



## SECTION VI: ELITE PROGRAM

### I. Program Description

#### A. Purpose

The Elite Program's purpose is to provide developmental and competitive Trampoline, Tumbling, and Double-Mini opportunities and provide a pool of talented athletes for national and international competitions. The Trampoline & Tumbling Elite Committees (ECs) regulate the USA Gymnastics Elite Program.

#### B. Divisions

1. There are five divisions within the Elite Program: Youth 11-12, Youth 13-14, Junior, Intermediate, and Senior.
2. Athletes must meet the age requirements on 31 December in the year of competition to compete in their respective Elite division.
3. Elite divisions:

Divisions	Ages
Youth Elite	11-12
Youth Elite	13-14
Junior Elite	15-16
Intermediate Elite	17-21
Senior Elite	17 & Over

#### C. Mobility System

1. Goals of the mobility system:
  - a. To increase access to elite mobility opportunities, while
  - b. Maintaining the quality and prestige of the elite program; and
  - c. Ensuring the development of the Team USA pipeline for high performance at international events.
2. The mobility system has two parts:
  - a. Athletes must demonstrate proficiency in the previous level.
  - b. Submission of required skill / drill / combination performed with proficiency.
    - i. [Click here](#) for video submission instructions,
    - ii. After both steps have been achieved, apply for mobility by registering in meet reservation (virtual competitions) to participate in a mobility sanction.
    - iii. Once registration is complete, a mobility request form and link to submit videos, results and details will be sent from [tmobiity@usagym.org](mailto:tmobiity@usagym.org).
    - iv. [Click here](#) for assessment criteria for skills / drills / combinations.
    - v. [Click here](#) for video examples of all skills / drills / combinations.
3. The following levels can be mobilized from -> to:
  - a. Level 10 -> Youth Elite
  - b. Level 10 -> Junior Elite
  - c. Level 10 -> Intermediate Elite
  - d. Level 10 -> Senior Elite

- e. Open -> Intermediate Elite
  - f. Open -> Senior Elite
  - g. Junior Elite -> Senior Elite
  - h. Intermediate Elite -> Senior Elite
4. Exceptions
- a. Junior & Senior National Team athletes may automatically advance to Senior Elite in their National Team discipline(s), provided they are age-eligible (min. 17 years old in the calendar year).
  - b. Athletes with medical reasons or other extenuating circumstances may apply to [ttmobility@usagym.org](mailto:ttmobility@usagym.org) for mobility outside of the usual window.
  - c. Elite athletes seeking reinstatement may apply for mobility outside of the usual window.
  - d. Foreign athlete elite verification may be applied for outside of the usual window (see Clause V below).
5. Qualification
- a. Athletes must meet the requirements in the qualification round two times at any two USAG sanctioned competitions with State and Regional Championships minimum panels. These competitions must take place over more than one weekend.
  - b. Qualification scores
    - i. Athletes must have achieved the qualification score to nationals in the level they are currently competing (Section VI, II.A.10).
    - ii. Movement from Youth Elite to Junior Elite, and from Junior Elite to Intermediate Elite is based on athlete age and does not have a mobility requirement.
    - iii. Qualification scores must be achieved no earlier than January 1 of the current year from the date of the mobility application, except in the case of applications in January or February, which can use scores achieved in the previous calendar year. Examples:
      - An athlete applies for elite mobility in September 2023: they must have hit the USA Gym Champs qualification score twice, any time from January 1 2023 to the date of application.
      - An athlete applies for elite mobility in February 2024: they must have hit the USA Gym Champs qualification score twice, any time from January 1 2023 to the date of application.
6. Mobility
- a. “Mobility windows” are offered each calendar month between July 1 until February 28. During the mobility window, an athlete must submit required skills / drills / combinations via video, along with results as outlined in Section V.
  - b. Videos can be filmed any timed during the calendar year. They must be date and time stamped. However, videos can only be submitted during a mobility window.
  - c. Athletes must complete the mobility table for the division of their current age (i.e., age as at December 31 of the year at the closing date of the mobility window) (for example, a Level 10 11-12 athlete wanting to mobilize in October 2024 will do the YE 11-12 mobility table).
7. Mobility Submission
- a. Mobility must be submitted by the last day of each month (July-February), and results will be provided by the 15<sup>th</sup> of the following month.
  - b. Trampoline elite mobility skills
    - You must complete one option from every line in the table.
    - Skills separated by a comma are a sequence and must be performed together.
    - Single skills and final skills of connections may be done onto a throw mat.

