



ELITE PROGRAM RULES & POLICIES

The Elite Program is designed to provide competitive experiences for athletes aspiring to the National Team. The National Teams (Senior and Junior) are selected from the USA Championships each year. Additional athletes will be added from the training camps as needed to represent the USA. These athletes represent the United States in international competitions.

The Talent Opportunity Program (TOPS) is directed by the International Elite Committee (IEC). This program provides early screening and identification of talented athletes. It offers State and National testing, camp opportunities, and educational materials for its participants.

HOPES and TOPS program athletes are NOT classified as "Elite" athletes.

Coaches' Representatives to the IEC are elected by their peers following the National Championships. The committee's main responsibility is to oversee National Team activities and develop a strong training program for aspiring athletes and coaches.

The Elite Program is administered through the national office. The USA Gymnastics High Performance Leadership Team, in conjunction with the Elite Developmental Program Director, appoints a TOPS State and/or Regional Manager(s) to develop and grow the Talent Opportunity Program within each state/region. Each state/region's TOPS Manager(s) should work closely with the SACC and SAC to promote the program.

For those clubs entering the Elite/HOPES Program for the first time, it is advised to visit [the website](#) for the most current and accurate information.

Please review the [International Elite Committee Minutes](#) for up-to-date information regarding the Elite, Elite Developmental, and TOPS Programs.

ELITE ATHLETE PARTICIPATION – DOMESTIC QUALIFYING EVENTS

Only athletes eligible to represent the United States in World Championships and the Olympic Games are permitted to compete in Qualifying or Selection events for the World Championship or U.S. Olympic Team. Athletes must be declared eligible based on USA Gymnastics and FIG regulations prior to any Qualifying events. Specifically, athletes who have represented another country in international competition, regardless of citizenship (Foreign Athletes), who are ineligible to represent the United States at World Championships, or the Olympic Games may not compete in Qualifying or Selection events for the team.

Qualifying events include Selection event(s) for World Championships or the Olympic Games, as well as preceding events that serve as the qualification pathway. Qualification events are detailed more specifically in the [athlete selection procedures](#) for World Championships and the Olympic Games in each discipline.

I. TYPES OF ELITE COMPETITIONS AND OPPORTUNITIES

A. COMPETITIONS

National Qualifying Competitions are open to all USA Gymnastics Athlete members who have the desire, dedication, and interest in pursuing the Elite Program. It is strongly recommended that any coach and athlete interested in competing at the Elite level participate in the TOPS and elite developmental programs. Please call USA Gymnastics with any questions concerning foreign athlete participation.

1. Compulsory and National Qualifiers are qualifying meets (by score) for Winter Cup and the Classic competitions. National Qualifier Meets are both compulsory and optional competitions.
 - a. All information regarding Elite meets, including results, will be posted on the [USA Gymnastics website](#). Elite Qualifying meet information must be available on the website at least four (4) weeks in advance of the competition date. The meet hosts are responsible for reporting the results by e-mail no more than 24 hours after the competition to the USA Gymnastics Women's Vice President at USA Gymnastics.
 - b. Interested gyms may conduct compulsory qualifying meets by request only. Requests should be sent to USA Gymnastics Women's Vice President - aheffernon@usagym.org. The compulsory qualifier request form may be found on the [USA Gymnastics website](#).
 - c. There will be designated National Qualifiers to qualify athletes for the Winter Cup and Classic competitions. Meet Directors of the National Qualifying Meets must send meet information to the USA Gymnastics office to be posted on the [USA Gymnastics website](#), which must be available at least four (4) weeks before the competition date.
 - d. National qualifiers will be conducted before Winter Cup and the Classic competitions.
 - e. There is no limit to the number of compulsory or optional attempts for qualification.

