USA GYMNASTICS WOMEN'S DEVELOPMENT PROGRAM VAULT VALUES FOR LEVELS 6 / 7 / 8

Effective August 1, 2022– July 31, 2026 Revised 7.1.2023

<u>LEVEL 6 & 7</u> - ONLY THE FOLLOWING THREE VAULTS ARE ALLOWED AT LEVEL 6/7; ALL VALUED AT 10.0

1.111	Front Handspring entry onto Table, to arrive on mat stack on the feet in a straight body position with tight arch in the upper back; arm position optional	
3.116	1/4 - 1/2 twist on (Tsukahara Entry) onto Table, to arrive on mat stack on the feet (Level 6/7) or on the back (Level 7 only) in straight-hollow body position; arm position optional	
4.111	Round-off entry (Yurchenko) onto Table, to arrive on mat stack on the feet (Level 6/7) or on the back (Level 7 only) in straight-hollow body position; arm position optional	

LEVEL 8 - ONLY THE FOLLOWING GROUP 1 / 3 / 4 / 5 VAULTS ARE ALLOWED AT LEVEL 8:

AT LEVEL 8:				
# in DP Code	Name of specific Allowable Vault	Value		
1.101	Handspring	9.0		
1.102	Handspring → ½ twist	9.1		
1.103	Yamashita	9.0		
1.104	Yamashita → ½ twist	9.1		
1.105	$\frac{1}{2}$ twist $\rightarrow \frac{1}{2}$ twist OR	9.2		
4 400	$\frac{1}{4}$ twist $\Rightarrow \frac{3}{4}$ twist	0.0		
1.106	1/4 - 1/2 twist → repulsion (with flight to feet)	9.0		
1.109 1.110	FHS onto board → Repulsion (with flight to feet)	9.1 9.2		
1.110 1.111	FHS onto board → Handspring ½ FHS onto board, ¼-½ twist → Repulsion (w/ flight to feet)	9.2 9.1		
1.201 1.202	Handspring → 1/1 twist	9.5 9.7		
_	Handspring → 1½ twist			
1.203 1.205	Yamashita → 1/1 twist 1/2 twist → 1/2 twist OR	9.5 9.6		
1.205	1/2 twist → 1/2 twist OR 1/4 twist → 1/4 twist	9.6		
1.206	½ twist → 1/1 twist OR	9.4		
	1/4 twist → 11/4 twist			
1.207	1/1 twist → Handspring/Yamashita	9.5		
1.208	1/1 twist → ½ twist	9.7		
1.209	FHS onto board → Handspring 1/1	9.6		
<mark>1.211</mark>	FHS onto board, ½ twist → ½ twist OR	<mark>9.3</mark>		
	1/4 twist → 3/4 twist			
1.301	Handspring → 2/1 twist	10.0		
1.306	½ twist → 2/1 twist	10.0		
	1/4 twist → 21/4 twist			
1.311	FHS onto board, ½ twist → 1/1 twist OR	<mark>9.5</mark>		
	1/4 twist → 1 1/4 twist			
3.201	Tsukahara Tuck	10.0		
3.303	Tsukahara Pike	10.0		
4.101	RO, FF → Repulsion (with flight to feet)	9.0		
4.102	RO, FF → Repulsion ½	9.1		
4.201	RO, FF → 1/1 twist	9.4		
4.202	RO, FF → 1½ twist (Allen)	9.6		
4.203	RO, FF → Back Tuck	10.0		
4.304	RO, FF → Back Pike	10.0		
5.101	RO, FF ½ → Handspring	9.2		
5.102	RO, FF ½ → Handspring ½	9.4		
5.201	RO, FF $\frac{1}{2} \rightarrow \frac{1}{1}$ twist	9.6		
5.202	RO, FF $\frac{1}{2} \rightarrow \frac{1}{2}$ twist	9.8		
5.312	RO, FF $\frac{1}{2} \rightarrow \frac{2}{1}$ twist	10.0		