- Skills to back must be done alone (not proceeded by another skill). Skills to feet can be accompanied by a back tuck or barani before.

i Level 10-> Youth Elite 11-12 M

1)	700o (FB)				
2)	700< (FB)				
3)	801o				
4)	801<				
5)	30/, 42o (FB)	or	30/, 42< (FB)		
6)	30/, 53o	or	30/, 53<	or	30/, 53/
7)	800o				
8)	800<				

ii Level 10 -> Youth Elite 11-12 F

1)	700o (FB)				
2)	700< (FB)				
3)	801o				
4)	801<				
5)	30/, 42o (FB)	or	30/, 42< (FB)		
6)	30/, 53o	or	30/, 53<	or	30/, 53/
7)	800o				
8)	800<				

iii Level 10 -> Youth Elite 13-14 M

1a)	702o (FB)	or	720o (FB)
1b)	702< (FB)		720< (FB)
2a)	803o	or	821o
2b)	803<		821<
3)	710o (FB)		
4)	710< (FB)		
5)	811o	or	811<
6)	801<, 800o, 801o, 800<		

iv Level 10-> Youth Elite 13-14 F

1a)	702o (FB)	or	720o (FB)
1b)	702< (FB)		720< (FB)
2a)	803o	or	821o
2b)	803<		821<
3)	710o (FB)		
4)	710< (FB)		
5)	800/		
6)	801<, 800o, 801o, 800<		

v Level 10 -> Junior Elite M

1)	803<, 800o, 803o	or	821<, 800o, 821o	or	821/, 800o, 821o
2)	801<, 811o, 801o, 800<				
3a)	730o (FB)	or	721/ (FB)	or	712o (FB)
3b)	730< (FB)				712< (FB)
4a)	30/, 800o (FB)				
4b)	30/, 901o				

vi Level 10 -> Junior Elite F

1)	803<, 40/, 803o	or	821<, 40/, 821o	or	821/, 40/, 821o
2)	801<, 800o, 801o, 800<				
3a)	710o (FB)	or	710< (FB)		
3b)	811o		811<		
4)	30/, 800o (FB)				

vii Level 10/Open -> Intermediate Elite M

1)	803<, 800o, 803o	or	821<, 800o, 821o	or	821/, 800o, 821o
2)	801<, 811o, 801o, 800<				
3a)	730o (FB)	or	721/ (FB)	or	712o (FB)
3b)	730< (FB)				712< (FB)
4a)	30/, 800o (FB)				
4b)	30/, 901o				

viii Level 10/Open -> Intermediate Elite F

1)	803<, 40/, 803o	or	821<, 40/, 821o	or	821/, 40/, 821o
2)	801<, 800o, 801o, 800<				
3a)	710o (FB)	or		or	710< (FB)
3b)	811o				811<
4)	30/, 800o (FB)				

ix Level 10/Open -> Senior Elite M

1)	803<, 811<, 803o, 811o				
2)	821<, 811<, 821o, 811o				
3)	801<, 831<	or	801<, 822/		
4)	12001o, 811<				
5)	12001<				
6a)	702o (FB)	or	720o (FB)		
6b)	702< (FB)		720< (FB)		

x Level 10/Open -> Senior Elite F

1)	803<, 811<, 803o	or	821<, 811<, 821o	or	821/, 811<, 821o		
2)	730o (FB)	or	730< (FB)	or	712o (FB)	or	712< (FB)
3)	801<, 811o, 801o, 811<, 801<, 800/						
4)	12001o	or	822/	or	831<	or	823/
5a)	702o (FB)		or	720o (FB)			
5b)	702< (FB)			720< (FB)			

xi Junior Elite/Intermediate Elite -> Senior Elite M

1)	803<, 811<, 803o, 811o				
2)	821<, 811<, 821o, 811o				
3)	801<, 831<	or	801<, 822/		
4)	12001o, 811<				
5)	12001<				

