



NATIONAL DEVELOPMENT PROGRAM COMMITTEE MEETING

Monday, May 15, 2023

OMNI Oklahoma City – Oklahoma City, OK

Meeting was called to order by National Development Program Committee Chair Tom Koll at 5:30 pm.

Roll Call:

| | | |
|--|--------------------|-------------|
| Region 1 | Shane McIntyre | Voting |
| Region 2 | Tiffany Quincy | Voting |
| Region 3 | Rich Villarreal | Voting |
| Region 4 | Paige Roth | Voting |
| Region 5 | Kittia Carpenter | Voting |
| Region 6 | Jamie Winkler | Voting |
| Region 7 | Linda Johnson | Voting |
| Region 8 | Brad Harris | Voting |
| National Development Program Committee Chair | Tom Koll | Non-voting* |
| Women's Development Program Director | Christy Naik | Non-voting |
| National Xcel Committee Chair | Claudia Kretschmer | Non-voting |
| Xcel Program Manager | Heather Ould | Guest |
| AAI | Terry Williams | Guest |

*Casts a vote only in the case of a tie or acclamation.

1. Regional nominations for the National Program of the year:

- Region 1: Olympus – (UT)
- Region 2: Ascend (WA)
- Region 3: Metroplex (TX)
- Region 4: Flips (MN)
- Region 5: Buckeye (OH)
- Region 6: Elite Gymnastics Academy (MA)
- Region 7: World Class (VA)
- Region 8: Sonshine (NC)

Congratulations to the National Program of the Year – World Class Gymnastics (R7)

Unless otherwise noted, the following clarifications and recommendations for change are effective for the 2023–2024 season, scheduled to begin August 1, 2023.

2. Recommendation: Allow Level 4 athletes the ability to move directly to Level 6 by obtaining a minimum All-Around score of 36.00 at two separate USA Gymnastics sanctioned Level 4 competitions. Scores may be used starting with the results from the 2022–2023 competition season. Tracking these results will be determined by each State Administrative Committee.

Motion: Shane McIntyre (R1)
 Second: Kittia Carpenter (R5)

PASSED

3. Recommendation: Allow two (2) options for the Level 5 Uneven Bar dismount; an athlete can perform the current Level 5 dismount of a flyaway, allowing a 10.0 Start Value (SV), or they can perform the Level 4 dismount of TAP SWING FORWARD WITH ½ (180 degree) TURN, only allowing a 9.5 SV.

Motion: Brad Harris (R8)
 Second: Jamie Winkler (R6)

PASSED



4. ~~Recommendation: Revert Level 2 Floor Exercise backward roll requirement to landing in a tucked position as opposed to landing in a push-up position.~~
Motion: Tiffany Quincy (R2)
Second: Jamie Winkler (R6)
FAILED
5. Recommendation: Add to the [Women's Program Rules & Policies \(R&P\)](#) regarding additional warm-up equipment being brought to sanctioned events; Additional warm-up and spotting equipment may be brought to a USA Gymnastics sanctioned competition. Exception: Members may NOT bring their own alternate skill cushion or "pit pillow". Additional equipment is NOT required to remain at any specified event and MUST be manufactured by a recognized equipment manufacturer.
Motion: Rich Villarreal (R3)
Second: Brad Harris (R8)
PASSED
6. Recommendation: Add to the *Women's R&P* to reflect the allowance of a "pit pillow" for Vault warm-ups: If available (NOT REQUIRED): An alternate skill cushion made of softer foam (maximum 4 ft. x 6 ft. x 8 in.) is allowed at all sanctioned meets for Levels 8, 9, and 10 for WARMUPS ONLY to perform a "timer" for a Salto Vault.
Motion: Shane McIntyre (R1)
Second: Rich Villarreal (R3)
PASSED
7. Recommendation: Add to the *Women's R&P* to reflect the allowance of a "pit pillow" to be used as a landing surface on the mat stack for Level 7 Vault. The language should read the same as what is currently stated for Bars: An alternate skill cushion made of softer foam is allowed at invitationals and is REQUIRED at State Championships and above. The mat MUST be a ~~minimum~~ maximum of 4 ft. x 6 ft. and 8 inches.
Motion: Paige Roth (R4)
Second: Kittia Carpenter (R5)
PASSED
8. Recommendation: Remove the allowance of a small "junior board" / preschool type board (35-5/8"x23-5/8"x9-1/2") for all Development Program levels, including removing all instances of the word "junior board" from the *Women's R&P* and *Women's Program Code of Points*. Level 1 – 3 may use an alternative (trampoline-type) springboard (required at competitions).
Motion: Linda Johnson (R7)
Second: Paige Roth (R4)
PASSED
9. Recommendation: Require AAI EVO Elite Uneven Bars at Level 9 Eastern and Westerns and Level 10 National Championships – effective **2025–2026 season**.
Motion: Kittia Carpenter (R5)
Second: Brad Harris (R8)
PASSED
10. Recommendation: Allow chalk only (no tape) on hand placement mat.
Motion: Tiffany Quincy (R2)
Second: Shane McIntyre (R1)
PASSED



11. Recommendation: Utilize language from Vault regarding loose foam pits and add it to both Bars and Beam: Uneven Bars and Balance Beam apparatus set up over a loose foam pit is NOT ALLOWED FOR COMPETITIONS, unless the entire area (mount / dismount) is covered by a stable (wooden or metal) surface. Exception – UB and BB apparatus set up over a Resi pit is allowable if the landing surface is deemed firm by the Meet Referee and Meet Director prior to competition. All competition matting specifications must be met when utilizing either of these options.

Motion: Linda Johnson (R7)

Second: Kittia Carpenter (R5)

PASSED

12. Recommendation: Require Meet Directors to utilize a “bye” at State Meets and above when there are 5 or less athletes per squad.

Motion: Kittia Carpenter (R5)

Second: Brad Harris (R8)

PASSED

13. Recommendation: Accept the following proposals brought forward by the Administrative Committee:

- a. Request to the Development Program Committee to allow replacement athletes to the Level 10 All-Star session at Dev Nationals up to Thursday at 12:00 am EST prior to the competition.

Motion: Linda Johnson (R7)

Second: Rich Villarreal (R3)

PASSED

- b. Request to the Development Program Committee to remove the requirement of designating athletes as Individual Event Specialist (IES) prior to State meets for Level 9 & 10 athletes.

Motion: Jamie Winkler (R6)

Second: Brad Harris (R8)

PASSED

DISCUSSION – The committee discussed the following topics, but NO ACTION was taken:

1. Beam matting – Unless a larger (same width as CLM) 8-inch mat is available at a sanctioned competition, coaches need to be aware of the risk to athlete safety when placing a regular sized 8-inch mat under the Beam.
2. Development Program athletes representing another country in an international competition – additional community education needed on the Foreign Elite athlete petition process, as found in Chapter 2 of the *Women's R&P*.
3. All-Star session: The committee agrees that all 4 sets of apparatus should continue to be used with 16 judges (8 per side). Additional research needed on ways to not separate into East and West sides.
4. Level 6 Vault landing position – possibility of allowing athletes to land on back without contacting the mat with feet first. No change was made, and this is still not allowed.
5. Level 7 Vault landing surface – A reminder that a sting mat is allowed to be used on top of the Mat Stack to allow for a softer landing surface.

Meeting adjourned – 9:30 pm.