



2025 Senior Pan American Championships Selection Guidelines June 8-16, 2025

A. Introduction

This document outlines the process that the Women's Athlete Selection Committee of USA Gymnastics will use to nominate athletes for the 2025 Senior Pan American Championships in Panama City, Panama.

B. Objectives

The objective of these processes and procedures is to nominate the best possible delegation that will be capable of achieving the following targets:

1. Finish in the top 3 in the Team competition.
2. Finish in the top 3 in the All-Around competition.

C. Delegation Size and Financial Considerations

Senior Pan American Championships

The maximum number of athletes in the delegation is five (5) plus one (1) traveling replacement athlete. The U.S. Senior Pan American Championships delegation will be composed of:

1. Up to five (5) Senior athletes plus one (1) traveling replacement athlete.
2. Up to five (5) personal coaches plus one (1) coach traveling with the replacement athlete.
3. 1 team leader
4. 1 medical staff
5. 1 security officer
6. 2 judges

USA Gymnastics/the LOC fully funds participation.

D. Key Dates Senior Pan American Championships

1. Selection Event – May 19-22, 2025, in Crossville, TN.
2. June 8-16, 2025 – Travel dates for Pan American Championships

E. Eligibility

Athletes are eligible for selection to the Team provided that:

1. She is a national of the United States at the time of selection and holds a valid U.S. passport that will not expire for six months after the conclusion of Senior Pan American Championships.
2. Senior athletes are 16 years old or older in 2025 (born 2009 or earlier).
3. She is a National Team athlete and has signed the NT Agreement.
4. She holds a valid FIG License that does not expire before the end of the 2025 Pan American Championships.
5. She is a member in good standing with USA Gymnastics.



F. Athlete Selection

The members of the 2025 Senior Pan American Championships will be named by the Women's Athlete Selection Committee as follows:

1. Provide the event names, dates, and locations of all trials, events, and camps to be used as part of the selection process.
 - a. 2025 May Selection Event – May 19-22, 2025 in Crossville, TN.
 - b. 2024-2025 USA Gymnastics official International Assignments
2. Provide a comprehensive, step-by-step description of the method that explains how athletes will go through the selection process (include maximum team size).
 - a. Using the discretionary selection criteria listed in G, the Athlete Selection Committee will name up to five (5) athletes plus one (1) replacement athlete to the 2025 Senior Pan American Championships Team based on team needs and medal potential.
 - b. The members of the 2025 Pan American Championships delegation will be selected at the conclusion of the 2025 May Selection Event.
 - c. The final line-up determination will be announced at least 24 hours before Qualifications (Competition I). The traveling High Performance Team Leader or Team Leader will make this determination in consultation with credentialed coaching staff.
 - d. If there is no traveling High-Performance Team Leader, the Athlete Selection Committee will name a team leader to perform this function.

G. Criteria, data, and results considered by the Athlete Selection Committee

All criteria are weighted equally and not listed in any particular order of importance.

1. Team needs and medal potential, based on any domestic and international performances and experience from 2024-2025.
2. Composite strength of all the 2025 Pan American Championships Team Members.
3. Start values (D Score) on each apparatus of all potential team members achieved at any competition or National Team Camp in the *2024-2025 Elite competitive season.
4. Execution (E Score) on each apparatus of all potential team members achieved at any competition or National Team Camp in the *2024-2025 Elite competitive season.
5. Consistency (percentage of hit routines) shown by the gymnast at any competition or National Team Camp in the *2024-2025 Elite competitive season.
6. A hit routine is defined as a routine that does not include a large deduction or very large deduction (as defined in the FIG Code of Points) on any single skill within the routine.
7. World Class presentation – the strength, endurance, technical execution standard and artistic components commensurate with World and Olympic presentation.
8. Readiness to compete - current health status and physical preparedness of each gymnast.
9. Demonstrated professional attitude and ability to positively contribute to the team dynamic.
10. Team members should expect to follow the training plan laid out and communicated by the Women's High Performance Team Leader or Team Leader.
11. 2025 May Selection Event results – May 19-22, 2025, Crossville, TN.
12. 2024-2025 USA Gymnastics official International Assignment results



* Per the [Women's Rules and Policies](#), "The Elite competitive year begins with the conclusion of the USA Gymnastics Championships and ends with the beginning of the USA Gymnastics Championships the following year."

H. Coach Selection

1. One (1) Head Coach and one (1) Assistant Coach for the 2025 Pan American Championships Team will be selected from among the personal coaches of the team members, after the final Team Selection based upon the following criteria:
 - a. Proven team leadership ability
 - b. International experience
 - c. Professional membership in good standing
 - d. Attendance at required meetings
 - e. Per FIG technical regulations, either the Head Coach or Assistant Coach must be female.