xii Junior Elite/Intermediate Elite -> Senior Elite F

1)	803<, 811<, 803o	or	821<, 811<, 821o	or	821/, 811<, 821o		
2)	730o (FB)	or	730< (FB)	or	712o (FB)	or	712< (FB)
3)	801<, 811o, 801o, 811<, 801<, 800/						
4)	12001o	or	822/	or	831<	or	823/

c. Tumbling Elite Mobility Skills

- You must complete every line in the table
- All requirements must be done on a rod floor to a hard landing
- Requirements may be done from any number of steps or power hurdle unless otherwise specified
- A skeleton pass is an 8-skill pass with one or more layouts performed in skills 2-6.
- Dismounts must be performed from ^ or F, and any number of preceding skills

i Level 10-> Youth Elite 11-12 M

1) Skeleton pass	Minimum 4 somersaults to 4/		
2) Transition combo	(^ F ^ F ^ ^		
3) 8 skill pass	( 2 ^ ^ ^ F F 4/	or	( 2 ^ ^ ^ ^ F 4/
4) Dismount element	Minimum DD 2.0		

ii Level 10 -> Youth Elite 11-12 F

1) Skeleton pass	Minimum 4 somersaults to 4/		
2) Transition combo	(^ F ^ F ^ ^		
3) 8 skill pass	( 2 ^ ^ ^ F F 4/	or	( 2 ^ ^ ^ ^ F 4/
4) Dismount element	Minimum DD 2.0		

iii Level 10 -> Youth Elite 13-14 M

1) Skeleton pass	Minimum 4 somersaults to 4/		
2) Transition combo	Power hurdle, (^ F ^ F ^ ^		
3) 8 skill pass	( 2 ^ ^ ^ F F 4/	or	( 2 ^ ^ ^ ^ F 4/
4) Dismount element	Minimum DD 2.2		

iv Level 10-> Youth Elite 13-14 F

1) Skeleton pass	Minimum 4 somersaults to 4/		
2) Transition combo	Power hurdle, (^ F ^ F ^ ^		
3) 8 skill pass	( 2 ^ ^ ^ F F 4/	or	( 2 ^ ^ ^ ^ F 4/
4) Dismount element	Dismount with minimum DD 2.0		

v Level 10 -> Junior Elite M

1) Skeleton pass	Minimum 4 somersaults to dismount minimum DD 2.0		
2) Transition combo	Power hurdle, (^ F ^ F ^ ^		
3) 8 skill pass	( 2 ^ ^ ^ F F 4/	or	( 2 ^ ^ ^ ^ F 4/
4) Dismount element	Minimum DD 2.2		

vi Level 10 -> Junior Elite F

1) Skeleton pass	Minimum 4 somersaults to 4/		
2) Transition combo	Power hurdle, (^ F ^ F ^ ^		
3) 8 skill pass	( 2 ^ ^ ^ F F 4/	or	( 2 ^ ^ ^ ^ F 4/
4) Dismount element	Minimum DD 2.2		

vii Level 10/Open -> Intermediate Elite M

1) Skeleton pass	Power hurdle, minimum 5 somersaults including 3 layouts		
2) Transition combo	Double transition with minimum DD 2.4 to ^ (^ may land on the landing mat)		
3) 8 skill pass	Double transition with minimum DD 2.0 to a dismount minimum DD 2.0		
4) Dismount element	Minimum DD 2.8		

viii Level 10/Open -> Intermediate Elite F

1) Skeleton pass	Minimum 4 somersaults to dismount minimum DD 2.0		
2) Transition combo	Power hurdle, (^ F ^ F ^ ^		
3) 8 skill pass	( 2 ^ ^ ^ F F 4/	or	( 2 ^ ^ ^ ^ F 4/
4) Dismount element	Minimum DD 2.2		

ix Level 10/Open/Junior Elite/Intermediate Elite -> Senior Elite M

1) Skeleton pass	Power hurdle, minimum 5 somersaults including 3 layouts		
2) Transition combo	Double transition with minimum DD 2.8 to ^ (^ may land on the landing mat)		
3) 8 skill pass	Double transition with minimum DD 2.4 to a dismount minimum DD 2.4		
4) Dismount element	Minimum DD 3.2		

