



2025 CONFERENCE CAROLINAS INDIVIDUAL EVENT FINALS

Overall Individual Event Championships

LIMESTONE (LU)	8
BELMONT ABBEY (BAC)	2
WINGATE (WU)	2
LANDER	1
CONVERSE (CU)	1
MARS HILL (MHU)	1

Five-Element Acro

Team	Participants	SV	Score
1. LANDER	Cayden Groome, Jaedien Irizarry, Morgan Axiotis, Riley Wolters	9.95	8.975
2. COKER	Lelia Brozowski, Kaylin Francavilla, Tanner Bellush	10.00	9.550
3. LU	Morgan Bramble, Kaila Gamaldo, Alex Long, Abbie Henderlight	10.00	9.700

Six-Element Acro

Team	Participants	SV	Score
1. MHU	Zoey Franklin, Kerry Hampson, Lia Whitman, Katelynn Huffman, Nasiri Mond, Karrington Lacy, Ashlyn Seredich, Reese Goldberg	10.00	4.950
2. LU	Kacie Kier, Kaila Gamaldo, Ansley Fields, Alycia Lefcowitz, Destiny McDonald, Anna Warring, Marlena Costanzo, Avery Keopke	9.90	8.525
3. LANDER	Ashlyn Shively, Alana Eckert, Erin Raper, Phoenix Woodard, Cayden Groome, Jaedien Irizarry, Kaleigh Cato, Danielle Kuusisto	9.85	8.500

Seven-Element Acro

Team	Participants	SV	Score
1. WU	Abigayle Heney, Elizabeth Funke, Amanda Stevens, Gabriella Miller	10.00	9.325
2. LU	Kacie Kier, Marlena Costanzo, Janai Brown	10.00	9.300
3. LANDER	Alana Eckert, Ashlyn Shively, Madison Owens, McCaffrey Owens	10.00	9.250

Inversion Pyramid

Team	Participants	SV	Score
1. COKER	Lelia Brozowski, Kaylin Francavilla, Chloe Hull, Jada Dalton, Reilly Dehner, Tessa Grudle, Tanner Bellush, Kayla Young, Anaya Eichelberger	9.70	9.450
2. LU	Kaila Gamaldo, Morgan Bramble, Alex Long, Janai Brown, Avery Keopke, Alycia Lefcowitz, Destiny McDonald, Ansley Fields, Anna Warring, Abbie Henderlight	9.80	9.450
3. CU	Nia Jackson, Julia Petz, Hannah Baker, Esha Nagireddi, Jannelle Horton, Chloe Cleland, Hanna Baker	10.00	9.875

Synchronized Pyramid

Team	Participants	SV	Score
1. COKER	Hannah Helms, Amber Garcia, Tessa Grudle, Chloe Hull, Ella Sansoucy, Lelia Brozowski, Kaylin Francavilla, Anaya Eichelberger, Kayla Young, Alexa Baggett	10.00	9.325
2. LANDER	Alana Eckert, Cayden Groome, Kaleigh Cato, Avery Marquis, Phoenix Woodard, Riley Wolters, Erin Raper, Ashlyn Shively, Za'Ria Walker, Madison Owens	10.00	9.175
3. LU	Ainsley Corstuble, Alex Long, Kayleigh Walz, Janai Brown, Abbie Henderlight, Marlena Costanzo, Morgan Bramble, Destiny McDonlad, Avery Keopke, Alycia Lefcowitz	10.00	9.375

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Open Pyramid

	Team	Participants	SV	Score
1.	MHU	Kerry Hampson, Lia Whitman, Jocelyn Wente, Zoey Franklin, Karrington Lacey, Katelynn Huffman	10.00	9.425
2.	WU	Abigayle Heney, Bella Crapis, Helen Molina, Gabriella Miller	10.00	9.925
3.	LU	Kacie Kier, Marlana Costanzo, Destiny McDonald, Abbie Henderlight, Avery Keopke, Janai Brown	10.00	9.725

450 Salto Toss

	Team	Participants	SV	Score
1.	MHU	Sasha Galinsky, Ashlyn Seredich, Karrington Lacy, Lia Whitman, Katelynn Huffman	9.90	9.525
2.	LANDER	Kaleigh Cato, Cayden Groome, McCaffrey Owens, Alan Eckert, Avery Marquis	9.90	8.850
3.	LU	Kaila Gamaldo, Kacie Kier, Alex Long, Anna Warring, Janai Brown	9.90	9.300

Synchronized Toss

	Team	Participants	SV	Score
1.	COKER	Anna Kate Barrier, Bailey Greene, Chloe Hull, Anaya Eichelberger, Kaylin Francavilla, Olivia Sison, Tessa Grudle, Reilly Dehner, Jada Dalton, Micha Cunningham	9.40	8.225
2.	LANDER	Ashlyn Shively, Rhianna Philcox, Madison Owens, Casey Sutherland, Riley Wolters, Kaleigh Cato, Cayden Groome, McCaffrey Owens, Alana Eckert, Avery Marquis	9.40	8.200
3.	LU	Kaila Gamaldo, Kacie Kier, Alex Long, Anna Warring, Janai Brown, Marlana Costanzo, Destiny McDonald, Abbie Henderlight, Avery Keopke, Alycia Lefcowitz	9.00	8.325

Open Toss

	Team	Participants	SV	Score
1.	MHU	Zoey Franklin, Bobbie Russell, Jocelyn Wente, Kerry Hampson, Reese Goldberg	9.50	8.575
2.	COKER	Olivia Sison, Tessa Gudle, Reilly Dehner, Jada Dalton, Micah Cunningham	9.90	8.625
3.	LANDER	Ashlyn Shivley, Rhianna Philcox, Madison Owens, Casey Sutherland, Riley Wolters	9.90	8.875

Duo Tumbling

	Team	Participants	SV	Score
1.	LANDER	Phoenix Woodard, Jaedien Irizarry	9.25	7.850
2.	COKER	Anna Kate Barrier, Olivia Sison	9.55	5.925
3.	LU	Kacie Kier, Kaila Gamaldo	9.75	8.750

Trio Tumbling

	Team	Participants	SV	Score
1.	KING	Makenzie Templeman, Kinsee Storer, Caroline Etter	8.75	6.825
2.	BAC	Meagan Henry, Deanna Woolard, Madison Quinlan	8.75	7.975
3.	LU	Jade Gerhard, Kylynn Hanson, Avery Keopke	8.75	7.925

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Quad Tumbling

	Team	Participants	SV	Score
1.	LU	Abby Shifflett, Alex Long, Sanaa Newberry, Anna Warring	8.00	6.625
2.	KING	Bridget Sweeney, Alexa Mathews, Carrington Coffey, Brooklyn Arant	8.00	6.475
3.	BAC	Tia Fluellen, Madison Quinlan, Audra Kaiser, Sarah Brady	8.00	7.425

Aerial Tumbling

	Team	Participants	SV	Score
1.	LANDER	Morgan Axiotis	9.55	7.425
2.	KING	Caroline Etter	10.00	7.850
3.	LU	Kacie Kier	10.00	9.750

Six-Element Tumbling

	Team	Participants	SV	Score
1.	WU	Chloe Parker	9.60	8.875
2.	LU	Avery Keopke	9.55	8.950
3.	LANDER	Phoenix Woodard	9.20	8.050

Open Tumbling

	Team	Participants	SV	Score
1.	LANDER	Jaedien Irizarry	10.00	6.225
2.	COKER	Olivia Sison	10.00	9.300
3.	LU	Kaila Gamaldo	9.90	9.650