day 1.

2. The Senior sessions at US Championships would go from 48 routines per rotation on Day 1 to 36 routines per rotation on Day 2. This would create a more compelling and TV-friendly Day 2 competition. Sr 1's would be able to qualify from the Junior Day 1 session into Senior Day 2.

The Motion was retracted as the group had more questions, and with these potentially new stipulations, they wanted more input from the community before making a decision.

Tom left the meeting at this point.

The group revisited how US Classic could fulfill the needs of both Senior and Junior athletes as a last-chance qualifier to US Championships. As there was still no clear way to create a qualification standard, the group could only move forward with identifying athlete numbers for US Classic.

**Motion: For the 2025 US Classic, participant numbers will be restricted to a maximum of 36 Senior athletes and 12 Junior athletes.**

Motion: Pavel Sargsyan  
Second: Tyler Yamauchi  
Passed 5-0 (1 absent vote)

The MPC will need to meet again to complete this discussion. All members are asked to bring proposals to the next meeting on December 11<sup>th</sup>.

Motion to adjourn at 4:42pm ET.

## Attachment A

### Proposal:

Allow State competitions the option to host a virtual Technical Sequence event prior to the completion of the State Championships. This flexibility aims to simplify organization for event hosts and provide additional benefits to athletes and judges. This proposal reflects the desires of our community to enhance the competition experience and logistical efficiency.

### Options for Implementation:

#### 1. In-Person Event:

- **Description:** Incorporate the Technical Sequence as one of the sessions during the in-person State Championships.
- **Benefits:** Streamlines events under one sanction and venue, maintaining the traditional competition format.

#### 2. State-Level Virtual Event:

- **Description:** Conduct a virtual Technical Sequence event exclusive to the state. This event must be completed by the end of the regular in-person State Championships.
- **Judging:** If judged by the same panel as the State Championships and videos are submitted within one week prior to the event, it can operate under the same sanction.
- **Benefits:** Offers scheduling flexibility and reduces on-site logistical demands.

#### 3. Regional-Run State Virtual Event:

- **Description:** The region hosts a separate, sanctioned virtual Technical Sequence event using the same judges from the Regional Championships. This event must occur prior to the In-Person State Championships.
- **Benefits:** Ensures consistency in judging and routine evaluations as athletes progress toward regional competitions.

### Details for Virtual Events:

- **Sanctioning:**
  - A virtual sanction is required to legitimize the event.
  - If integrated with the State Championships sanction (and judged by the same panel), additional virtual sanctioning may not be necessary.
- **Payment Structure:**
  - **State Championships Sanction:**  
An additional fee of **\$25 per athlete** can be collected **on top of the standard \$135 charge** for the regular competition, bringing the total to \$160 per athlete. This aligns with the standard charge for Junior Elite athletes.
- **Separate Virtual Sanction:**
  - A fee of **\$25 per athlete** applies, which is the maximum permitted by USA Gymnastics for Technical Sequences.
- **Judges' Fee Reduction:**
  - The State/Regional Chairs will work closely with the Judges Association to negotiate a reduced fee or potentially waive fees for judging the virtual Technical Sequence event, aiming to minimize costs for athletes and organizers.
- **Judging Panel:**
  - Can consist of judges from the State Championships or from the Regional level.

