



USA GYMNASTICS
ATHLETE SELECTION PROCEDURES
2025-2026 TRAMPOLINE & TUMBLING NATIONAL TEAMS
Published November 16th, 2024. Updated June 9th, 2025



	Senior National Team (SNT)	Junior National Team (JNT)
Eligible Athletes	<ul style="list-style-type: none"> Senior Elite athletes are eligible for selection to the U.S. Senior National team. 16-year-old Junior Elite athletes (as of Dec. 31 of the current year) are eligible for selection to the U.S. Senior National team. 	<ul style="list-style-type: none"> Junior Elite athletes are eligible for selection to the U.S. Junior National team. 14-year-old Youth Elite athletes (as of Dec. 31 of the current year) are eligible for selection to the U.S. Junior National team. Junior Elite athletes that are named to the Senior National Team are not eligible to be named to the Junior National team in the same discipline in the same year.
Selection Events	<ul style="list-style-type: none"> 2025 Winter Classic – March 6-9 2025 Elite Challenge – May 8-12 2025 USA Gymnastics Championships – June 16-21 	
Competition Rules	USA Elite Code of Points (FIG Code of Points with USA exceptions).	
Qualification to USA Gymnastics Championships	See R&P Section VI	
Overall	<p>The following documents are required to be adhered to by an athlete as a condition of selection to 2025-2026 National Teams:</p> <ul style="list-style-type: none"> USA Gymnastics Safety and Response Policy, USA Gymnastics Code of Ethical Conduct, Trampoline & Tumbling Program Manual, National Team Agreement 	
Team Cycle	1 Year: Team named after 2025 USA Gymnastics Championships and continues until 2026 USA Gymnastics Championships. National Team activities: See calendar posted on T&T website.	
Senior National Team Funding	Athletes and personal coaches will be funded to attend National Team camp. Participation in National Team activities is required to receive funding. See Athlete Funding Tiers for details (subject to change).	
Junior National Team Funding	All camps will be self-funded. Participation in National Team camps, domestic activities, and funded international assignments is required to receive funding. Participation in non-funded international assignments is not mandatory. See Athlete Funding Tiers and Junior National Team Prize Money for details (subject to change).	
Selection Process	Following each selection event, updated score-based rankings will be posted after verification by the elected Elite Committee Disciplines Representatives, the National Team Coordinators, and the Program Director. At the 2025 USA Gymnastics Championships, the Selection Committee will convene and select the 2025-2026 National Team in accordance with the Rules & Policies Section II and the USA Gymnastics Conflict of Interest Policy . The Selection Committee may also convene at any point during the Team Cycle to name additional athletes in accordance with this. All Selection Committee Minutes will be posted online following the conclusion of the selection process.	
Petition Process	All eligible elite athletes that participate in the 2025 Selection Events will be considered for selection to the USA National Teams. If an athlete is unable to participate in the selection process due to extenuating circumstances, they or their coach may submit the Petition Form to trampolineandtumbling@usagym.org before the start of the USA Gymnastics Championships.	

