



USA Trampoline & Tumbling
Development Program Clarification

The development Committee was asked to clarify Levels 8 and 9 1st Voluntary routine.

The requirements appear listed as:

Level 8

Maximum of 3 Non-somersaulting Elements

7 Elements with Min of 270° Rotation

Must Contain: 3/4 Back Somersault; Cody or 3/4 Front; Barani Ballout Free

Maximum Element DD 0.9

Level 9

Maximum of 2 Non-somersaulting Elements

8 Elements with Minimum 270° Rotation

Must Contain: 3/4 Back Somersault; Cody or 3/4 Front; Barani Ballout Free

Maximum Element DD 1.3

Both levels present the same requirements in terms of skills which are the 3/4 Back Somersault, Cody or 3/4 Front, Barani Ballout Free

This has caused some discussion at the end of the quad since some coaches believed that any skill containing the portion requested above would meet the requirements listed.

The DP Committee after discussion believes that execution of a skill that exceeds the requirements does not meet the requirements requested. We believe that the language can be improved for the next quad to remove any doubts. To summarize, the skills eligible are:

- 3/4 Back Somersault Tuck (3-o)
- 3/4 Back Somersault Pike (3-<)
- 3/4 Back Somersault Straight (3-/)
- Cody Tuck (5-o)
- Cody Pike (5-<)
- Cody Straight (5-/)

- 3/4 Front Tuck (3-o)
- 3/4 Front Pike (3-<)
- 3/4 Front Straight (3-/)
- Barani Ball Out Tuck (51o)
- Barani Ball Out Pike (51<)
- Barani Ball Out Straight (51/)

All positions are free positions to be used, so any of those skills can be performed in the Tuck, Pike and Straight position, what is not possible is to add rotation or twisting to the skill changing their FIG numeric calculation.

The Committee in conversation with several coaches has noticed a change in the way coaches are reading the rules. Coaches are approaching the rules with the view of “It doesn’t say you cannot do that”, instead of looking for what it is requested to be done.

For the future, the FIG numeric will show as well in front of the skills requested making the reading more streamlined and objective.