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2. NATIONAL COMPETITIONS

a. WINTER CUP, AMERICAN AND U.S. CLASSIC MEETS

- 1) Winter Cup will be conducted in conjunction with the men's event in late February.
- 2) An American Classic will be conducted before the U.S. Classic.
- 3) The U.S. Classic competition will be conducted two to three weeks before USA Championships.
- 4) Gymnasts qualified directly to a Classic meet are required to register and pay online by the deadline indicated.
- 5) The HOPES Classic competition is an Optional only competition and is conducted for HOPES level competitors. The meet serves as the qualification to the HOPES National Championships.
- 6) The HOPES National Championships will consist of the top 36 athletes, in rank order in the All-around, from the HOPES Classic meet. The next four athletes in rank order are the designated alternates in case of injury.
- 7) Winter Cup, American and U.S. Classics competitions are Optional competitions and are conducted for qualified Junior and Senior International Elite level competitors and serve as the qualification meets to USA Championships.

b. USA CHAMPIONSHIPS

- 1) USA Championships is Optional competition for the Junior and Senior International Elite level competitors.
- 2) The Women's Team Responsibility Manual is reviewed each year by the IEC and distributed to all athletes who make the U.S. National Team.

3. ENTRY FEES

- a. Compulsory only Meets: Recommended entry fee is \$75.00.
- b. National Qualifier and Classic Meets: Recommended entry fees are Compulsory - \$75.00 and Optional - \$125.00.
- c. There is no entry fee for USA Championships.
- d. Entry fees for Elite competitions are non-refundable within 30 days of the competition.

4. Competition Rules

- a. International Elite level competitions will adhere to FIG rules. Refer to the [FIG website](#) for changes in competition and matting rules, see the respective competition directives.
- b. Hopes division will adhere to modified FIG rules which are posted on the [website](#), under Women's Program – HOPES.
- c. Elements not listed in the *FIG Code of Points* must be submitted to the Technical Director in advance of the competition.
- d. Inquiries
 - 1) If, after the completion of the last event, an athlete's compulsory AA score is a maximum of 0.10 less than the Elite Compulsory qualifying score, the coach may submit an inquiry for the gymnast's lowest scoring event in order that the athlete be considered for qualification purposes. Any change of score is official and is included in the final results.
 - 2) If, after the completion of the last event, an athlete's optional AA score is a maximum of 0.10 less than the Hopes Classic, American Classic, and US Classic qualifying score, the coach may submit an inquiry for the gymnast's lowest scoring event in order that the athlete be considered for qualification purposes. Any change of score is official and is included in the final results.
 - 3) These processes listed above DO NOT APPLY:
 - for qualification to Hopes Championships.
 - for qualification to US Championships.
- e. For U.S. competitions, participants will follow the FIG apparel deduction stating, "The neckline of the front and back of the leotard/unitard must be proper, that is no further than half of the sternum and no further than the lower line of the shoulder blades."
- f. Coaches and athletes MUST wear club apparel when training or competing in the competition arena at Winter Cup, American Classic, U.S. Classic, and U.S. Championships.
- g. The judges will NOT apply the deduction listed below from the FIG Code of Points (Section 3, page 2) at U.S. domestic competitions. Coaches may not speak directly to the athlete or give coaching cues during the exercise (exception – during a fall the coach may speak with the athlete per the FIG Code of Points).

Behaviour of Coach with direct impact on the result/performance of the gymnast/team	
– Unsportsmanlike conduct (valid for all phases of the competition) i.e. unexcused delay or interruption of competition, speaking to active judges during the competition, speak directly to the gymnast, give signals, shouts (cheers) or similar during the exercise, etc.	1 st time – 0.50 (from gymnast/team at event) and Yellow card for coach (warning)
	1 st time – 1.00 (from gymnast/team at event) and Yellow card for coach (warning) if coach speaks aggressively to active judges
	2 nd time – 1.00 (from gymnast/team at event) Red card & removal of coach from the competition floor*
– Other flagrant, undisciplined and abusive behaviour (valid for all phases of the competition) i.e. incorrect presence of the prescribed persons in inner circle during competition and/or in the preparation of the apparatus, etc.	1.00 (from gymnast/team at event), immediate Red card & removal of coach from the competition floor*

- h. If an athlete withdraws from the competition on one or more events, she must inform the meet director and/or technical director as soon as practical to remain eligible to compete subsequent events and/or receive awards, if applicable



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5. AWARDS

Awards are given according to the following guidelines:

