



## **TRAMPOLINE & TUMBLING RULES & POLICIES**

### **Section I. USA Gymnastics Overview**

Purpose, Mission, Code of Ethical Conduct, Membership Types, Residency, Foreign Athletes

### **Section II. Operating Code**

T&T Committee Structure, Terms, Elections

### **Section III. State and Region Procedures**

Procedures for State and Region Association Activities, Positions, Responsibilities

### **Section IV. Sanction & Competition Procedures**

Obtaining a Sanction, Types of Competitions, Facility Specification, Equipment Specifications

### **Section V. Development Program**

Rules for Divisions, Qualifications, Mobility

### **Section VI. Elite Program**

Rules for Divisions, Qualification, Mobility, JR/SR National Team, Elite Reinstatement

### **Section VII. Education and Certification – Judges**

Judges Education, Certification Requirements and Process

### **Section VIII. Education and Certification – Coaches**

Coaches Education, Certification Requirements and Process

### **Section IX. Competition Guidelines**

Rules and Guidelines for Each Competition Type

### **Section X. Program Directory**