TRA	Senior National Trampoline Team	Junior National Trampoline Team
Definitions	<ul style="list-style-type: none"> • <u>Qualification Score</u>: the highest scoring routine from Qualification Routine 1 and Routine 2 at a single Selection Event. • <u>Final Score</u>: the score of the Finals routine at a single Selection Event • <u>Combined Score</u>: the sum of the highest two (2) Qualification Scores from the three (3) Selection Events • <u>SNT Selection Score</u>: <ul style="list-style-type: none"> – Men: 54.00 – Women: 50.00 <p>SNT Selection Score may be achieved via either Qualification Score or Final Score at a Selection Event.</p>	<ul style="list-style-type: none"> • <u>Qualification Score</u>: the sum of Qualification Routine 1 and Routine 2 at a single Selection Event. • <u>Final Score</u>: the score of the Finals routine at a single Selection Event. • <u>Combined Score</u>: the sum of the highest two (2) Qualification Scores from the three (3) Selection Events. • <u>JNT Selection Score</u>: <ul style="list-style-type: none"> – Men: 91.5 – Women: 89.5 <p>JNT Selection Score may be achieved via either Qualification Score or Final Score at a Selection Event.</p>
Team Size	<ul style="list-style-type: none"> • Up to ten (10) athletes per gender named at USA Gymnastics Championships per Selection Criteria. • Additional athletes able to be added. 	<ul style="list-style-type: none"> • Up to twelve (12) athletes per gender named at USA Gymnastics Championships per Selection Criteria. • Additional athletes able to be added.
Selection Criteria	<ol style="list-style-type: none"> 1. Athletes with the highest two (2) Final Scores, provided they have met or exceeded the SNT Selection Score at least once at a Selection Event. 2. In addition to athletes selected from Selection Criterion 1, athletes with the six (6) highest Combined Scores, provided they have met or exceeded the SNT Minimum Selection Score at least once in the selection process. 3. In addition to athletes selected from Selection Criteria 1-2, up to two (2) SE or JE athletes based on discretionary selection criteria, including but not limited to, and listed in no order of importance: international experience, total score potential, head-to-head rankings, petitions and other relevant criteria. <ol style="list-style-type: none"> 3.1. JE athletes must hit the following minimum score at USA Gymnastics Championships to be eligible for selection to the Senior National Trampoline Team, in either the Qualification Round (Routine 2) or the Final Round: <ul style="list-style-type: none"> – Men: 54.00 – Women: 50.00 	<ol style="list-style-type: none"> 1. Athletes with the two (2) highest Final Scores, provided they have met or exceeded the JNT Selection Score at least once in the selection process. 2. In addition to athletes selected from Selection Criterion 1, athletes with the six (6) highest Combined Scores, provided they have met or exceeded the JNT Selection Score at least once in the selection process. 3. In addition to athletes selected from Selection Criteria 1-2, up to four (4) JR or YE athletes based on discretionary selection criteria, including but not limited to, and listed in no order of importance: international experience, total score potential, head-to-head rankings, petitions and other relevant criteria. <ol style="list-style-type: none"> 3.1. YE athletes must hit the following minimum score at USA Gymnastics Championships to be eligible for selection to the Junior National Trampoline Team. <ul style="list-style-type: none"> – Men: 91.5 – Women: 89.5 – YE minimum score may only be achieved via Qualification Score
Additional Athletes	Senior Elite athletes accepting USA Gymnastics Senior international assignments (excluding age group events and non-traveling alternates) will be added to National Team in an unfunded capacity.	Junior Elite athletes accepting USA Gymnastics international assignments (excluding age group events and non-traveling alternates) will be added to National Team in an unfunded capacity.

TUM	Senior National Tumbling Team	Junior National Tumbling Team
Definitions	<ul style="list-style-type: none"> • <u>Qualification Score</u>: the sum of Qualification Routine 1 and Routine 2 at a single Selection Event. • <u>Final Score</u>: the sum of Routine 1 and Routine 2 from either Finals or Final 1 & 2 (as applicable) at a single Selection Event. • <u>Combined Score</u>: the sum of the highest two (2) Qualification Scores from the three (3) Selection Events. • <u>SNT Selection Score</u>: <ul style="list-style-type: none"> – Men: 48.2 – Women: 46.2 – NT Minimum Selection Score may be achieved via either Qualification Score or Final Score at a Selection Event. 	<ul style="list-style-type: none"> • <u>Qualification Score</u>: the sum of Qualification Routine 1 and Routine 2 at a single Selection Event. • <u>Final Score</u>: the sum of Routine 1 and Routine 2 from either Finals or Final 1 & 2 (as applicable) at a single Selection Event. • <u>Combined Score</u>: the sum of the highest two (2) Qualification Scores from the three (3) Selection Events. • <u>JNT Minimum Selection Score</u>: <ul style="list-style-type: none"> – Men: 43.90 – Women: 43.10 – NT Minimum Selection Score may be achieved via either Qualification Score or Final Score at a Selection Event.
Team Size	<ul style="list-style-type: none"> • Up to eight (8) athletes per gender named at USA Gymnastics Championships per Selection Criteria. • Additional athletes able to be added. 	<ul style="list-style-type: none"> • Up to ten (10) athletes per gender named at USA Gymnastics Championships per Selection Criteria. • Additional athletes able to be added.
Selection Criteria	<ol style="list-style-type: none"> 1. Athlete with the highest Final Score, provided they have met or exceeded the SNT Selection Score at least once in the selection process. 2. In addition to athletes selected from Selection Criterion 1, athletes with the five (5) highest Combined Scores, provided they have met or exceeded the SNT Selection Score at least once in the selection process. 3. In addition to athletes selected from Selection Criteria 1-2, up to two (2) SE or JE athletes based on discretionary selection criteria, including but not limited to, and listed in no order of importance: international experience, total score potential, head-to-head rankings, petitions and other relevant criteria. <p>3.1. JE athletes must hit the following minimum score at USA Gymnastics Championships to be eligible for selection to the Senior National Tumbling Team, in either the Qualification Round or the Final Round:</p> <ul style="list-style-type: none"> – Men: 51.50* – Women: 45.20 <p>*Scores includes transition bonuses</p> 	<ol style="list-style-type: none"> 1. Athletes with the two (2) highest Final Scores, provided they have met or exceeded the JNT Selection Score at least once in the selection process. 2. In addition to athletes selected from Selection Criterion 1, athletes with the six (6) highest Combined Scores, provided they have met or exceeded the JNT Selection Score at least once in the selection process. 3. In addition to athletes selected from Selection Criteria 1-2, up to two (2) JE or YE athletes based on discretionary selection criteria, including but not limited to, and listed in no order of importance: international experience, total score potential, head-to-head rankings, petitions and other relevant criteria. <p>3.1. YE athletes must hit the following minimum score at USA Gymnastics Championships to be eligible for selection to the Junior National Tumbling Team</p> <ul style="list-style-type: none"> – Men: 43.90 – Women: 43.10 – YE minimum score may be achieved via either Qualification Score or Final Score
Additional Athletes	Senior Elite athletes accepting USA Gymnastics Senior international assignments (excluding age group events and non-traveling alternates) will be added to National Team in an unfunded capacity.	Junior Elite athletes accepting USA Gymnastics Senior international assignments (excluding age group events and non-traveling alternates) will be added to National Team in an unfunded capacity.