- a. No awards for compulsory competitions.
- b. HOPES Level:
 - 1) National Qualifiers, Classic and Championships All-around and Individual Event rankings are determined by the Optional scores only.
 - 2) National Qualifier: Medals awarded for each age division in the all-around and events: If there are 5 or less gymnasts competing, award first place. If there are 6 or more gymnasts competing, award first through third place.
 - 3) National Qualifiers: At the conclusion of each session announce the athletes who have reached the Classic optional qualification score.
 - 4) Classic and Championships competition: Six places will be awarded in each age category, unless the total number of athletes in each age division falls below 24. In that case, the number of places awarded will follow the Development Program guidelines.
- c. International Elite Level:
 - 1) National Qualifiers: Competitors will receive All-around medals based on the rankings from the Optional competition. If there are 5 or less gymnasts competing, award first place. If there are 6 or more gymnasts competing, award first through third place.
 - 2) National Qualifiers: At the conclusion of each session announce the athletes who have reached the classic optional qualification score.
 - 3) Classic competitions: All-around and Individual Event ranking is determined by Optional scores. Eight places will be awarded in each category, unless the total number of athletes in each age division falls below 24. In that case, the number of places awarded will follow the Development Program guidelines.
 - 4) USA Gymnastics Championships:
 - Individual Event champions are determined by combining the Optional event score from Day One and Day Two (50%-50%). Eight places will be awarded for individual events.
 - All-around Champions will be determined by combining the Optional AA scores from Day One and Day Two (50%-50%). Eight places will be awarded for the All-around.

B. CAMPS

All National Team Athletes are expected to attend camps and remain an active National Team Member. The athlete will maintain National Team status if she fulfills the National Team requirements as listed in the National Team Handbook.

Athletes competing in HOPES/Elite competitions, TOPS and Level 10 Nationals may be invited to attend training camps.

1. Coaches who believe their athlete is ready for the International Elite level competition or training camp program may request admission to a Training Camp by:
 - a) Contacting the Women's High-Performance Team at waghplt@usagym.org and providing:
 - 1) The gymnast(s)'s full name and age, the gym name, and the coaches' contact information.
 - 2) A video link containing:
 - Two (2) best Optional Skills or sections on Bars, Beam, and Floor
 - One (1) Optional Vault
 - b) If accepted, all costs associated with their attendance at camp are the responsibility of the gymnast and coach. Subsidies for these costs may be available and vary from year to year.
2. **Developmental (DEVO) Camps (athlete aged 13 years old or younger)**

These camps are for athletes AND coaches who are preparing for the Elite program and provide hands-on training to help each reach their potential. Coaches may request admission to a Developmental (DEVO) training camp program by:

 - a) Contacting the Women's High-Performance Team at waghplt@usagym.org and providing:
 - 1) The gymnast(s)'s full name and age, the gym name, and the coaches' contact information.
 - 2) A video link containing:
 - [Elite Compulsory Routines](#) commensurate to the age of the athlete
 - Two (2) best Optional skills on Bars, Beam, and Floor
 - Two (2) best Optional leaps, jumps, turns on Beam and Floor
 - One (1) Optional Vault
 - b) If accepted, all costs associated with their attendance at camp are the responsibility of the gymnast and coach.



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II. ELITE AGE DETERMINATION, MOBILITY, AND PETITIONS

A. ELITE AGE DETERMINATION

1. The age of an Elite or HOPES/TOPS athlete is determined as of December 31, in the year of the culminating meet for her level.
 - The respective Committees determine age requirements for the divisions and will be published in the Elite Qualification Chart.
2. A gymnast must provide her date of birth on the Entry Form.
3. A HOPES level gymnast is required to designate her level when entering a National Qualifier to be allowed to use the HOPES rules.
 - Exception: Due to modifications to the FIG requirements for the HOPES division, a HOPES age athlete trying to qualify for the international division may use an International FIG Optional score to qualify to the HOPES Classic in her appropriate age division.

