



**4th Pan American Parkour Open
El Salvador (ESA)
July 3-4, 2026**

Updated 10.02.26
- Accommodation,
Note 2, page 6.

DIRECTIVES

Dear PAGU affiliated Member Federation,

The Pan American Gymnastics Union (PAGU) through the Salvadoran Gymnastics Federation has the pleasure to invite your Federation to participate in the PAGU international event mentioned above.

DISCIPLINE	Parkour Freestyle Parkour Speed
PAN AMERICAN GYMNASTICS UNION	Pan American Gymnastics Union Polideportivo Españã Gimnasio Nacional de Gimnasia Costado oeste de la UCC Altamira, Managua, Nicaragua, CP 14026 Email: info@upag-pagu.org
HOST FEDERATION	Salvadoran Gymnastics Federation President: Dra. Alessandra Cicchelli Aieta Phone: +503 7887-8706 Email: presidenciafsg@gimnasiafsg.com Contact: Oscar Manuel Hernández Phone: +503 7275-7627 Email: gerenciafsg@gimnasiafsg.com and admonfsg22@gmail.com
LOCATION	San Salvador, El Salvador
DATE	July 3-4, 2026
VENUE	COMPETITION Federacion Salvadoreña de Gimnasia Complejo Polideportivo Merliot, Jardines de la Sabana, Ciudad Merliot, La Libertad Sur, El Salvador. Link to map: https://maps.app.goo.gl/kZVdVS7q7CTQsoDb8
COMPETITION CIRCUIT	<ul style="list-style-type: none"> ▪ The specifications will be detailed in the Work Plan
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, and PAGU Technical Regulations: <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and respective Newsletters / Help Desk • General Judges' Rules • Specific Judges' Rules for Parkour • Medical organization of FIG competitions and events

	<ul style="list-style-type: none"> • FIG Framework for safeguarding athletes and other participants from harassment and abuse in sport during events • Media Rules • Apparatus Norms • Advertising and Publicity Rules • Regulation for Award Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG and PAGU Executive Committees</i></p>															
FEDERATIONS INVITED	The Pan American Gymnastics Union invites all Federations affiliated to the PAGU and the FIG and which are up to date in their obligations.															
AGES	<p>Senior: 17 years and older</p> <p>Junior FIG: 15 - 16 years old</p> <p>AC4: 13 - 14 years old</p> <p><i>Ages as of December 31, 2026</i></p>															
JUDGES AND JURIES	<p>All judges must have a current valid FIG brevet at the time of the event.</p> <p>Each Federation must send a minimum of 1 judge and a maximum of 2 judges; and they must evaluate at all stages of the competition.</p> <p>Federations that have members on the PAGU Technical Committee may register them in addition to the judges of their Federation.</p> <p>The fine for not participating with the required number of judges will be USD\$1,000.00.</p> <p>This fine must be paid to PAGU no later than May 4, 2026.</p> <p>The National Federation must inform PAGU in advance (at the time of Definitive Registration), to allow the appointment of an invited neutral judge.</p> <p>No fine is applied to those Federations that do not have FIG brevet judges and for whom this is their first cycle of participation in PAGU events.</p> <p>The judging panel will have at least: 2 Execution Judges 2 Difficulty Judges 1 Chair of Judges 4 Line Judges (The same judges will evaluate the Freestyle and Speed Run competitions)</p> <p>If the Judging Panel is not completed with FIG Judges, the Local Organizing Committee may appoint National Judges in the Line Judge category.</p>															
REGISTRATION DEADLINES	<table border="1"> <tr> <td>Provisional Registration</td> <td>April 3, 2026</td> <td>https://upag.sportevents.com.co</td> </tr> <tr> <td>Definitive Registration</td> <td>May 4, 2026</td> <td>https://upag.sportevents.com.co</td> </tr> <tr> <td>Nominative Registration</td> <td>June 4, 2026</td> <td>https://upag.sportevents.com.co</td> </tr> </table>	Provisional Registration	April 3, 2026	https://upag.sportevents.com.co	Definitive Registration	May 4, 2026	https://upag.sportevents.com.co	Nominative Registration	June 4, 2026	https://upag.sportevents.com.co						
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ENTRY FEES	The entry fee for this event is USD\$100.00 per athlete. It must be paid to the Local Organizing Committee ("LOC") no later than May 4, 2026.															
DELEGATION SIZE	<table border="1"> <thead> <tr> <th>Function</th> <th>Women</th> <th>Men</th> </tr> </thead> <tbody> <tr> <td>Athletes</td> <td>Unlimited</td> <td>Unlimited</td> </tr> <tr> <td>Coaches per age group (the number must not exceed the number of athletes)</td> <td>2</td> <td>2</td> </tr> <tr> <td>Medical personnel per age group</td> <td>1</td> <td></td> </tr> <tr> <td>Head of Delegation</td> <td>1</td> <td></td> </tr> </tbody> </table>	Function	Women	Men	Athletes	Unlimited	Unlimited	Coaches per age group (the number must not exceed the number of athletes)	2	2	Medical personnel per age group	1		Head of Delegation	1	
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ACCREDITATION	<p>The cost of accreditations for additional Delegation Members is USD\$100.00 per person and must be paid to the LOC no later than <u>May 4, 2026</u>.</p> <p>Only the following individuals are eligible for additional accreditation: Coach (according to the PAGU TR), Doctor, Physiotherapist, Team Manager.</p>
	<p>Along with the nominal registration all Federations must upload a copy of the passport and a photograph of each member of their delegation (athletes and officials) to SportEvents: https://upag.sportevents.com.co</p> <p>Requirements for each photo:</p> <ul style="list-style-type: none"> • File format: JPEG • Dimensions: min 210 x 270 pixels; max 420 x 540 pixels • 3.5 cm wide x 4.5 cm high • File size: no more than 1 MB • White background <p>Each document must be identified with the Country Code, Last Name, First Name, Discipline (FS or SP), category and function of each member. Example: ESA_FERNANDEZ_Ana_FS_Senior_gymnast</p> <p>This documentation must be uploaded to SportEvents no later than <u>June 4, 2026</u>.</p> <p>In case of not sending the photograph as requested, the Local Organizing Committee can take the photograph during the accreditation and will have an additional cost of USD\$25.00 for each one.</p> <p>In case of theft or loss of accreditation, the Local Organizing Committee must be informed immediately so that the accreditation can be cancelled. The replacement of stolen or lost accreditation will have a cost of USD\$50.00, which must be covered by the accreditation holder.</p> <p>Accreditation will be distributed upon arrival at the accreditation desk. Additional information regarding the access zones permitted by each accreditation will be detailed in the Work Plan.</p> <p>In addition, the LOC will distribute information about the gymnasts' safeguarding plan.</p>
EVENT FORMAT	<p>The competition will follow FIG rules for the Seniors, Junior and AC4 categories (only Speed and Freestyle disciplines).</p> <p>The Pan American Open consists of a qualifying round and a final round in the Speed Run and Freestyle disciplines, for both men and women, held separately.</p> <p>Qualifying Athletes who register on time and form by Federation in each category and discipline may participate.</p> <p>Finals The eight (8) athletes best classified by category and discipline will advance to the Final (maximum 2 per Federation).</p>
PROVISIONAL SCHEDULE	<p>30/June Arrival of the PAGU PK Committee President and other PAGU representatives</p> <p>1/Julio Arrival of delegations Judges' briefing Delegates' technical meeting</p> <p>2/Julio</p>