- Utilizing Regional judges helps identify and rectify routine construction errors before athletes advance.
- **Routine Requirements:**
  - Athletes must submit routines for all six events.
  - A minimum all-around score of 36.00 is required for this season.
- **Submission Method:**
  - Athletes submit video recordings of their routines via a secure platform (e.g., Google Drive) for judges to assess.
- **Equipment Standardization:**
  - All equipment used must meet the specifications outlined in the **Development Program (DP) Manual**.
- **Landing Standards:**
  - **Athletes should perform landings as realistically as possible, adhering to standard competition procedures and using proper matting.** Allowing some flexibility ensures that no athlete is disadvantaged due to facility constraints.
  - **Floor Exercise, Pommel Horse, and Parallel Bars:**
    - Landings on these events typically aren't an issue since they occur on the floor, and standard matting is usually available.
  - **Rings and High Bar:**
    - For setups over pits, gyms should place mats at the correct competition height to simulate a firm landing surface.
    - Athletes benefit from making the landing area as firm as possible because it's difficult to stick dismounts on soft surfaces.
  - **Vault:**
    - Mats should be raised to the correct competition height, even if the vault is over a pit.
    - Although vault does not have a landing deduction, maintaining proper mat height ensures consistency.
- **Recording Requirements:**
  - **Single-Day Recording:**
    - Athletes are required to film all six routines in one day at their gym, simulating the conditions of an in-person competition.
    - Athletes must wear the appropriate competition uniform and salute at the beginning and end of each routine, just as they would in an in-person competition.
  - **Hardship Exceptions:**
    - In cases of hardship (e.g., gym access issues), athletes can request approval to record over multiple days.
    - **Approval Process: Coaches must contact the appropriate Chair explaining the hardship situation:**
      - **For State-Level Virtual Events: Contact the State Chair.**
      - **For Regional-Level Virtual Events: Contact the Regional Chair.**

- **Data Collection: Regional Chairs will work with State Chairs to document these exceptions to review after the season and assess if adjustments to the policy are needed.**
- **Video Requirements:**
  - **Perspective:**
    - Videos must be filmed from a judge's perspective, capturing all accurate angles of each skill performed.
  - **Equipment and Matting Verification:**
    - If the Judges feel that the equipment and/or matting is not at regulation height, you will be asked to re-submit a new video with appropriate adjustments made, or the routine will not be evaluated/counted.

### **Advantages:**

1. **Simplified Event Management:**
  - Reduces the number of sessions and potentially shortens the duration of the State Championships.
  - Eases logistical burdens on event hosts, including venue scheduling and staffing.
2. **Enhanced Preparation:**
  - Provides judges with more time to thoroughly evaluate routines.
  - Helps ensure athletes receive detailed feedback, promoting better preparation for Regional Championships.
3. **Consistency in Judging:**
  - Involving Regional judges fosters uniformity in scoring and expectations.
  - Minimizes the risk of overlooked routine construction errors, aiding athletes in meeting Regional standards.

**Conclusion:** Implementing a virtual Technical Sequence event offers flexibility and benefits that can improve the competitive experience for athletes, judges, and event organizers. By adopting one of the proposed options, State competitions can streamline operations while enhancing the quality of athlete preparation ahead of higher-level championships.

MPC Meeting Minutes  
December 11, 2024  
Via Zoom

Meeting called to order at 12:01pm ET by Chair, Mike Serra

Members present:

Mike Serra – Chair (voice, no vote)  
Tom Meadows – Sr Coaches Rep  
Matt Henry – Jr Coaches Rep  
Pavel Sargsyan – Jr Coaches Rep  
Tyler Yamauchi – Athlete Rep  
Jason Woodnick – VP Men’s Program (voice, no vote)  
Raj Bhavsar – Development Program Director (voice, no vote)  
David Klein – MDPC Chair (voice, no vote)

Members not present:

Cameron Bock – Athlete Rep  
  
Randy Jepson – Sr Coaches Rep  
  
Brett McClure – High Performance Director (voice, no vote)  
  
Jon Corbitt – NGJA Representative

Non-members present:

Lisa Mendel – Men’s Program Manager (voice, no vote)  
  
Amanda Stroud – Chair of Junior Selection Committee  
  
Sam McArthur – Chair of Senior Selection Committee

The Chairs of the Junior and Senior Selection Committees were invited to the MPC meeting to be involved in the discussion regarding US Championships qualification as this discussion affects all committees, and we need to work together to formulate a strategy and objectives for 2025.

