



NATIONAL XCEL PROGRAM COMMITTEE – WOMEN’S PROGRAM

Tuesday–Wednesday, May 13–14, 2025
Hilton Salt Lake City – Salt Lake City, Utah

Meeting was called to order by the National Xcel Committee Chair Claudia Kretschmer at 8:30 am.

Roll Call:

Region	Xcel Committee	Voting Status
National Committee Chair	Claudia Kretschmer	Non-Voting*
Region 1	Jill Preston	Voting
Region 2	Dianne Palmer	Voting
Region 3	Louise Janecky	Voting
Region 4	Megan Bankole	Voting
Region 5	Nancy Gibson	Voting
Region 6	Gail Caspare	Voting
Region 7	Jen Skorski	Voting
Region 8	Pam Kitchen	Voting
Staff and Guests		
Tom Koll	National Women’s Program Committee Chair	Non-voting
Heather Ould	Xcel Program Manager	Non-voting
Annie Heffernon	Vice President, Women’s Artistic Gymnastics	Non-voting
Christy Naik	Women’s Development Program Director	Non-voting

*Casts a vote only in the case of a tie or acclamation.

REPORTS

- USAG Report
- Regional Xcel Chair Reports

1. Regional Nominations for the 2025 National Xcel Program of the Year

The following clubs were nominated by their respective regions and submitted for consideration to the National Xcel Committee. The final selection was made by vote of the National Committee. Regional nominations for the National Program of the Year:

- Region 1: American Gymnastics Academy – Signal Hill, CA
- Region 2: Palouse Empire Gymnastics – Moscow, ID
- Region 3: JET Gymnastics – Littleton, CO
- Region 4: Power and Grace – Sioux Falls, SD
- Region 5: Becca’s Place Gymnastics Inc. – Cecilia, KY
- Region 6: Bath YMCA – Bath, ME
- Region 7: Metzler’s Gymnastics Center – Downingtown, PA
- Region 8: JamJev Gymnastics – Birmingham, AL

Congratulations to the 2025 National Xcel Program of the Year: **Metzler’s Gymnastics Center**



The following clarifications and recommendations for change are effective for the 2025–2026 season, scheduled to begin August 1, 2025.

- 2. RULES & POLICIES:** Recommendation to clarify the allowable placement of the Vault Mat Stack for Bronze and Silver Divisions: The mat stack may be placed on the floor, on the Vault runway, or on the competition landing mat (CLM).

MOTION: Gail Caspare (R6)

SECOND: Jill Preston (R1)

PASSED
- 3. RULES & POLICIES:** Recommendation to update the Beam dismount matting requirements; for competitions held in outside facilities to include a minimum of 4 feet by 4 feet of padding between the end of the Beam and the under-Beam matting. This padding may consist of panel mats, carpet-bonded foam, or similar materials.

MOTION: Jen Skorski (R7)

SECOND: Pam Kitchen (R8)

PASSED
- 4. RULES & POLICIES:** Recommendation to update the additional matting allowed on Floor Exercise. At all sanctioned competitions, two (2) 4-inch mats will be allowed, replacing the previous allowance of one (1) 4-inch mat and one (1) 8-inch mat. The two (2) 4-inch mats may be stacked.

MOTION: Jen Skorski (R7)

SECOND: Megan Bankole (R4)

PASSED

ANNOUNCEMENTS

- **Xcel National Competition:** The Xcel Committee submitted a proposal to the USAG National Office in 2025 to establish an Xcel National Competition. Next steps include finalizing qualification rules, judges selection, confirming event logistics, and determining possible start date. More information will be shared at a later date as details are finalized.
- **Xcel Code of Points extended to 2028:** The 2022–26 Xcel *Code of Points* will be extended through July 2028 in an effort to stagger production cycles across the Women's Program (Xcel, Dev, Compulsory). From there the Xcel *Code of Points* will continue to be published every four years (2028–32, 2032–36, etc.). Please refer to the Xcel update and the Xcel web page for further information.

DISCUSSION

The committee discussed the following topics, but **NO ACTION** was taken:

- Social media: Pros/Cons of social media use in Xcel Communities.
- Items passed in other committee meetings.
- Items for consideration for the next Code of Points:
 - Special requirements
 - Establish a member survey / feedback from members
- Xcel National Competition - Requests, logistics, establishment of timeline.
- Presentations for 2025 Congress events.



- Clarify State and Regional championship meets: The committee at times receives feedback or requests related to establishing subdivisions at championship meets (eg. 1st year/2nd year, novice/advanced, big gym/little gym, etc.). Both the State and Regional Administrative Committees have total jurisdiction over their respective State and Regional Meet.

ACTION ITEMS

- Continue to work with the USAG National Office and committees relative to the establishment of an Xcel National Competition.

Meeting adjourned at 11:30 am. (5/14/25)