	<p>Freestyle and Speed Run training</p> <p>3/Julio Opening Ceremony Freestyle Qualifying Competitions (Women and Men) Freestyle Final Competitions (Women and Men) Freestyle Award Ceremony</p> <p>4/Julio Speed Run Qualifying Competitions (Women and Men) Speed Run Final Competitions (Women and Men) Speed Run Award Ceremony</p> <p>5/Julio Departure of the Delegations</p>
AWARDS	<p>A medal and diploma will be awarded to the first three places in each discipline and category.</p> <p>The tiebreaker rules established in the FIG Technical Regulations will apply.</p> <p>Certificate of participation will be awarded to all official members of the delegation.</p>
MEDICAL SERVICES	<p>The Local Organizing Committee will provide first aid services and ambulance at the competition and training venues during the official activities.</p>
VISA	<p>Please check immediately with your travel agency or the Embassy or Consulate of El Salvador in your country to determine if a visa is required to travel to El Salvador.</p> <p>The Local Organizing Committee will be happy to assist each member of Delegation by sending them an official invitation letter, provided that this request is made to the LOC no later than <u>June 4, 2026</u>.</p> <p>This request must include the Delegation member's function, full name, gender, date of birth, citizenship, passport number, passport expiration date, arrival and departure dates, and the city to which the official letter of invitation should be sent.</p> <p>The request can be made through SportEvents after the definitive registration and no later than <u>June 4, 2026</u>.</p>
INSURANCE	<p>The host Federation, the LOC, the PAGU and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify insurance upon the arrival of Delegations (e.g. a copy of a valid insurance policy). Delegation members who do not have sufficient coverage must inform the LOC no later than <u>June 4, 2026</u>.</p> <p>The LOC will offer Federations insurance, at its own expense, at a cost of <u>USD\$100.00</u> per person per day for the official days of the event. This insurance covers accidents during training and competition but does not cover illnesses, pre-existing conditions, injuries in activities outside the event or administrative situations.</p> <p>The request can be submitted through SportEvents after definitive registration no later than <u>June 4, 2026</u>.</p>
SAFEGUARDING	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members)</p>

