



NATIONAL DEVELOPMENT PROGRAM COMMITTEE MEETING

Monday, May 12 - Tuesday, May 13, 2025
Hilton Salt Lake City Center - Salt Lake City, UT

The meeting was called to order at 12:00 pm on 5/12/25 and 8:30 am on 5/13/25 by Tom Koll (NDPCC – National Development Program Committee Chair), who then presided over the meeting.

PRESENT:

- Region 1 Development Program Chair: JD MacDonald (Voting)
- Region 2 Development Program Chair: Tiffany Quincy (Voting)
- Region 3 Development Program Chair: Rich Villarreal (Voting)
- Region 4 Development Program Chair: Paige Roth (Voting)
- Region 5 Development Program Chair: Kittia Carpenter (Voting)
- Region 6 Development Program Chair: Jamie Winkler (Voting)
- Region 7 Development Program Chair: Linda Johnson (Voting)
- Region 8 Development Program Chair: Brad Harris (Voting)
- National Development Program Committee Chair: Tom Koll (Non-voting*)
 - Casts a vote only in the case of a tie or acclamation.
- National Xcel Committee Chair: Claudia Kretschmer (Non-voting)
- Women's Development Program Director: Christy Naik (Non-voting)
- Xcel Program Manager: Heather Ould (Guest)

ABSENT:

- 5/13 - Region 5 Development Program Chair: Kittia Carpenter (Voting)
- 5/13 - National Xcel Committee Chair: Claudia Kretschmer (Non-voting)
- 5/13 - Xcel Program Manager: Heather Ould (Guest)

2025 NATIONAL DEVELOPMENT PROGRAM OF THE YEAR

The Regional Development Program Committee Chairs (RDPPCs) presented the following regional nominations for the 2025 National Program of the Year:

Region 1: Gold Medal Gymnastics - Chandler, AZ

Region 2: Ascend Gymnastics - Auburn, WA

Region 3: AIM Athletics - The Woodlands, TX

Region 4: Twin City Twisters - Champlin, MN

Region 5: Olympic Dreams - Youngstown, OH

Region 6: *Tie:* Metro South Gymnastics Academy - Canton, MA / Galaxy Gymnastics - Orangeburg, NY

Region 7: World Class Gymnastics - Newport News, VA

Region 8: Brandy Johnson's Global Gymnastics - Clermont, FL

CONGRATULATIONS TO THE 2025 NATIONAL PROGRAM OF THE YEAR - AIM ATHLETICS TX (R3).

UNLESS OTHERWISE NOTED, THE FOLLOWING CLARIFICATIONS AND RECOMMENDATIONS FOR CHANGE ARE EFFECTIVE FOR THE 2025-2026 SEASON, SCHEDULED TO BEGIN AUGUST 1, 2025.

1. **RULES & POLICIES:** Recommendation to clarify the allowable placement of the Vault Mat Stack for Levels 1, 2, and 3: The mat stack may be placed on the floor, on the Vault runway, or on the competition landing mat (CLM).

MOTION: Paige Roth (R4)

SECOND: JD MacDonald (R1)

PASSED



2. **RULES & POLICIES:** Recommendation that the sting mat be included as an allowable component in the configuration of the Level 6/7 Vault Mat Stack to meet the required height—specifically, that the matting must be equal to or higher than the underside of the top of the vault table. Approved configurations may include any combination of:

- Competition Landing Mats (CLMs)
- Skill cushions
- Port-a-pits or inflatable mats
- Sting mats

An alternate skill cushion made of softer foam (minimum of 4 ft. x 6 ft. x 8 in.) does NOT count towards the required mat stack height but rather would be an addition once the required mat stack height has been achieved.

MOTION: Rich Villarreal (R3)

SECOND: Linda Johnson (R7)

PASSED

3. **RULES & POLICIES:** Recommendation to remove the height requirement for the Vault table at Levels 8-10 and update to reflect the same as Levels 4-7: Vault table: All age divisions may use any manufacturer setting, with a maximum of 135 cm (+ 1 cm).