x Level 10/Open/Junior Elite/Intermediate Elite -> Senior Elite F

1) Skeleton pass	Minimum 4 somersaults to dismount minimum DD 2.2		
2) Transition combo	Power hurdle, (^ F ^ F ^ ^		
3) 8 skill pass	( 2 ^ ^ ^ F F 4/	or	( 2 ^ ^ ^ ^ F 4/
4) Dismount element	Minimum DD 2.4		

d. Double Mini Elite Mobility Skills  
 i Level 10-> Youth Elite 11-12 M

1) Flat back drill	700o Mount to flat back to minimum 12" mat stack					
2) Mounter building drill	32o to flat back to min 24" mat stack	or		32/ to flat back to min 24" mat stack		
3) Skill 1 pass development	801o Mount to mat	or	801o Spotter to mat	or	800o Spotter to mat	
4) Connection proficiency	Pass minimum DD 3.6					

i Level 10 -> Youth Elite 11-12 F

1) Flat back drill	700o Mount to flat back to minimum 12" mat stack					
2) Mounter building drill	32o to flat back to min 24" mat stack	or		32/ to flat back to min 24" mat stack		
3) Skill 1 pass development	801o Mount to mat	or	801o Spotter to mat	or	800o Spotter to mat	
4) Connection proficiency	Pass minimum DD 3.6					

ii Level 10-> Youth Elite 13-14 M

1) Flat back drill	700o Mount to flat back to minimum 24" mat stack					
2) Mounter building drill	702o to flat back to min 24" mat stack	or		720o to flat back to min 24" mat stack		
3) Skill 1 pass development	801< Mount to mat	or	801< Spotter to mat	or	800< Spotter to mat	
4) Connection proficiency	Pass minimum DD 4.8					

iii Level 10-> Youth Elite 13-14 F

1) Flat back drill	700o Mount to flat back to minimum 24" mat stack					
2) Mounter building drill	700< Mount to minimum 24" mat stack					
3) Skill 1 pass development	801< Mount to mat	or	801< Spotter to mat	or	800< Spotter to mat	
4) Connection proficiency	Pass minimum DD 4.4					

iv Level 10 -> Junior Elite M

1) Flat back drill	702< to flat back to min 24" mat stack	or	720< to flat back to min 24" mat stack				
2) Mounter building drill	803o Mounter to mat	or	821o Mounter to mat				
3) Skill 1 pass development	41/, 820<	or	41/, 820/	or	41/, 811<	or	41/, 802/
4) Connection proficiency	Pass minimum DD 5.6						

v Level 10 -> Junior Elite F

1) Flat back drill	700< to flat back to min 24" mat stack	or	700o to flat back to min 32" mat stack				
2) Mounter building drill	702o to flat back to min 24" mat stack	or	720o to flat back to min 24" mat stack				
3) Skill 2 pass development	41/, 820o	or	41/, 820<	or	41/, 811o	or	41/, 800/
4) Connection proficiency	Pass minimum DD 4.8						

vi Level 10/Open -> Intermediate Elite M

1) Flat back drill	702< to flat back to min 24" mat stack	or	720< to flat back to min 24" mat stack		
2) Mounter building drill	803o Mounter to mat	or	821o Mounter to mat		
3) Skill 2 pass development	41/, 820/	or	41/, 802/	or	41/, 822o
4) Connection proficiency	Pass minimum DD 6.0				

vii Level 10/Open -> Intermediate Elite F

1) Flat back drill	700< to flat back to min 24" mat stack	or	700o to flat back to min 32" mat stack				
2) Mounter building drill	702o to flat back to min 24" mat stack	or	720o to flat back to min 24" mat stack				
3) Skill 2 pass development	41/, 820o	or	41/, 820<	or	41/, 811o	or	41/, 800/
4) Connection proficiency	Pass minimum DD 5.2						

viii Level 10/Open/Junior Elite/Intermediate Elite -> Senior Elite M

1) Skill 1 development	11000o to flat back to min 24" mat stack	or	720/ to flat back to min 24" mat stack				
2) Skill 2 development	41/, 822/	or	41/, 813<	or	41/, 831<	or	41/, 12000o
3) Mounter control	821<, 40<	or	821/, 40<	or	12001o, 40<		
4) Connection proficiency	Pass minimum DD 7.2						

ix Level 10/Open/Junior Elite/Intermediate Elite-> Senior Elite F

1) Flat back drill	702< to flat back to min 24" mat stack	or	720< to flat back to min 24" mat stack		
2) Mounter building drill	803 (o, <, /) Mounter to mat	or	821 (o, <, /) Mounter to mat		
3) Skill 1 pass development	41/, 820/	or	41/, 802/	or	41/, 811<
4) Connection proficiency	Pass minimum DD 5.6				

