

2026 Athlete Funding Tiers

Tier 1

\$3,000/month

- Olympic Medalist at the last Olympic Games in an Olympic discipline
- World Championship Medalist at **both** of the last two Senior World Championships in an Olympic discipline

Tier 2

\$2,500/month

- Olympic Finalist at the last Olympic Games
- World Championship Medalist in one of the last two Senior World Championships in an Olympic discipline

Tier 3

\$2,000/month

- Olympic Team Member at the last Olympic Games in an Olympic discipline
- World Championship Finalist in one of the last two Senior World Championships in an Olympic discipline
- World Cup Medalist within the prior two years from the month of payment in an Olympic discipline

Tier 4

\$1,500/month

- Top 10 Seniors in the AA Final at the last US Gymnastics Championships in MAG and WAG
- Senior National Champion at the last US Gymnastics Championships on an individual apparatus in MAG and WAG

Tier 5

\$1,000/month

- World Championship or World Games Individual Medalist within the last two years in a non-Olympic discipline
- Senior National Team Member in an Olympic discipline
- Top 4 Juniors in the all-around at the last US Gymnastics Championships** in MAG (16-17 age group) and WAG (**qualifying competition subject to change based on international competition schedule)
- Youth Olympic or Junior World Championship Medalist within the prior two years in an Olympic discipline

Tier 6

\$500/month

- Senior World Championship and/or World Games Team Member within the last two years in non-Olympic disciplines
- Junior National Team Member in MAG and WAG

Injury Reserve - \$1,000/month

- Tier 1-3 athletes who were not able to compete at the last National Team qualifying event due to injury. Athletes must be actively training and/or in a physical therapy rehabilitation program with intent to return to Elite competition. The athlete must submit a petition to the Chief Programs Officer, the Program Director/VP, and the two Athlete Representatives for his/her discipline on the Athletes Council, with appropriate documentation such as a doctor's note, for approval to be placed on the Injury Reserve. Injury Reserves are not considered National Team members.
Maximum 2 per discipline.
 - Athletes will be allocated Injury Reserve funding based on Funding Tier level, with the highest tiered athlete given priority. If more than 2 athletes are funded at the same tier, priority will be given to the athlete with the most recent and highest international competitive results.
 - Injury reserves will be evaluated on National Team review dates for each discipline.
 - An athlete can apply for an Injury Reserve spot for a limited number of consecutive review periods. For disciplines with more than one review period annually, an athlete may apply for an Injury Reserve spot for up to two consecutive periods. For disciplines with only one review per year, an athlete may only apply for an Injury Reserve spot for a just a single period.

Additional "Cost of Living" Funding for Olympic Disciplines

- \$350/month – Athletes at or over the age of 22 in an Olympic discipline

Elite Athlete Health Insurance (EAHI)

- USA Gymnastics has been allocated 22 EAHI slots for 2026. To be eligible for EAHI, an athlete must:
 1. Meet the USOPC's Team USA eligibility requirements at the time the slot is being offered.
 2. Qualify for Tier 1, 2, 3, 4 or 5 or Injury Reserve athlete support funding per the USA Gymnastics 2026 Athlete Stipend Criteria at the time the slot is being offered.
- See Appendix B for EAHI ranking criteria.

Notes:

- In order to receive funding, athletes must be a National Team Member actively training and participating in all National Team activities (camps, competitions, international assignments, etc.). If an athlete cannot participate in National Team activities due to injury, illness, or extenuating circumstance, the athlete must submit a petition (**Appendix A**) to the Chief Programs Officer, the Program Director/VP, and the two Athlete Representatives for his/her discipline on the Athletes Council, with appropriate documentation such as a doctor's note, for approval. If an athlete cannot participate in a self-funded National Team camp or international assignment due to financial reasons, this will not preclude him/her from funding.
- Each athlete is funded at the highest tier he/she qualifies for and does not qualify for multiple tiers.

- An athlete on the National Team in two disciplines/categories, e.g. Trampoline and Double Mini, will be funded at his/her highest tier and will not receive double funding.
- Funding does not apply to Age Group Categories, specifically, MAG Level 8 and Level 9 National Team, WAG DP National Team, Acro 11-16, and T&T Age Groups Categories.
- Unless otherwise specified, "World Championship" refers to a Senior FIG World Championship.
- An athlete who receives a World or Olympic medal as a member of the Team is considered a medalist for Women's and Men's Artistic.
- For T&T, Rhythmic and Acro, a Team medal in a World Championships does not qualify the athlete as a "medalist." This is because the Team competition is not part of the Olympic program.
- Athletes (including alternates) must be a named delegation member and travel to a World Championships in order to receive funding as a "team member". An athlete named to the team that does not travel for whatever reason is not considered a "team member".
- Traveling alternates are considered "team members" but not medalists/finalists unless officially recognized by FIG or IOC.
- Acro funding only applies to the athlete(s) who achieved the funding, i.e., athletes who achieve funding will maintain their funding even if they have a new partner(s), provided they still meet the criteria.
- Rhythmic Group – Funding only applies to the athletes who achieved the funding, i.e., if a new group member joins the team, she will not receive funding until she achieves the criteria in competition.
- Funding does not apply to Synchronized Trampoline.
- The additional "cost of living" funding is meant to support athletes who are at a stage in their lives where they have to financially support themselves.
- Each discipline has a maximum number of funded athletes on National Team. In some circumstances athletes may be added to the National Team in an unranked and unfunded position (see discipline Rules & Policies).
 - WAG: 35 (Total Junior and Senior)
 - MAG: 35 (Total Junior and Senior)
 - RGI: 12 Individual Seniors
 - RGG: 7 Senior Group Athletes
 - TRA: 10 Seniors per gender
 - DMT: 8 Seniors per gender
 - TUM: 8 Seniors per gender
 - Acro: 10 Senior pair/groups
- Tiers 1-4 and injury reserve are funded through the USOPC and payment will come via Direct Deposit from the USOPC.
- Tiers 5, 6 & Cost of Living are funded through USAG and payment will come via Direct Deposit from USA Gymnastics.



