



TeamGym Level 9 and 10

Level		Floor	Tumbling	Trampet
9		<p>Per level 8 requirements</p> <p>Time of music 2:15-2:45</p> <p>Difficulty determined per EG code</p> <p>Entire team must perform element at the same time for difficulty to count</p> <p>2-turns 4-leaps/jumps/hops 6- Balances 4- Tumbling</p> <p>*One athlete may sit out</p>	<p>6 athletes per pass</p> <p>Count 2 highest elements per EG code First pass all the same</p> <p>One pass must be forward Average Difficulty not to exceed 5.0</p> <p>No single athlete may compete the exact same pass in 2 different rounds</p>	<p>6 athletes per pass</p> <p>One Mini and 2 vaults or 2 vaults and one mini Difficulty per EG code</p> <p>Average Difficulty not to exceed 5.0</p> <p>No single athlete may compete the exact same pass in 2 different rounds</p>
10		<p>As per EG Code</p> <p>*One athlete may sit out</p>	<p>As per EG Code</p>	<p>As per EG Code</p>

All Levels in USA Team Gym will adhere to following requirements:

- 6-12 Athletes Per Team
- Teams can be made up of any combination of athletes (male and female)
- During competitions teams must have 2 active spotters during tumbling and trampet