I. Delegation Requirements

1. All USA Gymnastics Staff (coaches, team leaders, medical) must adhere to the following requirements:
 - a. Successfully pass the National Center for Safety Initiatives' (NCSI) background screen in accordance with the current USA Gymnastics Background Check Policy prior to nomination.
 - b. Should a nominee experience any event between the time the background check is conducted and the relevant event that may change his/her background check status, the nominee must inform USA Gymnastics.
 - c. Possess a valid passport that does not expire until at least six months after the conclusion of the 2025 Pan American Championships.
 - d. Have the ability to work effectively with the LOC (local organizing committee).
 - e. Have strong administrative, communication and organizational capabilities/skills.
 - f. Be responsible for Team's adherence to all rules regarding discipline at the competition.
 - g. Fulfill all duties and requirements of the LOC including attendance at required meetings.
 - h. Be available for the entire duration of each competition (if applicable).
 - i. Possess high level, specific technical and tactical knowledge of the sport.
 - j. Have thorough knowledge and understanding of the FIG rules and regulations governing the sport.
 - k. Demonstrate the ability to establish harmonious relationships with athletes and other Team personnel.
 - l. Be in good health and able to withstand the physical rigors of traveling with and working with the Team.
 - m. Must have successfully completed all registration requirements by stated deadline.
 - n. Be a USA Gymnastics' Professional Member in good standing.
 - o. Successfully complete US Center for Safe Sport awareness training and education program.
 - p. In the event the Coach role is combined with the Team Leader function, that individual must fulfill the Team Leader responsibilities, as applicable.



J. Determination of athletes' competitive apparatus and start order

The competitive order and strategy will be determined by the traveling Women's High Performance Team Leader or Team Leader, in cooperation with the personal coaches. As per FIG regulations, the order of competition on each event shall be submitted no later than 24 hours prior to the competition.

K. Petition Procedures and Requirements

1. There are no petitions to the 2025 May Selection Event.

L. Removal of Athletes and Staff

USA Gymnastics has jurisdiction over potential nominees. An athlete or staff member who is to be nominated to the Team by USA Gymnastics may be removed as a nominee for any of the following reasons, as determined by USA Gymnastics:

1. Voluntary withdrawal. Team member must submit a written letter to the Chief Programs Officer and Vice President of Women's Program of USA Gymnastics.
2. Injury or illness which inhibits peak performance as certified by a physician's statement, subject to verification by USA Gymnastics Medical Staff.
3. Violation of Women's Program National Team Agreement.
4. Inability to perform the duties required (staff).
5. Violation of USA Gymnastics Safe Sport Policy:
<https://www.usagym.org/pages/education/safesport/policy.html>
6. An athlete may be removed as a nominee to the Team or from the Team for an adjudicated violation of IOC, PASO, IPC, WADA, FIG, USADA and/or USOPC anti-doping protocol, policies and procedures, as applicable.
7. A team member who is removed from the Team pursuant to this provision has the right to a hearing per USA Gymnastics' [grievance process](#) and the USOPC's Bylaws, Section 9.

M. Athlete Replacement

1. The Athlete Selection Committee may identify one (1) traveling replacement athlete for the 2025 Senior Pan American Championships, using the same criteria described in Section G.
2. If a Team Member is removed or withdrawn from the 2025 Senior Pan American Championships, the replacement athlete will be selected from among the pool of replacement athletes based on the team's needs and utilizing the same Discretionary Selection Criteria as set forth in Section G.

N. Coach Replacement

1. In the event that the Nominated Head or Assistant Coach is unable to perform the duties of the position(s) due to injury, illness, Code of Conduct violation, or any other unforeseen circumstances that would result in the need to replace him/her, the replacement candidate must meet all of the applicable criteria listed in Section H above.
2. If time permits and it is deemed beneficial for the team, the official coaching staff will be changed.



O. Anti-Doping Requirements

Athletes must adhere to all IOC, PASO, WADA, FIG, USADA and USOPC anti-doping protocols, policies and procedures, as applicable. This includes participation in Out-of-Competition Testing as required by the IOC, PASO, WADA, FIG, USADA and USOPC Rules, as applicable.

P. Announcement of Selection of Athletes and Coaches

1. The official announcement of the 2025 Senior Pan American Championships Team selection is the responsibility of USA Gymnastics and will be announced by the conclusion of the 2025 May Selection Event.
2. All internal verbal or written communication to athletes, coaches, or member associations regarding team selection is considered an “unofficial notice” and is NOT for public distribution. Official notice of team selection occurs when USAG provides a formal public “release” announcing the team selection, or when USAG partners with a multi-sport organization to formally announce a team.

Q. NGB/HPMO Bylaws and Grievance Procedures

USA Gymnastics Bylaws and Grievance Procedures can be found at:
<https://usagym.org/pages/aboutus/pages/governance.html>



R. SIGNATURES

Each athlete and coach participating in the process for selecting the 2025 Senior Pan American Championships Team as outlined in these selection procedures has carefully reviewed, understands, and acknowledges the terms of the selection procedures. That understanding and acknowledgment are reflected by the signature of the athlete and coach below.

Athlete

Date

Parent (if athlete is under 18 years of age)

Date

Coach

Date