

USA Gymnastics Trampoline & Tumbling Program

ELITE MOBILITY REQUEST

Youth, Junior, Intermediate, and Senior Elite

Required for mobility between the following levels:

- Level 10 → Youth Elite
- Level 10 → Junior Elite
- Level 10 → Intermediate Elite
- Level 10 → Senior Elite
- Open → Intermediate Elite
- Open → Senior Elite
- Junior Elite → Senior Elite
- Intermediate Elite → Senior Elite

Use one form for each athlete. Copy as needed. INCLUDE RESULTS FROM THE MEET AT WHICH THE ATHLETE REACHED THE MOBILITY SCORE. Requests without results will be denied.

Scan/Upload and submit mobility form, videos, and meet results to:

<https://www.dropbox.com/request/SePoMlekxo4l0mXP1ROd>

ATHLETE INFORMATION

Team: _____ USA Gym #: _____

Athlete Name: _____

Date of Birth: _____ Age (as of December 31st): _____

USA Gym #: _____ Previous Level _____ New Level _____

COACH CONTACT INFORMATION

Coach Name: _____

Coach Email: _____ Coach Phone Number: _____

TRAMPOLINE

- Did the athlete achieve the mobility score at the lower level per the mobility process outlined in the R&P:

YES _____ NO _____

- Meet where USA Gymnastics Championships qualifying scores at the lower level were met:

Meet Name: _____ Meet Dates: _____ Score: _____

DOUBLE MINI

- Did the athlete achieve the mobility score at the lower level per the mobility process outlined in the R&P:
YES _____ NO _____
- Meet where USA Gymnastics Championships qualifying scores at the lower level were met:

Meet Name: _____ Meet Dates: _____ Score: _____

TUMBLING

- Did the athlete achieve the mobility score at the lower level per the mobility process outlined in the R&P:
YES _____ NO _____
- Meet where USA Gymnastics Championships qualifying scores at the lower level were met:

Meet Name: _____ Meet Dates: _____ Score: _____

COACH INFORMATION

Coach Name: _____

Coach Signature: _____ Date: _____

Coach Phone: _____ Coach Email: _____