B. LEVEL MOBILITY

1. For the purpose of qualification, the Elite competitive year begins with the conclusion of the USA Gymnastics Championships and ends with the beginning of the USA Gymnastics Championships the following year.
2. Any international level gymnast who starts the first Optional event at a Classic competition is considered an Elite gymnast and may not drop back to the Development Program in the same Elite competitive year.
3. Gymnasts may attempt to qualify in any level within the Elite Program throughout the Elite competitive year.
4. If a HOPES level gymnast qualifies to the HOPES Classic competition and then, within the same season, qualifies to the Junior International level for a Classic competition, she may enter either the HOPES Classic or the Junior International Classic level, but not both.
5. A gymnast attempting to qualify for the Junior International division may use a FIG Optional competition score from a National Qualifier to qualify to the HOPES Classic meet in the appropriate age division.
6. Athletes competing at the Junior International level in the national qualifiers may drop back to the HOPES level that corresponds to their age if they have not competed at the International level at a Classic meet.
7. A 13–14-year-old Hopes athlete who achieves the Junior qualification score at Hopes Classic must declare if she will compete in the Hopes Championships or as a Junior Elite at U.S. Classic prior to the beginning of the awards ceremony at Hopes Classic.
 - a. If the athlete declares that she will compete as a Junior Elite at U.S. Classic, she forfeits her qualification spot to Hopes Championships.
 - b. The athlete may NOT qualify to U.S. Championships from the Hopes Classic. She must achieve the U.S. Championships qualifying score at U.S. Classic.
 - c. If the athlete chooses to compete as a Junior Elite at U.S. Classic, she will be considered an Elite athlete and all drop-back rules to the Development Program will apply for 2022-2023.
8. Compulsory qualifying scores may be obtained at compulsory meets and National Qualifying meets. Optional qualifying scores may be obtained at the National Qualifiers without jeopardizing a gymnast's Development Program competitive status. Once a gymnast obtains a qualifying score, it remains valid for the entire Elite/HOPES competitive year.
9. An Elite gymnast may choose to return to the Development Program (Level 10) the following competitive year by sending a "reason for change" letter FROM HER COACH to the NDPCC.
 - a. All petitions must be received at least three (3) weeks prior to the Level 10 State Meet.
 - b. The NDPC will review the petition and the NDPCC will notify the coach of the acceptance/denial of the petition and will copy the respective SACC and RACC.
 - c. Accepted petitioned athletes may not re-enter the Elite/HOPES Program during that Elite competitive year.

C. INJURY REPLACEMENTS AT USA CHAMPIONSHIPS

1. If qualification to USA Championships is by score, there will be NO injury replacements.
2. If qualification to USA Championships is by placement:
 - a. All replacements will come in rank order from the U.S. Classic competition, providing the minimum qualifying score has been obtained.
 - b. Replacements may be made up until 24 hours prior to the start of competition.



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D. PROCEDURES FOR PETITIONING

Petitioning procedures are used when the athlete is unable to compete due to illness, injury, or extenuating circumstances; they are not intended to replace the qualification system. If a petition is denied, the athlete is ineligible to submit another petition for a higher-level meet.

1. USA Championships
 - a. No petitions will be considered for athletes obtaining an all-around score at a Classic competition.
 - b. Any athlete who has attended one or more Working, Developmental, or National Team training camps in the current year is eligible to submit a petition for consideration.
 - c. All athletes who are not able to compete in the All-around at Winter Cup or a Classic meet due to a previous injury but are planning to petition to Championships will be required to attend Winter Cup and/or a Classic and achieve the 2-event or 3-event qualification score to U.S. Championships unless the athlete has competed in a USA Gymnastics international competition during the current competitive year or verified at a National Team training camp within the current competitive year.
 - If submitting a petition to compete in the All-around at U.S. Championships, the athlete must show proof of readiness on the additional event(s) through video conference with one member of the Athlete Selection Committee (ASC) and one member of the High-Performance Leadership Team a minimum of seven (7) days prior to US Championships.
 - d. The petition must be sent to the Vice President of Women's Program prior to the Classic competition, unless the athlete is injured during the Classic competition. The petition must include:
 - 1) A written request from her coach, and/or her parent or guardian stating the reason for petition.
 - 2) A photocopy of the gymnast's All-around results from her most current Elite Meet(s).
 - e. A physician's written verification of the illness or injury and the date of release for return to activity must be included with all injury petitions.
 - f. The ASC will make all decisions regarding petitions for Classics/Championships.
 - 1) Decisions will be evaluated on an individual basis.
 - 2) The submission of a petition is not a guarantee of acceptance.
 - 3) The committee will consider the following areas when evaluating the petition:
 - a) Results from recent international and national competitions.
 - b) D (Difficulty) and E (Execution) Scores in comparison to the current Elite qualification chart. Note that, per event, the three-event score is higher than a four-event score.
 - c) World Class presentation.
 - d) Readiness to compete.
 - e) Physical capability to fulfill training plan as listed in the *Women's Responsibility Manual*.
 - g. The National Office, as instructed by the ASC, will notify the gymnast and her coach of the approval or denial of the petition.
 - h. There will be no other avenue for admittance to Championships outside of these petitioning procedures (i.e., video or pre-meet verification).
2. Winter Cup/Classics Petitions:
 - a. All current or former Elite athletes are eligible to submit a petition to Winter Cup or a Classic Meet.
 - b. All athletes who attended a training camp or have competed in a National Qualifying competition are eligible to petition.
 - c. Petitions should be sent, according to the above guidelines, to the Vice President of Women's Program for review by the ASC.
3. U.S. National Team NCAA athletes will be excused from National Team Camps scheduled between the conclusion of World Championships and the conclusion of NCAA Championships. To maintain U.S. National Team Status during this time;
 - a. The athlete must Zoom verify with the HPLT within one week before or after the scheduled National Team Camp and;
 - b. Must attend scheduled National Team Camps after the conclusion of NCAA Championships through World Championships of the current year.