8. Mobility assessment

- a. To mobilize to an Elite level, coaches must first register an athlete to the respective mobility intake window via meet reservation on USA Gymnastics website. Then they will receive further instructions from [tmobility@usagym.org](mailto:tmobility@usagym.org). The Elite Program Chair must approve mobility before the athlete is eligible to compete at the higher level.
- b. Mobility will receive a pass/fail assessment. All lines of the mobility must be completed for mobility to be achieved.
- c. Mobility will be assessed independently by a Judges Council member and a designated Elite level coach. Training will be conducted in how to judge mobility skills (particularly those that are drills rather than competitive elements), and all assessors must have taken this training.
- d. Equipment should meet the minimum standards set in the R&P, or be the equipment used for that athlete's day-to-day training. It may not provide any additional advantages to standard competition equipment (e.g. landing into a pit, additional matting) except where indicated.

9. During the Elite mobility season, an elite athlete must compete in their new level at a USAG sanctioned competition in the competitive season (USAG membership season) following their mobility window. If they do not complete this, then the mobility loses its value.
10. Downward mobility
  - a. Under certain circumstances, an athlete may move down a level from SE to Intermediate or Open.
    - i Downward mobility may only occur through the invitational season, not during championship season.
    - ii Coach must submit a formal written request to the Elite Committee Chair.
    - iii The Elite Committee Chair must approve the request.
    - iv Downward mobility will only be granted for extenuating circumstances, for example significant injury or hardship. This must be addressed in the application.
    - v Should an athlete wish to return to their original level after competing in the lower level, they are required to re-mobilize.
    - vi Athletes who compete at a new level and then drop down to a previous level without the permission of the State chair or Elite Chair will have to remobilize and all previous results at the higher level will be null and void.
  - b. For movement from Elite to Level 10 or Open, see Section V, I.D.11.

#### **D. Competition Rules**

1. The rules used in the Elite Competition are the FIG rules with special requirements based on the developmental needs of the USAG Trampoline & Tumbling Program. The current FIG Code of Points and the U.S. Elite T&T Special Requirements may be found online at their [respective sites](#).
2. Athletes may not compete more than once at a single level at any sanctioned meet for the purposes of qualification or mobility.
3. Where F1/F2 format is used, F2 athletes are not announced until all F1 results are verified.

## **II. Elite Qualification to USA Gymnastics Championships**

### **A. Qualification Procedures**

- “Senior National Team” refers to Senior National Team members only.
- “Junior National Team” refers to Junior National Team members only.
- “National Team” refers to both Senior and Junior National Team members.

All athletes competing at the Elite level are eligible to enter USA Gymnastics Championships provided they have met the following criteria:

1. Competitors must compete in at least two (2) USAG Trampoline & Tumbling sanctioned eligibility competitions, in addition to the qualifiers designated by the Program Committee, during the current competition season, which begins on August 1 of each year.
2. Athletes who are injured or unable to compete may salute in order to gain eligibility at the sanction competitions prior to USA Gymnastics Championships. All competition fees must be paid, the athlete is not eligible for awards, but should show in the competition results.
3. State Championships may be used as an eligibility competition for all Elite level athletes. Athletes who use State Championships as an eligibility competition may not also have their scores used as qualification scores to the USA Gymnastics Championships. An elite athlete must use State Championships solely as an eligibility competition or a qualification competition.
4. Regional Championships may be used as an eligibility competition for all Elite level athletes. Athletes who use Regional Championships as an eligibility competition may not also have their scores used as qualification scores to the USA Gymnastics Championships. An elite athlete



must use Regional Championships solely as an eligibility competition or a qualification competition.

