

# T&T Round Table: "New Cycle, New Rules"

## 2/2/22 Meeting Notes

### Elite

- Intermediate / Senior: have the exact same rules, the only difference is the ages included in each level.
- Rules for all Elite levels: Intermediate and Senior both follow FIG rules directly, but there are some modifications to Junior and Youth Elite levels which are designed to best develop athletes.
- Finals for all Elite levels: all Finals start from 0 (new life).
- IE & SE all disciplines: Athletes may not repeat skills within each round of competition specifically (within Qualifications, or within Finals). At Gym Champs for Tumbling and Double Mini, you cannot repeat between F1 and F2. However, athletes can repeat skills between Qualifications and Finals. {[FIG CoP 15.1-2, 15.5](#)}.
- Qualification to Gym Champs: Athletes must do two sanctioned eligibility competitions, AND 2/3 of State Championships / Regional Championships / Elite Challenge, AND qualify. National Team athletes do not have to qualify (hit the score) on the event they are an NT member on, but they do still have to complete the other participation requirements. {[R&P Section 6 II.A](#)}.
- TRA elite mobility: there is no longer a minimum D score to hit, only a Final score. {[R&P Section 6 I.C.8.a](#)}. Scores are listed both with and without ToF options - if ToF is used at the competition, it must be included in the mobility application.
- TUM and DMT elite mobility: there is a minimum D score and Final score that both must be hit. {[R&P Section 6 I.C.8.b-c](#)}.
- Qualification 2: Q2 will not be used for any meets in the US – just Q1 and Finals.
- Finals Format: The F1 / F2 format will only be used for Tumbling and Double Mini at Gym Champs. In this case, F1 and F2 will run back-to-back – after F1 the top 4 will compete again immediately in F2. {[Elite TUM & DMT Special Requirements 1](#)}.
- Mobility Open to Senior Elite: this has now been added to the R&P. You can also mobilize from Open to Intermediate Elite, if the athlete is aged 17-21. {[R&P Section 6 I.C.8](#)}.
- TRA Second Routine: If an athlete chooses not to compete their second pass, they do not have to salute. The coach should let the CJP know that they will not be performing their second pass.
- IE and SE TUM: Rules are per FIG – {[Elite DMT Special Requirements 1.1](#)}. There is no additional twisting or double salto requirement, or a minimum difficulty.

- IE & SE TUM: a skill is considered repeated regardless of the preceding element it is (e.g. a roundoff double layout and a whip double layout are the same element). Flic-flacs, whip backs, roundoffs and full twists are exempt from the repetition rule. {[FIG CoP 15](#)}.
- IE & SE DMT: a skill is considered repeated regardless of where it is performed on the equipment (e.g. a mounter half out and spotter half out are the same element).

## **Development**

- Development Level 9-Open: All Finals are cumulative, not new life.
- Level 9 DMT: The description of one skill has been changed for consistency, from “720 rotation” to “one double somersault over the two routines”. The intent has not changed. {[Development DMT CoP 3.7](#) and [DMT routine summaries](#)}.
- Level 4 DMT: All resources indicate a mounter tuck jump – this is correct; athletes may not choose mounter or spotter. {[Development DMT CoP 3.3.6](#) and [DMT routine summaries](#)}.
- Score Calculation: There are either two E scores added together OR three E scores averaged and doubled OR the median of three E scores doubled, for a total of 20.0. {[Development TRA CoP 4.4](#), [Development TUM CoP 4.4](#), [Development DMT CoP 4.4](#)}
- Only one athlete in an age group: If there is only one competitor in an age group, they can compete in the next oldest age group. This is at the discretion of the Meet Director and the Coach, who should both agree.

## **Technical and Competition Format (applicable to all levels)**

- Start time: Will be applied per FIG for all levels. The 1 minute (trampoline) or 20 seconds (tumbling /double mini) starts when the CJP salutes the athlete. Common sense will apply and safety is the priority, for example smaller flights may need additional time to prepare after the 1-touch. Coaches should approach the CJP if an athlete needs more time – please do not have the athletes turn their back on the judges in an attempt to delay a start.
- Flashing Scores: Because of the way that scores are now calculated (2 or 3 judges), it may not be possible to flash E scores. Difficulty, penalties, and the number of valid elements will be flashed. Judges should leave up for entirety of next pass (until the next score is flashed). Coaches should watch for that information, but if it is missed, coaches can ask the CJP at the end of the flight. The Meet Director should have flashcards available at every single meet (even with electronic scoring).

- Multiple athletes: If coaches have multiple athletes competing at the same time on different events, common sense should be applied. If necessary, one athlete can wait for the coach to be present. Communication from the coach to the CJP to let them know of the situation is key.
- Events staff: Staging people must have a volunteer membership (this includes a background check (this may be through a 3<sup>rd</sup> party) and Safe Sport). Volunteers not in contact with athletes (e.g. results data enterers) do not require a volunteer membership. Medical providers must comply with the medical policy. Athletes under 18 do not require the background check and Safe Sport. {[R&P Section 4 I.L](#)}.
- Adaptive Program: There is a new Adaptive Program intended to run alongside the Development Program, for athletes who want to compete within the Development Program rules but need specific modifications to be able to do so. Coaches will fill in a form and submit to the TC for approval of their proposed modification(s) {[Adaptive Program - Competition Rule Modification Request](#)}
- TRA Time of Flight: ToF is not required for invitationals. There is a webinar designed to assist with troubleshooting Veriflite ToFs. {[Webinar link](#)}
- TRA warmup time: This is 45 seconds from the time the athlete steps on the trampoline (not from the start of jumping. This will be applied, and it will probably not be enough to complete a full routine.