

## WOMEN'S XCEL / Technical Committee Joint MEETING Daytona Beach, FL

Meeting was called to order by Claudia Kretschmer (NXCC) and Cheryl Hamilton (TC) 8:00 PM on Tuesday, May 18, 2021.

#### Roll Call:

	Xcel Committee	Women's Technical Committee
National Chair	Claudia Kretschmer	Cheryl Hamilton
Region 1	Jill Preston	Gigi lavarone
Region 2	Dianne Palmer	Linda Mulvihill
Region 3	Louise Janecky	Carole Bunge – absent Wed.
Region 4	Megan Robinson Bankole	Linda Thorberg
Region 5	Nancy Gibson	Char Christenson
Region 6	Gail Caspare	Pat Panichas
Region 7	Jane Caruso, Jen Skorski (incoming-Zoom]	Myra Elfenbein
Region 8	Elaine Wulf, Pam Kitchen (incoming)	Marian Dykes
	WDPD – Christy Naik	WDPTD - Connie Maloney

# The following clarifications and recommendations for change are effective August 1, 2021, unless otherwise stated.

### VAULT

 Recommendation to add the following deduction to the Gold, Platinum and Diamond Vault Deductions Chart: Support/Repulsion Phase - Legs Bent (in support) or Early Tuck (Salto Vaults) .... up to 0.30

Motion: Dianne Palmer

Second: Pat Panichas

Passed

- 2. The following Vault issues were agreed to by both Committees as wording clarifications.
  - a. The number of guaranteed vaults for a Division listed at the bottom of the Vault Rules Chart is the MINIMUM number of vaults a gymnast must receive in TIMED Warm-ups. If the time expires without some gymnasts receiving the minimum number of guaranteed vaults, those gymnasts are permitted to "finish" their warm-up.
  - b. NEW Level 3 Vault deductions and how they apply to Silver Vault
    - 1) Xcel <u>adopts</u> the following Level 3 Vault deductions for the 2021-2022 Season:
      - a) Pike deduction (each phase) .... up to 0.50
      - b) Arch deduction (each phase) .... up to 0.30
      - c) Landing in a sitting, lying, or standing position on top of the mat stack after passing through the vertical plane (Fall on the apparatus)  $\dots 2.00 + 0.50$  Fall=2.50
      - d) Failure to land on any part of the bottom of the feet first .....<u>2.00 (includes the fall)</u>
    - 2) Xcel <u>DOES NOT adopt</u> the following L3 Vault deduction:
    - Too long in support... up to 0.50; Xcel deduction will remain.... up to 0.30



- c. Xcel will NOT have any run/board contact deductions for Bronze Vault and will continue to NOT have a deduction for hands outside of the "landing zone". Bronze vault mats are not required to have a line.
- d. Xcel Vaults & Development Program Compulsory Vaults that are the same vault will have the same verbiage.
- 3. Vault considerations to begin with the 2022-2023 season. This 2022-26 Xcel Code information is being released early to allow coaches and gymnasts time to train these vaults if they desire to use them.
  - Recommendation to add Vault # 4.101 Round-off, flic-flac on repulsion off (Yurchenko timer to the feet) to the Platinum Division Vault Chart in the 2022-2026 Xcel Code of Points. Motion: Gail Caspare
    Second: Loui Janecky
    Passed
  - b. Recommendation to add Vault # 4.102 Round-off, flic-flac on repulsion off with ½ (180°) turn (Yurchenko timer with a ½ (180°) twist off to the feet) to the Platinum Division Vault Chart in the 2022-2026 Xcel Code of Points. Motion: Jill Preston
    Second: Loui Janecky
    Passed

### BARS

- 1. Additional wording will be inserted in the Uneven Bars Chapter to make it clearer that one element may fulfill more than one Special Requirement if not specifically prohibited in the Special Requirement description
- 2. Changing wording on Bars Rules Chart, Clarifications
  - a. Change to: "When a skill is preceded by a cast, both the cast and the skill MAY receive separate VP credit if the cast achieves the Division angle requirement."
  - b. All the "Exceptions:" listed remain applicable.

### BEAM

Xcel paper Code, BEAM-8, B, 2, f. in reference to skills with the same number that meet the criteria to be considered different skills, reword to:

"f". The Acrobatic elements (with OR without flight) take off or land on one or both legs. Additional EXAMPLES:

- Cross Handstand step-down to lunge and Side handstand straddle down are two <u>different</u> elements.
- Cross Handstand step-down to lunge and Cross Handstand pike down to 2 feet are two <u>different</u> elements.
- Cross Handstand step-down to lunge and Side Handstand step-down are the same element

Meeting Adjourned, May 18, 2021, at 9:30 pm.