MOTION: Paige Roth (R4)

SECOND: Rich Villarreal (R3)

PASSED

4. **RULES & POLICIES: AMENDMENT TO A PREVIOUSLY ADOPTED MOTION**

On motion by Brad Harris (R8), seconded by Linda Johnson (R7), the committee voted to amend the motion previously adopted on Monday, May 12, 2025, regarding *universal bar settings* by **only requiring the front slider to be fixed on the FIG (F) setting.**

The motion to amend was *adopted* by "a two-thirds majority".

The revised motion, as amended, now reads:

"Recommendation for Levels 4-10 at all sanctioned competitions to require the front Uneven Bars slider to be fixed on the FIG (F) setting."

MOTION: Brad Harris (R8)

SECOND: Linda Johnson (R7)

PASSED

~~**RULES & POLICIES:** Recommendation for Levels 4-10 Bar settings at all sanctioned competitions: update the allowable distance (spread) between the low and high bar to include only three (3) settings: small (FIG); medium (189 cm); large (195 cm).~~

~~**MOTION:** Brad Harris (R8)~~

~~**SECOND:** Linda Johnson (R7)~~

~~**PASSED**~~

5. **RULES & POLICIES:** Recommendation to update the Beam dismount matting requirements; for competitions held in outside facilities to include a minimum of 4 feet by 4 feet of padding between the end of the Beam and the under-Beam matting. This padding may consist of panel mats, carpet-bonded foam, or similar materials.

MOTION: Linda Johnson (R7)

SECOND: Tiffany Quincy (R2)

PASSED



6. **RULES & POLICIES:** Recommendation to update the additional matting allowed on Floor Exercise. At all sanctioned competitions, two (2) 4-inch mats will be allowed, replacing the previous allowance of one (1) 4-inch mat and one (1) 8-inch mat. The two (2) 4-inch mats may be stacked.

MOTION: Brad Harris (R8)

SECOND: Rich Villarreal (R3)

PASSED

7. **RULES & POLICIES:** Update the timed warm-up procedures for Level 9 and 10 Uneven Bars to apply to all sanctioned events (previously limited to State level and above):

- At any sanctioned event, if a Level 9 and/or Level 10 squad has fewer than five athletes (i.e., four or fewer) on Uneven Bars due to onsite scratches or unforeseen circumstances, an additional 2½-minute timed warm-up may be provided.
- This additional warm-up time must include bar settings.

MOTION: JD MacDonald (R1)

SECOND: Brad Harris (R8)

PASSED

8. **RULES & POLICIES:** Recommendation to require any athlete who has prior competitive experience in the Development Program and then competes in a State meet under an alternative program (e.g., Xcel or another gymnastics organization) to submit a petition in order to re-enter the Development Program at Level 5 or higher.

- **Levels 5–8:** Petitions must be submitted to the State Administrative Committee (SAC).
- **Levels 9–10:** Petitions must be submitted to the Regional Administrative Committee (RAC).

MOTION: Kittia Carpenter (R5)

SECOND: Paige Roth (R4)

PASSED

9. **COMPULSORY BOOK – FLOOR:** Remove the current Level 3 backward roll requirement of reaching 45° above horizontal and update it to require the roll to be performed **above horizontal** but not reaching vertical.

MOTION: Jamie Winkler (R6)

SECOND: Linda Johnson (R7)

PASSED

DISCUSSION – The committee discussed the following topics, but **NO ACTION** was taken:

1. Clarification on Bye Rotation Requirement:
At Development Program State Meets and above, Meet Directors are required to implement a bye rotation when a squad has fewer than 5 (4 or less) athletes in a rotation.
 - Clarified Update:
If a Meet Director is aware before the competition begins that a rotation will have fewer than 5 (4 or less) athletes, they must schedule and use a bye rotation for that group.
2. For Levels 1–3 Bars, when supplemental mats are used to assist shorter gymnasts during mounting, any mounting surface placed on top of the additional mats must be removed immediately after the gymnast's feet leave the floor.
3. Discussion regarding entry into the Development Program from alternative programs.
4. Bump in warm up time for Level 10 – refer to Rules and Policies for specific guidance.
5. Level 6/7 Vault scoring inaccuracies.

MEETING ADJOURNED – 9:30 PM (5/12) & 11:30 AM (5/13).