

USA GYMNASTICS CHAMPIONSHIPS 2026

RHYTHMIC ELITE PODIUM TRAINING SCHEDULE

WEDNESDAY, JUNE 24

	WARM-UP	FIELD OF PLAY (MUSIC)
9:00-10:00	NSR (1), GRA (1),EVR (1) PRI (2), CAR (2)	
10:00-11:00	BUR (5), NRA (2)	NSR (1), GRA (1),EVR (1) PRI (2), CAR (2)
11:00-12:00	AB (6), PRA (1)	BUR (5), NRA (2)
12:00-1:00	NWR (1), PS (6)	AB (6), PRA (1)
1:00-2:00	ASP (3), RA (4)	NWR (1), PS (6)
2:00-3:00	USA Senior Group	ASP (3), RA (4)
3:00-4:00	BUR (5), ISA(2)	USA Senior Group
4:00-5:00	IK (4), RAL (3), VIT (1)	BUR (5), ISA (2)
5:00-6:05		IK (4), RAL (3), VIT (1)