- I. There is a rumor that Junior World Championships will be held the same week of 2025 US Championships & Jr Pan Am Games. Should this happen, there will need to be determination of selection process for these events and for national team selection should Jr Worlds and Jr Pan Am Games athletes miss the US Championships. A proposal was suggested to use US Classic as the Junior National Team selection event as well as the selection event for Jr World Championships. The Jr Pan Am Games will likely be a team

made up of 15 year old's who will be named from Men's Development National Championships.

The Committee could not finalize a process until we know firm dates for Junior World Championships.

II. It was brought to the MPC's attention that they may have voted on a decision that was actually the purview of the Junior Selection Committee. In the August 16, 2024 MPC meeting the following Motion was passed:

**Motion: All FIG Senior age athletes on the current Junior National Team who compete in the Elite Team Cup instead of Winter Cup will be ineligible for international assignment as a member of the U.S. Junior National Team.**

As this Motion has direct effect on international selection/assignment, it falls to the purview of the Junior Selection Committee. The JSC does not support using international assignment as a factor to encourage 18 year old's to compete in the Senior division as not all 18 year old athletes are prepared to compete Senior level gymnastics. However, the JSC still supports a way to encourage those athletes to compete in the Senior division at Winter Cup.

First, the MPC decided to rescind their original Motion:

**Motion: To rescind the Motion from August 16, 2024 point II (noted above).**

**Motion: Tom Meadows**

**Second: Pavel Sargsyan**

**Passed 4-0 (2 absent votes)**

The Committee made a new Motion as follows:

**Motion: All FIG Senior age athletes on the current Junior National Team who choose to compete at Winter Cup instead of Elite Team Cup, and finish in the Top 4 all-around (based on Day 1 results only) of those same Junior National Team athletes, will be pre-qualified to the 2025 US Championships.**

**Motion: Matt Henry**

**Second: Tom Meadows**

**Passed 4-0 (2 absent votes)**

The ability for those athletes to be assigned to an international competition will no longer be affected by their decision to compete at Winter Cup or ETC.

The MPC will need to reconvene in January and will hopefully have more concrete information on Junior World Championships.

Motion to adjourn at 1:20pm ET

MPC Meeting Minutes  
January 21, 2025  
Via Zoom

Meeting called to order by Chair, Mike Serra at 1:01pm ET.

Members present:

Mike Serra – Chair (voice, no vote)  
Randy Jepson – Sr Coaches Rep  
Matt Henry – Jr Coaches Rep  
Pavel Sargsyan – Jr Coaches Rep  
Cameron Bock – Athlete Rep  
Tyler Yamauchi – Athlete Rep  
Jason Woodnick – VP Men’s Program (voice, no vote)  
Brett McClure – High Performance Director (voice, no vote)  
Raj Bhavsar – Development Program Director (voice, no vote)  
David Klein – MDPC Chair (voice, no vote)

Members not present:

Tom Meadows – Sr Coaches Rep  
Jon Corbitt – NGJA Representative (voice, no vote)

Non-members present:

Lisa Mendel – Men’s Program Manager (voice, no vote)

I. 2025 US Championships Qualification Pathway

There is still no confirmation of dates for the 2025 Junior World Championships, but the MPC needs to go ahead with our planning for qualifications to US Championships in the Senior and Junior divisions.

The MPC discussed a four-year plan for US Championships Senior qualification, broken into the first two years and the second two years as having different strategies and numbers of athletes. As we get closer to the Olympic year, the field of competitors can be narrowed and more focused on those vying for Olympic Team spots. For 2025 and 2026, the MPC recommends qualifying 48 athletes to the Senior session Day 1 with 42 advancing to Day 2 Finals. For 2027 and 2028, 42 athletes would qualify to the Senior session Day 1 with 36 athletes qualifying to Day 2 Finals.

