



Errata  
USA Gymnastics Women's Program Flipbook  
Compulsory, Optional, & Xcel

**1st Edition, 1<sup>st</sup> & 2<sup>nd</sup> Printing**

**August 26, 2025**

|                                        |                                                                                                                                                                                                                                                               |
|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| General; Chief Judge Deductions        | 2 <sup>nd</sup> column <b>0.50</b> No music/music with words                                                                                                                                                                                                  |
| General; Chief Judge Deductions        | Add <b>0.50</b> <b>Gymnast leaving the Floor Exercise mat during routine. This would not be in addition to a fall out of bounds or a fall immediately preceding gymnast leaving the floor for medical evaluation.</b>                                         |
| General; Equipment Failure             | Add examples of equipment failure <b>UB cable tension slips AFTER the coach has tightened AND BB end cap detaches while in the process of a dismount</b>                                                                                                      |
| General; Spotting UB/BB/FX             | Spots/Assists an element (L 1-5); Up to value of element + <u>0.50</u> spot; <b>exception L5 UB flyaway do not apply up to the value of element, only spot and execution errors</b>                                                                           |
| General; Spotting UB/BB/FX             | Spots/Assists an element (L 6-10, Xcel); remove last line reading <b>do NOT deduct 0.30 from SV for no dismount</b>                                                                                                                                           |
| General: Video Review                  | Video review by the MR and highest rated judge <b>unaffiliated with that event</b>                                                                                                                                                                            |
| Timing Procedures; All Events          | Medical Assessment: <b>All Events; If an athlete requires medical assessment due to injury, they may complete the routine and/or resume competition within the same session once medically cleared. A 30-second touch warm-up may be allowed upon return.</b> |
| Level 1-3 Vault; Run and Board Contact | Add <b>0.20</b> Failure to punch board/tramp simultaneously with two (2) feet                                                                                                                                                                                 |
| Level 4-5 Vault; General               | Add <b>0.20</b> Failure to punch board simultaneously with two (2) feet                                                                                                                                                                                       |
| Level 4/5 Vault; Landing               | <b>2.50</b> Remove Land on top of mat stack, add Land on top of <b>Vault table</b>                                                                                                                                                                            |
| Level 3 Floor Exercise                 | <b>BACKWARD ROLL TO ABOVE HORIZONTAL</b> Remove 45 <sup>a</sup> from title<br>Remove 45 <sup>a</sup> from deduction <b>↑0.20 fail to attain above horizontal</b><br>Change deduction to <b>0.20</b> Performs backward roll to HS                              |
| Optional General Faults & Penalties    | Very Large Faults Remove <b>0.30</b> Never initiates a salto on dismount (from SV) <b>No longer a deduction</b>                                                                                                                                               |
| Level 6/7 Vault                        | Support/Repulsion Phase; first deduction change spelling to <b>Tsuk</b>                                                                                                                                                                                       |
| Level 6/7 Vault                        | General Add <b>0.20</b> Failure to punch board simultaneously with two (2) feet                                                                                                                                                                               |
| Level 8-10 Vault                       | General Add <b>0.20</b> Failure to punch board simultaneously with two (2) feet                                                                                                                                                                               |

|                                                         |                                                                                                                                                                                                                                                                                        |
|---------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Level 9 & 10 Uneven Bars; Composition                   | Choice of elements, Add Fail to perform 2 elements that fulfill <b>2 out of 4</b><br><b>4. One single bar release (minimum of “D”)</b><br>No deduction Two out of <b>four</b> requirements<br>0.10 One out of <b>four</b> requirements<br>0.20 None out of <b>four</b> requirements    |
| Level 6/7 Balance Beam                                  | ALLOWABLE; remove words from last line <b>Allowable C and</b>                                                                                                                                                                                                                          |
| Level 6/7 Floor Exercise                                | ALLOWABLE; remove words from last line <b>Allowable C and</b>                                                                                                                                                                                                                          |
| Level 8-10 Floor Exercise                               | Composition; Choice of Acro Saltos not up to the level (UTL) Add to chart<br>Level 8- 0.20 no “B” Saltos <b>or less than above</b><br>Level 9- 0.20 no “C” Saltos <b>or less than above</b><br>Level 10- 0.20 no “D” Saltos <b>or less than above</b>                                  |
| Xcel General Faults & Penalties                         | Very Large Faults; Remove <del>0.30 Never initiates a salto on dismount (from SV)</del> <b>No longer a deduction</b>                                                                                                                                                                   |
| Bronze Vault; 1A Stretch Jump                           | Add <b>0.20</b> Failure to punch board/tramp simultaneously with two (2) feet                                                                                                                                                                                                          |
| Bronze Vault; 2 Jump to HS, Fall to Back                | Add <b>0.20</b> Failure to punch board/tramp simultaneously with two (2) feet                                                                                                                                                                                                          |
| Silver Vault; General                                   | Add <b>0.20</b> Failure to punch board/tramp simultaneously with two (2) feet                                                                                                                                                                                                          |
| Silver Vault; Support Phase                             | Add <b>↑1.00 Angle of contact</b><br><b>0.05-0.50 1°- 45° past vertical</b><br><b>0.55-1.00 46°- 89° past vertical</b>                                                                                                                                                                 |
| Gold/Plat/Diam/Sapp Vault; General                      | Add <b>0.20</b> Failure to punch board/(tramp-Gold ONLY) simultaneously with two (2) feet                                                                                                                                                                                              |
| Gold/Platinum/Diamond/Sapphire Vault Chart              | <b>Updated Vault values Gold-Sapphire</b> ; please refer to Xcel Appendix 2 online at usagym.org                                                                                                                                                                                       |
| Specific Xcel UB Execution Deductions                   | Small Faults <u>0.10</u> ; Remove Insufficient amplitude of Cast/ <del>Clear Support Element</del> from the Silver-Diamond and Sapphire deductions. Add bullet below <b>For clear support elements apply deductions based on element performed as applicable within each division.</b> |
| Uneven Bars Additional A Elements; Silver ONLY          | Add <b>#8.008</b> LB sole circle backward (tucked, piked, or straddled), circle around the bar $\frac{3}{4}$ (270°), with release and dismount to stand                                                                                                                                |
| Uneven Bars Additional A Elements; Gold & Platinum ONLY | Add <b>#8.009</b> HB sole circle backward (piked or straddled), circle around the bar $\frac{3}{4}$ (270°), with release and dismount to stand                                                                                                                                         |
| Uneven Bars Additional A Elements; Gold-Sapphire        | Add <b>#8.010</b> HB cast stoop through or swing forward back kip-up to brief support (touching HB with back of thighs), salto backward tucked, piked, or stretched                                                                                                                    |
| Sapphire Balance Beam; Special Requirement #3           | Add to Acro series with a min 1 flight skill (a min of 1 skill must achieve or pass through vertical) <b>or be a salto or aerial</b>                                                                                                                                                   |