	<p>have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>																					
<p>INTERNATIONAL TRANSPORTATION</p>	<p>The invited participating Federations must pay for the international travel costs of their delegation members. The LOC will provide local transportation to/from the following airport:</p> <p>San Salvador – El Salvador International Airport Monseñor Oscar Arnulfo Romero y Galdámez Code: SAL</p> <p>The Travel Itinerary form must be submitted to the LOC via SportEvents no later than <u>June 4, 2026</u>.</p>																					
<p>LOCAL TRANSPORTATION</p>	<p>Local transportation will be offered to and from the airport, provided that the delegations stay in one of the official hotels and book their accommodation through the Local Organizing Committee.</p> <p>The Local Organizing Committee will provide local transportation from the airport to the hotel and vice versa, on the official arrival day, <u>July 1, 2026</u> and the official day of departure, <u>July 5, 2026</u>. Except for PAGU representatives arriving or departing on different days.</p> <p>Delegations that do not submit their travel itinerary by the required date or that arrive or depart on non-official days may request transportation from the Local Organizing Committee (LOC) to their accommodation (official hotels) or to the Airport at a cost of <u>USD\$40.00</u> per person per trip (airport-hotel or hotel-airport). This request must be made through SportEvents no later than <u>June 4, 2026</u>.</p> <p>The Local Organizing Committee will provide transportation from the official hotels to the competition and training facilities and vice versa, for all members of the delegation duly accredited and according to the official program of activities, provided that the delegation stays in one of the official hotels and books its accommodation through the Local Organizing Committee.</p>																					
<p>ACCOMMODATION</p>	<p><u>OFFICIAL HOTEL</u></p> <p>Option 1: Courtyard by Marriott Hotel Address: Centro Comercial La Gran Vía, Esquina Calle 2 y San Salvador Contact: Oscar Hernández Email: gerenciafsg@gimnasiafv.com</p> <table border="1" data-bbox="469 1659 1461 1917"> <thead> <tr> <th>Occupancy</th> <th>Price per room per night</th> <th>Includes</th> </tr> </thead> <tbody> <tr> <td>Single Room</td> <td>USD\$200.00</td> <td>Breakfast</td> </tr> <tr> <td>Single Room</td> <td>USD\$285.00</td> <td>Breakfast, lunch, dinner</td> </tr> <tr> <td>Double Room</td> <td>USD\$235.00</td> <td>Breakfast</td> </tr> <tr> <td>Double Room</td> <td>USD\$355.00</td> <td>Breakfast, lunch, dinner</td> </tr> <tr> <td>Triple Room</td> <td>USD\$275.00</td> <td>Breakfast (shared beds)</td> </tr> <tr> <td>Triple Room</td> <td>USD\$465.00</td> <td>Breakfast, lunch, dinner (shared beds)</td> </tr> </tbody> </table> <p>Option 2: Fairfield Hotel by Marriott Address: Calle 2, Contíguo a Centro Comercial la Gran Via Contact: Oscar Hernández Email: gerenciafsg@gimnasiafv.com</p>	Occupancy	Price per room per night	Includes	Single Room	USD\$200.00	Breakfast	Single Room	USD\$285.00	Breakfast, lunch, dinner	Double Room	USD\$235.00	Breakfast	Double Room	USD\$355.00	Breakfast, lunch, dinner	Triple Room	USD\$275.00	Breakfast (shared beds)	Triple Room	USD\$465.00	Breakfast, lunch, dinner (shared beds)
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Single Room	USD\$165.00	Breakfast
Single Room	USD\$265.00	Breakfast, lunch, dinner
Double Room	USD\$195.00	Breakfast
Double Room	USD\$305.00	Breakfast, lunch, dinner
Triple Room	USD\$220.00	Breakfast (shared beds)
Triple Room	USD\$375.00	Breakfast, lunch, dinner (shared beds)

The meal service begins with dinner on the day of arrival and ends with breakfast on the day of departure.

Check-in time at the host hotels is from 3:00 pm and check-out time is until 12:00 pm. (**Triple rooms at both hotels have share beds**).

While the accommodation and meals form must be completed in the Accommodation and Meals section of SportEvents no later **May 4, 2026**. The hotel rooms will be distributed in the order in which applications and payments are received.

The participating Federations must cover the accommodation and/or meals expenses for all members of their delegation.

Accommodation and meal costs must be paid to the Local Organizing Committee no later than **May 4, 2026**.

Note 1: Rooms and meals, as well as their prices, cannot be guaranteed if applications and/or payments are received after the deadlines. The prices charged for rooms will not exceed the hotel's usual rates.

Note 2: Delegations that choose not to stay in the Organization's official hotels, or that do not make their reservations through the Local Organizing Committee, must pay an additional fee of US\$ 100.00 for each accredited member who does not comply with this requirement. This amount will be allocated to the Local Organizing Committee.