III. ELITE QUALIFYING SCORES AND PROCEDURES

A. COMPETITION REQUIREMENTS FOR ELITE DIVISIONS

1. SCORE REQUIREMENTS:
 - a. All HOPES gymnasts must achieve the compulsory and optional qualifying score each year.
 - b. A HOPES gymnast wishing to advance to the International Elite level must obtain the International Compulsory qualifying score for that year.
 - c. Once a gymnast has passed the Compulsory requirement and has started her first optional event at a Classic competition, she is considered an Elite athlete, and her Compulsory score remains valid for the rest of her career.
 - d. Detailed qualification scores, rules and age group information are available on the Elite Qualification chart.



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- e. If a Hopes gymnast qualifies to Hopes Championships and achieves the following:
 - 1) Scores the Hopes Championships qualification score at Hopes Championships,
 - 2) Passes Elite Compulsory with the international score, plus one point.
 - She may use that compulsory score for the following Elite Season if she attempts to qualify as an International Elite. If the gymnast repeats Hopes or does not compete in the following Elite Season, she must achieve the required compulsory qualification score again.

2. QUALIFICATION MEETS

a. HOPES

- 1) Compulsory only meets
- 2) National Qualifiers - Compulsory and Optional competition
- 3) Classic competition - Optional scores will be used to determine both the All-around and Individual Event standings.
- 4) Qualifying Scores at the National Qualifiers will be determined by the IEC and will be posted on the USA Gymnastics website, in the Elite Qualification Chart.

b. Junior and Senior International Elite

- 1) Qualifying scores at the compulsory only meets and National Qualifiers (Compulsory and/or Optional)
 - a) Compulsory and Optional qualifying scores will be determined by the IEC and will be posted on the USA Gymnastics website, in the Elite Qualification Chart.
 - b) Any athlete who qualified and/or competed at the previous year's USA Championships may be automatically qualified to the next year's Classic competition. This will be determined by the IEC and will be posted on the USA Gymnastics website, in the Elite Qualification Chart.
- 2) Qualifying scores at the Classic competition - Optional competition (AA) - Optional qualifying scores will be determined by the IEC and will be published and posted on the USA Gymnastics website, in the Elite Qualification Chart.
- 3) Qualification scores may be obtained from a National Team training camp and/or National Team selection camp. Refer to the Elite chart for those scores and updated regulations.
- 4) A gymnast who is assigned by the ASC to represent Team USA in an international competition in the competitive season may utilize the score achieved from that competition to qualify to Winter Cup, American Classic, U.S. Classic, and/or U.S. Championships.

B. QUALIFICATION TO THE JUNIOR AND SENIOR NATIONAL TEAM

The National Team size can be up to 35 athletes. To address our country's needs and mirror the quad age requirements, the junior and senior team sizes will change each year. The Support Programs for the National Team Members will be included in the National Team Handbook and will be presented each year at the National Team Meeting after Championships.

- 1. The Junior and Senior National Team will be determined at the National Championships from the competition results and open slots assigned from among qualified athletes.
 - Open slots may be held by the ASC for later use, based upon the needs of the team.
- 2. The Junior and Senior National Team size will be determined by the IEC each year and will be posted on the USA Gymnastics website, in the Elite Qualification Chart.
- 3. If the IEC determines that additional slots on the National Team are to be added, this selection will be conducted by the ASC.
- 4. The Junior and Senior National Team are required to participate in National Team Training Camps throughout the year and are eligible to be selected to represent the U.S. in International competitions.
- 5. Selection procedures for Pan American Games, World Championships, and Olympic Games will be decided by the ASC, approved by the IEC, and posted on the USA Gymnastics website and distributed to current age-eligible National Team members.
- 6. To ensure that support funds are awarded to those athletes who are representing our country at the highest-level meets:
 - a. The Senior funding slots will be determined after the final selection of the World or Olympic Team and then the remaining slots will be awarded by the rank order at USA Championships.
 - b. The Junior funding slots will be determined from the rank order established at USA Championships.

