



SECTION VIII: EDUCATION AND CERTIFICATION – COACHES

I. Coaching Requirements

1. Coaches who participate in a sanctioned event with their athletes must have the following requirements:
 - a. USA Gymnastics Competitive Coach membership (annually)
 - b. U101: Safety and Risk Management (every 4 years)
 - c. U100: Fundamentals of Gymnastics Instruction
 - d. T210: T&T Annual Update (annually, updated September)
2. Coaches age 18+ will also need:
 - a. Background check
 - b. U110: U.S. Center for SafeSport course (annually)
 - c. U112: Tough Coaching or Emotional Abuse Course
 - d. Concussion education acknowledgement