5. The athlete's personal coach must submit competition results to the State Chairman to determine eligibility for qualification to USA Gymnastics Championships or Stars & Stripes Championships.
6. Competitors must compete in only one (1) division per discipline. For example, an athlete can compete as a Senior Elite in Trampoline and an Intermediate Elite in Tumbling but never as a Senior Elite AND an Intermediate Elite in Tumbling.
7. Entries to USA Gymnastics Championships must be at the same level at which the athlete qualified at the last competition he/she attended. For example, if an athlete qualified as a Junior Elite in the first competition, but competed as a Senior Elite in the next competition and did not reach the total score, the athlete is not qualified to enter the USA Gymnastics Championships as a Senior Elite.
8. Athletes must compete at two (2) of the three (3) qualification competitions as determined by the Elite Committee.
  - a. State Championships
  - b. Regional Championships
  - c. Elite Challenge
9. The competitors must qualify at the State Championships or Regional Championships for the state/region in which the competitor's club is a member. Athletes with extenuating circumstances may apply to compete in another state or region. The petition must be sent to the Regional Chair, and will be voted upon by the Regional Chair, relevant committee (Development or Elite) Chair and Athlete Representative. All rules and/or directives of the replacement competition must be abided by.
  - a. Athletes participating in another State or Regional Championships may do this only for the purposes of achieving a qualification score and/or eligibility. They are not eligible to receive State or Regional Champion titles.
10. Athletes must meet the requirements in the qualification round at one of the qualification competitions as follows:

a. Trampoline

<b>Division</b>	<b>R1+R2 Total Score (incl. ToF)</b>
YE 11/12 Female	81.3
YE 11/12 Male	81.3
YE 13/14 Female	83.8
YE 13/14 Male	84.3
Junior Female	85.8
Junior Male	88.3
Intermediate Female	46.9 *
Intermediate Male	47.9 *
Senior Female	47.9 *
Senior Male	51.2 *

\* IE 17-21 and SE will follow FIG SE rules, with only 1 routine to count

b. Tumbling

<b>Division</b>	<b>R1+R2 Total Score</b>
YE 11/12 Female	40.1
YE 11/12 Male	40.1
YE 13/14 Female	40.2

YE 13/14 Male	41.0
Junior Female	41.0
Junior Male	42.1
Intermediate Female	41.0
Intermediate Male	42.1
Senior Female	42.8
Senior Male	44.2

c. Double Mini

<b>Division</b>	<b>R1+R2 Total Score</b>
YE 11/12 Female	43.5
YE 11/12 Male	43.5
YE 13/14 Female	44.5
YE 13/14 Male	45.5
Junior Female	45.5
Junior Male	46.0
Intermediate Female	46.0
Intermediate Male	47.0
Senior Female	47.0
Senior Male	50.0

11. Elite Synchronized pairs must qualify as individual trampoline athletes and declare themselves as a synchronized pair by the USA Gymnastics Championships entry deadline.
12. Elite Regional Champions will not have automatic qualification to USA Gymnastics Championships.
13. Current Senior National and Junior National Team members do not have to qualify to the USA Gymnastics Championships in the event(s) in which they were named to the team providing they comply with the eligibility requirements above. In other events, they must qualify using the established procedures.
  - a. Junior National Team members who age out of Junior Elite in the year they are on the Junior National Team must qualify for USA Gymnastics Championships by one of the following methods:
    - i Aging up to Intermediate Elite and qualifying as an Intermediate Elite
    - ii Aging up to Intermediate Elite, mobilizing to Senior Elite, and qualifying as a Senior Elite
    - iii Mobilizing to Senior Elite and qualifying as a Senior Elite
  - b. Senior & Intermediate athletes having been named to the previous year's Junior National team must qualify through the established procedures.
14. National Team member qualification
  - a. Current National Team members or invited non-National Team athletes who are participating at a National Team training camp, which conflicts with a USA Gymnastics Championships eligibility or qualification competition, may use their attendance at that National Team camp as substitution for the missed eligibility or qualification competition.
  - b. Current National Team members who are competing at a National Team assigned competition/event, which conflicts with a USA Gymnastics Championships eligibility or qualification competition, may use their attendance at that National Team assignment as substitution for the missed eligibility or qualification competition.
  - c. In all cases, this substitution must be approved by the Program Director prior to the National Team training camp or assigned event.
15. Intermediate and Senior Elite Session Qualification
  - a. 12 trampoline athletes per gender, and 10 tumbling / double mini athletes per gender qualify into the Premier qualification sessions – a maximum total of 64.

