

USA Gym Champs - T&T Open Training BOK Center

Tuesday, June 23, 2026

- Time: 7:30 am – 8:00 pm
- Levels: Youth, Junior, Intermediate & Senior Elites

Wednesday, June 24, 2026

- Time: 7:30 am – 6:30 pm
- Levels: Youth, Junior, Intermediate & Senior Elites

Thursday, June 25, 2026

- Time: 7:30 am - 12:00 pm
- Levels: Intermediate & Senior Elites

Friday, June 26, 2026

- Time: 9:00 am – 12:00 pm
- Levels: Intermediate & Senior Elites

Saturday, June 27, 2026

- Time: 9:00 am – 12:00 pm
- Levels: Senior Elite