National Team Event Absence Request

Date of Event: _____

National Team Event requesting to miss: _____

National Team events may include any camp, competition or international assignment to represent the US National Team

Athlete Name: _____ Email: _____

Club Name: _____ Coach Name: _____

Coach Email: _____ Coach phone: _____

Are you actively training at an Elite level? yes no

Reason for Absence:

Illness – Attach a Doctor’s note (MD or DO)

Injury - Attach a Doctor’s note (MD or DO) with injury, rehab and return to play timeline

Are you working with a USA Gymnastics medical provider? yes no

If yes, which USA Gymnastics medical provider? _____

If no, please provide the name and contact information of your medical provider:

Extenuating Circumstance – Please explain below (use additional pages as needed)

Athlete Signature: _____ Date: _____

Parent Signature (if athlete is a minor): _____ Date: _____

Coach Signature: _____ Date: _____

Program Signature: _____ Date: _____

Approved Denied



Elite Athlete Health Insurance (EAHI) 2026

The USOPC has changed the way they are offering EAHI starting in January of 2026. Below you will find a bulleted explanation of the changes. USAG has been given 22 EAHI slots.

- Requirements to be eligible for EAHI in 2026
 1. Must be a designated TEAM USA athlete (definition per discipline below)
 - MAG –
 - 2024 Olympic Team member (excludes traveling alternates)
 - Competed at or traveling alternate – 2025 DTB senior/mixed cup
 - Competed at or traveling alternate – 2025 FIG Senior World Championships
 - WAG –
 - 2024 Olympic Team member (excludes traveling alternates)
 - Competed at or traveling alternate – 2025 Jesolo Trophy
 - Competed at or traveling alternate – 2025 FIG Senior World Championships
 - TRA –
 - 2024 Olympic Team member (excludes traveling alternates)
 - Competed at or traveling alternate – 2025 FIG Senior World Championships
 - RG –
 - 2024 Olympic Team member (excludes traveling alternates)
 - Competed at or traveling alternate – 2025 FIG Senior World Championships
 2. Qualify for Tier 1, 2, 3, 4, or 5 or Injury Reserve athlete support funding per the USA Gymnastics' 2026 Athlete Stipend Criteria at the time the slot is being offered.
- Eligibility for EAHI will be evaluated in December of 2025 for a start date of January 1, 2026 using the following ranking criteria:
 1. Athletes who are eligible for Tier 1, 2, 3 or Injury Reserve stipends who meet the Team USA eligibility criteria will be ranked in order from oldest to youngest by date of birth. Athletes will be offered EAHI from oldest to youngest for as long as EAHI slots remain.
 2. If EAHI slots remain, all athletes who are eligible for Tier 4 or 5 stipends who meet the Team USA eligibility requirements will be ranked in order from oldest to youngest by date of birth. Athletes will be offered EAHI from oldest to youngest by date of birth for as long as EAHI slots remain.
- In the rare case of athletes having the same birthdate and only one slot remaining, USA Gymnastics will conduct a random draw to determine priority.
- Once a slot has been offered, an athlete will have 30 days to complete enrollment. If they do not complete enrollment within 30 days, they will forgo their eligibility.
- Athletes who are unable to qualify for EAHI due to unforeseen circumstances may have the opportunity to apply for slots through the USOPC's hardship process.



2026 Changes

- Any athlete who enrolled in EAHI following their 2025 National Championship, who does not meet TEAM USA/ranking criteria above, will continue on EAHI through their 2026 National Championship. If an athlete was offered EAHI and did not enroll they will have 30 days from the re-offer to enroll or forgo their EAHI eligibility.
- Any athlete who was enrolled in EAHI following their 2025 National Championship, who meets TEAM USA/ranking criteria above, will automatically be enrolled in EAHI through December 31, 2026.
- Any athlete who was offered but did not enroll in EAHI following their 2025 National Championship, who meets TEAM USA/ranking criteria above, will need to enroll in EAHI within 30 days of their re-offer or they will forfeit their eligibility in 2026 EAHI. If they do enroll within the 30 day period, they will be enrolled in EAHI through December 31, 2026.
- Any athlete who was not eligible for EAHI following the 2025 National Championships, but meets the TEAM USA/ranking criteria above, will need to enroll in EAHI within 30 days of their offer or they will forfeit their eligibility in 2026 EAHI. If they do enroll within the 30 day period, they will be enrolled in EAHI through December 31, 2026.
- Please note that enrolled athletes can self-remove from EAHI at any time should their circumstances change.