**Motion: For the 2025-2028 US Championships, the qualification numbers for the Senior division will be as follows:**

**2025: 48 athletes qualify to Day 1, 42 athletes qualify to Day 2**

**2026: 48 athletes qualify to Day 1, 42 athletes qualify to Day 2**

**2027: 42 athletes qualify to Day 1, 36 athletes qualify to Day 2**

**2028: 42 athletes qualify to Day 1, 36 athletes qualify to Day 2**

**Motion: Randy Jepson**

**Second: Cameron Bock**

**Passed 5-0 (1 absent vote)**

The process for Senior qualification for 2025 US Championships has been discussed for several months but appears to be ready for final vote.

**Motion: The Senior qualification process for the 2025 US Championships is as follows:**

- a. All current Senior National Team & Senior Development Team members**
- b. All Senior National Team or Senior Development Team members from the previous two (2) selection events (2025 Winter Cup & 2024 US Championships)**
- c. The up to four (4) current Junior National Team members (FIG 18+) who qualified to US Championships via Day 1 all-around results at the 2025 Winter Cup.**
- d. The next five (5) non-qualified athletes via 2025 Winter Cup Points Program final results (combined 2-days)**
- e. The top two (2) ranked non-qualified athletes in the Level 10 (18+) JE division via final all-around results at the Development Program National Championships (combined 2-days)**
- f. The top two (2) ranked non-qualified athletes in the final all-around results at the 2025 NCAA Championships. Athletes must finish in the top 10 in the all-around to be eligible.**
- g. All remaining unfilled spots (up to 48) will be filled by either medical petition or by qualifying from the Senior session(s) at the 2025 Men's National Qualifier competition\***

**\*Athletes may qualify from the Men's National Qualifier competition by all-around or Points Program results. Half of the unfilled spots will be determined via all-around ranking and half via Points Program ranking. If there are an odd number of spots remaining to be filled for US Championships, then the additional spot will go to the all-around results.**

**Motion: Randy Jepson**

**Second: Pavel Sargsyan**

**Passed: 5-0 (1 absent vote)**

Cameron Bock had to leave the meeting.

## **II. 2025 US Championships Junior Qualification Pathway**

The MPC evaluated the qualification numbers for each age division from Development National Championships. There is a desire to determine a pathway for specialists to qualify to US Championships in the Junior division. Several suggestions were made, but further discussion is

needed. This will be a topic of discussion at an MPC meeting later in 2025 for possible implementation in 2026.

Randy Jepson had to leave the meeting.

The remaining members discussed a petition process for US Championships and where those spots would come from if they were accepted. This led to the following Motion, but as we no longer had a quorum, this Motion would have to be submitted for vote via email following the meeting.

**Motion: The Junior qualification process for the 2025 US Championships is as follows:**

- a. **The top 16 ranked athletes via all-around final results in the Level 10 JE 16-year old division at the 2025 Development Program National Championships (combined 2-days)**
- b. **The top 16 ranked athletes via all-around final results in the Level 10 JE 17-year old division at the 2025 Development Program National Championships (combined 2-days)**
- c. **The top eight (8) ranked athletes via all-around final results in the Level 10 JE 18/19 division at the 2025 Development Program National Championships (combined 2-days)**
  - **These eight (8) spots qualify to the Junior Day 1 session at US Championships, but will compete Senior FIG rules and have the opportunity to qualify to the Senior Day 2 session.**
- d. **The top six (6) ranked athletes via all-around final results in the Junior session at the 2025 Men's National Qualifier competition**

**Petitions to the 2025 US Championships for injury or extenuating circumstance are due to the Junior Selection Committee by the end of Development Program National Championships. If zero (0) petitions are accepted, then a 17<sup>th</sup> athlete will be qualified via all-around results in both the 16 & 17 year old divisions at Development Nationals. If one (1) petition is accepted, then a 17<sup>th</sup> athlete will be qualified via all-around results in the other age division (16 or 17). If two (2) petitions are accepted, then no additional spots will be qualified from Development National Championships.**

**Motion: Matt Henry**

**Second: Pavel Sargsyan**

**Passed 6-0 via email vote**

Meeting adjourned at 2:58pm ET.



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MPC Chair

February 4, 2025

Date