IV. FOREIGN ATHLETE PARTICIPATION

- A. Foreign athletes without a green card may NOT participate in the following: TOPS National Teams; TOPS National Testing; National Elite Qualifier Competitions; Classic and National Championship competitions; Elite Developmental and National Team training camps.
- B. Foreign athletes that retain a US green card may participate in the following:
 - 1. TOPS National Camp
 - 2. National Testing
 - 3. Elite Developmental Camp
 - 4. National Elite Qualifier
 - 5. Classic Competitions



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- C. Any foreign athlete, with or without a US green card, who has represented her home country in competition or as a national team member must follow the FIG rules.
- D. Effective August 1, 2016, for athletes with dual Nationality: If the athlete represents a foreign country in an international competition, the athlete may NOT participate in the US Elite Program for a minimum of two Elite competitive years. For the purpose of qualification, the Elite competitive year begins with the conclusion of the USA Championships and ends with the beginning of the USA Championships the following year.

FIG Rules Pertaining to Foreign Athlete Participation:

37.2.1 Gymnasts who have represented their countries internationally

When a gymnast who has represented his/her country, moves to another country, and obtains citizenship (official nationality) of the latter country, he/she may – with the consent of the two Federations concerned and the Executive Committee – immediately represent the new country. FIG Statutes 2018 update PK 37 20171110_STATUTS_V02 2018_E.DOCX Where such consent is not granted, he/she may (with the consent of the Executive Committee) represent the new country one year after the date of the positive decision made by the Executive Committee. *

37.2.2. Dual Nationality

Where a gymnast or a judge has dual nationality, he/she may choose which country he/she wishes to represent but, having represented that country, he/she cannot also – except as provided for in paragraph 37.2.1 above – represent the other country in question.

V. TALENT OPPORTUNITY PROGRAM (TOPS)

The [Talent Opportunity Program \(TOPS\)](#) is an identification system that is implemented by the Elite Developmental Team Coordinator under the direction of the IEC. Its purpose is to assist the coach with early identification of potentially talented athletes, nurture and assist in the development of these athletes and their coaches, and to provide competitive opportunities.

A. AGE AND MEMBERSHIP REQUIREMENTS

- 1. Gymnasts must be registered Athlete Members of USA Gymnastics between the ages of 7 and 10.
- 2. Age is determined by December 31 of the year of the testing.

B. TOPS OPPORTUNITIES

1. PHYSICAL ABILITIES TESTING AND SKILL TESTING

- a. Physical Abilities will take place virtually via Zoom from **June through July**.
- b. Skills testing will take place at National Testing only.
- c. PDFs and videos of the 2024 routines can be found on [this page](#).

2. TOPS National testing - Physical Abilities and Skill Testing

- National TOPS testing will be conducted annually in **October**.

3. National TOPS Team Training Camp is offered to:

- a. Qualified athletes in the 8–10-year-old divisions.
- b. National TOPS Team Training Camp will be conducted annually in **December**.

4. An Invitational TOPS Training Camp will be conducted in **December. Those athletes who did not qualify to the TOPS National Team will be invited in rank order from the National Testing results to attend a training camp at their own expense. Additional open TOPS camps may be conducted throughout the year.**

5. TOPS Judging – Elite Compulsory rated judges are eligible to judge TOPS.

C. AWARDS

- 1. National Certificates and T-shirts are presented to all athletes participating at National Testing.
- 2. The National TOPS A Team is provided with a training camp (all expenses paid for each athlete) and apparel. Contact the Women's Elite Development Program Director for more information about the TOPS Program and testing dates.

VI. ELITE APPARATUS SPECIFICATIONS

Elite competitions are REQUIRED to comply with the FIG apparatus specifications, which can be accessed on the [FIG website](#). The Technical Packet for each specific event will provide the detailed apparatus specifications for that competition.