DMT	Senior National Double Mini Trampoline Team	Junior National Double Mini Trampoline Team
Definitions	<ul style="list-style-type: none"> • <u>Qualification Score</u>: the sum of Qualification Routine 1 and Routine 2 at a single event. • <u>Final Score</u>: the sum of Routine 1 and Routine 2 from either Finals or Final 1 & 2 (as applicable) at a single event. • <u>Combined Score</u>: the sum of the highest two (2) Qualification Scores from the three (3) Selection Events. • <u>SNT Selection Score</u>: <ul style="list-style-type: none"> – Men: 54.20 – Women: 49.20 – SNT Selection Score may be achieved via either Qualification Score or Final Score at a Selection Event. 	<ul style="list-style-type: none"> • <u>Qualification Score</u>: the sum of Qualification Routine 1 and Routine 2 at a single event. • <u>Final Score</u>: the sum of Routine 1 and Routine 2 from either Finals or Final 1 & 2 (as applicable) at a single event. • <u>Combined Score</u>: the sum of the highest two (2) Qualification Scores from the three (3) Selection Events. • <u>JNT Selection Score</u>: <ul style="list-style-type: none"> – Men: 50.80 – Women: 47.6 – JNT Selection Score may be achieved via either Qualification Score or Final Score at a Selection Event.
Team Size	<ul style="list-style-type: none"> • Up to eight (8) athletes per gender named at USA Gymnastics Championships per Selection Criteria. • Additional athletes able to be added. 	<ul style="list-style-type: none"> • Up to ten (10) athletes per gender named at USA Gymnastics Championships per Selection Criteria. • Additional athletes able to be added.
Selection Criteria	<ol style="list-style-type: none"> 1. Athlete with the highest Final Score, provided they have met or exceeded the SNT Selection Score at least once in the selection process. 2. In addition to athletes selected from Selection Criterion 1, athletes with the five (5) highest Combined Scores, provided they have met or exceeded the SNT Selection Score at least once in the selection process. 3. In addition to athletes selected from Selection Criteria 1-2, up to two (2) SE or JE athletes based on discretionary selection criteria, including but not limited to, and listed in no order of importance: international experience, total score potential, head-to-head rankings, petitions and other relevant criteria. <ol style="list-style-type: none"> 3.1. JE athletes must hit the following minimum score at USA Gymnastics Championships to be eligible for selection to the Senior National Double Mini Trampoline Team, in either the Qualification Round or the Final Round: <ul style="list-style-type: none"> – Men: 54.20 – Women: 49.20 	<ol style="list-style-type: none"> 1. Athletes with the two (2) highest Final Scores, provided they have met or exceeded the JNT Selection Score at least once in the selection process. 2. In addition to athletes selected from Selection Criterion 1, athletes with the six (6) highest Combined Scores, provided they have met or exceeded the JNT Selection Score at least once in the selection process. 3. In addition to athletes selected from Selection Criteria 1-2, up to two (2) JE or YE athletes based on discretionary selection criteria, including but not limited to, and listed in no order of importance: international experience, total score potential, head-to-head rankings, petitions and other relevant criteria. <ol style="list-style-type: none"> 3.1. YE athletes must hit the following minimum score at USA Gymnastics Championships to be eligible for selection to the Junior National Double Mini Trampoline Team: <ul style="list-style-type: none"> – Men: 50.8 – Women: 47.6 – YE minimum score may be achieved via either Qualification Score or Final Score
Additional Athletes	Senior Elite athletes accepting USA Gymnastics Senior international assignments (excluding age group events and non-traveling alternates) will be added to National Team in an unfunded capacity.	Junior Elite athletes accepting USA Gymnastics Senior international assignments (excluding age group events and non-traveling alternates) will be added to National Team in an unfunded capacity.