- i Qualification via:
  - Senior National Team members qualify automatically.
  - The remaining spots filled using each athlete’s best qualification score from Winter Classic and Elite Challenge (IE and SE both eligible)
  - If there are 3 or fewer athletes per gender/discipline (IE/SE combined) entered who did not qualify through the bullets above (decided at the entry deadline), those athletes will also be added to the Premier sessions.
- ii Scratches:
  - Scratches made between the entry deadline and late entry deadline: the next ranked athlete(s) will be moved into the Premier session, and if there are then 3 or fewer athletes remaining, the process in II.A.15. a.i. bullet 3 will apply.
  - Scratches made between the late entry deadline and one week prior to competition: the next ranked athlete(s) will be moved into the Premier session, however if there are then 3 or fewer athletes remaining, no further movements will take place.
  - Scratches made between one week prior to competition and 24 hours before competition: the next ranked athlete(s) will be offered the choice to move or remain in the afternoon session. no further movements will take place.
  - Scratches made 24 hours or less before competition: no further replacements will take place.
- b. The draw will be made following the USA Gymnastics Championships entry deadline. Any athletes entering after this deadline will compete in a non-premier qualification session.
- c. An Intermediate Elite athlete qualifying to a premier session may choose to decline that spot and compete in the afternoon session, at which time the next ranked athlete will be added to the premier session. The deadline to decline a premier session spot will be one week after the publication of qualifiers.
- d. Senior Elite finals will take place in a Premier session. Intermediate Elite finals will take place in a non-Premier session.

**B. Petitions to USA Gymnastics Championships**

1. The following athletes will be eligible to petition to USA Gymnastics Championships:
  - a. Athletes who competed in the same level in the same discipline at the previous USA Gymnastics Championships.
  - b. Athletes who competed in a lower level in the same discipline at the previous USA Gymnastics Championships, but aged into their current level (for example, YE 13-14 to JE; JE to IE). In this case, a video verification must be included with the petition, showing proficiency at the new level.
2. Athletes who competed in a lower level in the same discipline at the previous USA Gymnastics Championships, where mobility is required to compete in their current level (for example, IE to SE). are not eligible to petition to USA Gymnastics Championships.
3. Senior, Intermediate, Junior and Youth Elite athletes are required to have placed either 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup>, or the top fifty (50) percent, in the same discipline at the previous USA Gymnastics Championships, to be allowed to petition to participate in the current USA Gymnastics Championships.
4. The petition must be submitted in writing to the T&T Program Director using the [official form](#) as soon as possible after the athlete determines his/her inability to compete, and prior to the entry deadline. Petitions received after the entry deadline will be rejected. Athletes may not enter USA Gymnastics Championships until the petition is accepted (please allow up to 5 business days).

Entry to USA Gymnastics Championships will be at the price point and conditions applicable when the entry is accepted.

5. The petition must state the specific injury, illness, or unusual circumstance, which prohibits the athlete from competing in the qualifying event(s) (a salute is not considered competing for this purpose; however, a substandard performance is considered competing). In the case of a petition based upon an injury or illness, a signed and dated letter must accompany the petition from a physician on physician's letterhead that states the diagnosis, previous limitations, and clearance to compete in the USA Gymnastics Championships.
6. A \$25.00 non-refundable administrative fee must accompany the petition.
7. The Elite Committee Chair, Program Director and Athlete Selection Representative will decide petitions. Petitions will be considered as expeditiously as possible. The decision of the Elite Committee Chair, Program Director and Athlete Selection Representative is final.
8. Qualification events and trial events may have different petition requirements. Please refer to the event selection procedures for exact requirements.
9. The petitioner and his/her coach will be immediately notified once a decision has been reached.

### **III. National Team Program**

1. The National Team program seeks to create a year-round competitive and educational support system for coaches and athletes. [Click here](#) for the National Team selection procedures.

### **IV. Instatement & Reinstatement**

#### **A. Reinstatement**

Former USAG athletes may be reinstated to the Elite Level.

1. Reinstatement to the Elite levels for athletes that have been out for less than two full competitive cycles:
  - a. Athletes do not need to reinstate. They may enter the competition at the level previously competed prior to the injury or time off.
2. Reinstatement to the Elite levels for athletes that have been out for more than two full competitive cycles:
  - a. The athlete must submit an [Elite Athlete Reinstatement form](#) with all requested documentation to the current Elite Committee Chair.
  - b. After receiving acknowledgement that the current Elite Committee Chair has received the Elite Athlete Reinstatement form, the athlete may register to participate in a USAG sanctioned event at one level lower than their previous level.
  - c. Having competed in the lower level for at least two sanctioned competitions, a reinstated athlete may apply to mobilize to their original level (see section VI).

#### **B. Instatement**

1. U.S. resident athletes competing in Senior Elite in another country wanting to compete Senior Elite as a resident athlete within the U.S. system (i.e., not as a foreign athlete) are required to go through the elite mobility drill submission process, however they will not be required to complete the score requirements. This process will be known as foreign athlete elite verification. (Athletes who are already competing within the U.S. system as at August 1, 2023 will be grandfathered in).

## V. Elite Program Awards

Awarded annually at the USA Gymnastics Championships.

1. Milton B. Davis & George Nissen Trampoline Coach of the Year
  - a. This award is presented to the elite trampoline coach of the year. This award is named in honor of Coach Milton B. Davis & Trampoline Pioneer George Nissen.
  - b. Trampoline Coach of the Year will be decided on by athlete achievements throughout the competitive season.
  - c. This award will be presented at the USA Gymnastics Championships Senior Elite session.
2. James A. Rozanas Tumbling Coach of the Year
  - a. This award is presented to the elite tumbling coach of the year. This award is named in honor of James A. Rozanas, whose outstanding principles of competition, good sportsmanship and high morals set the standard and expectation of excellence for the tumbling community.
  - b. Tumbling Coach of the Year will be decided on by athlete achievements throughout the competitive season.
  - c. This award will be presented at the USA Gymnastics Championships Senior Elite session.
3. Bob Bollinger Double Mini Coach of the Year
  - a. The award is presented to the Double Mini Coach of the year. This award is named in honor of Bob Bollinger, whose career was defined by performance and demeanor of outstanding principles.
  - b. Double Mini Coach of the Year will be decided on by athlete achievements throughout the competitive season.
  - c. This award will be presented at the USA Gymnastics Championships Senior Elite session.
4. Trampoline Athlete of the Year
  - a. Trampoline Athlete of the Year will be decided on by athlete achievements throughout the competitive season.
  - b. This award will be presented at the USA Gymnastics Championships Senior Elite Session.
5. Tumbling Athlete of the Year
  - a. Tumbling Athlete of the Year will be decided on by athlete achievements throughout the competitive season.
  - b. This award will be presented at the USA Gymnastics Championships Senior Elite Session.
6. Double Mini Athlete of the Year
  - a. Double Mini Athlete of the Year will be decided on by athlete achievements throughout the competitive season.
  - b. This award will be presented at the USA Gymnastics Championships Senior Elite Session.
7. Star Service Award
  - a. This award is given annually by the USA Gymnastics Trampoline & Tumbling Program Committee
  - b. It is given in recognition to the individual whose selfless dedication to the sport and community of Trampoline & Tumbling creates the environment of growth and excellence. His or her service and stewardship exemplifies the volunteerism that is indispensable to the USAG Trampoline & Tumbling membership.
  - c. This is awarded at the USA Gymnastics Championships or the Stars and Stripes Championships; whichever is most appropriate for the individual named.

8. Sportsperson of the Year
  - a. The Sportsperson of the Year award is given to the Senior Elite athlete whose performance that year most embodies the spirit of sportsmanship and achievement – an athlete exhibiting the strongest positive voice of the discipline.
  - b. All elite T&T athletes competing at that year's USA Gymnastics Championships will be eligible to cast a ballot for this award.
  - c. USAG will solicit nominations with a deadline identified prior to USA Gymnastics Championships each year.
  - d. This award will be presented at the USA Gymnastics Championships Senior Elite Session.