Cancellation policy: The PAGU and the Local Organizing Committee strongly recommend that the Federations take out cancellation insurance for their accommodation and meal reservations.

Date of cancellation	Reimbursement for cancellation
No later than June 1, 2026	100% reimbursement
From June 2 to 15, 2026	50% reimbursement
From June 16, 2026	No reimbursement

CANCELATION POLICY

BANK ACCOUNT INFORMATION

The following payments must be made directly to the Local Organizing Committee's bank account:

- entry fees
- accommodation
- additional accreditations
- insurance
- transportation Airport-Hotel or Hotel-Airport (if applicable)

Payments must be made only after the Local Organizing Committee sends the corresponding invoice to the Federation with the total amount and bank account details.



Banking Information

Intermediary Bank
 CITIBANK, N.A.
 111 Wall Street, 21st Floor
 New York, NY 10043, USA
 SWIFT Code: CITIUS33
 ABA: 021000089

	<p>Beneficiary Bank BANCO AGRICOLA, S.A. Boulevard Constitución No. 100 San Salvador, El Salvador, Central America Account No. 10935547 (between Banco Agrícola and Citibank) SWIFT Code: CAGRSVSS</p> <p>Beneficiary Account Account Number: 590-058727-8 Account Name: Patrimonio del Estado de Federación de Gimnasia Telephone: 2289-4021 Address: Complejo Polideportivo De Ciudad Merliot</p> <p>The participating Federation is responsible for covering all bank fees related to bank transfers.</p> <p>Each participating Federation is requested to send the payment reference to the LOC as follows: Country – Discipline - #Invoice or reference to follow up: gerenciafsg@gimnasiaesv.com y admonfsg22@gmail.com</p>																										
MARKETING	FIG advertising and publicity norms must be respected.																										
MEDIA	<p>The media representatives, as well as the communications staff of the federations that are interested in covering the event, may apply for registration to PAGU (info@upag-pagu.org) no later than June 4, 2026. In addition, the National Federations are requested to send a letter of confirmation to PAGU.</p> <p>Photos for accreditations must be submitted to the Local Organizing Committee before June 4, 2026.</p>																										
SOCIAL MEDIA	<p>Information about the event will be posted on the following sites:</p> <p>PAGU Instagram: @upagpagu Twitter: @UPAG_PAGU Facebook: UPAG.PAGU.ORG</p> <p>SALVADORAN GYMNASTICS FEDERATION Facebook: Federacion Salvadoreña de Gimnasia FSG Instagram: @federaciongimnasiaesa</p>																										
DEADLINES SUMMARY	<p>To PAGU (info@upag-pagu.org or https://upag.sporteevents.com.co)</p> <table border="1" data-bbox="456 1393 1469 1536"> <tr> <td>Provisional Registration</td> <td>April 3, 2026</td> </tr> <tr> <td>Definitive Registration</td> <td>May 4, 2026</td> </tr> <tr> <td>Nominative Registration</td> <td>June 4, 2026</td> </tr> <tr> <td>Copy of passports</td> <td>June 4, 2026</td> </tr> </table> <p>To the Local Organizing Committee (https://upag.sporteevents.com.co / gerenciafsg@gimnasiaesv.com and admonfsg22@gmail.com)</p> <table border="1" data-bbox="456 1599 1469 2087"> <tr> <td>Payment of the entry fee</td> <td>May 4, 2026</td> </tr> <tr> <td>Payment for additional accreditation</td> <td>May 4, 2026</td> </tr> <tr> <td>Accommodation and meals (https://upag.sporteevents.com.co)</td> <td>May 4, 2026</td> </tr> <tr> <td>Payment of Accommodation</td> <td>May 4, 2026</td> </tr> <tr> <td>Travel Itinerary (https://upag.sporteevents.com.co)</td> <td>June 4, 2026</td> </tr> <tr> <td>Request and payment for transportation from/to the airport in non-official dates (https://upag.sporteevents.com.co)</td> <td>June 4, 2026</td> </tr> <tr> <td>Documents for accreditation (Passports and photos) (https://upag.sporteevents.com.co)</td> <td>June 4, 2026</td> </tr> <tr> <td>Visa Letter request Form (https://upag.sporteevents.com.co)</td> <td>June 4, 2026</td> </tr> <tr> <td>Request and payment of insurance</td> <td>June 4, 2026</td> </tr> </table>	Provisional Registration	April 3, 2026	Definitive Registration	May 4, 2026	Nominative Registration	June 4, 2026	Copy of passports	June 4, 2026	Payment of the entry fee	May 4, 2026	Payment for additional accreditation	May 4, 2026	Accommodation and meals (https://upag.sporteevents.com.co)	May 4, 2026	Payment of Accommodation	May 4, 2026	Travel Itinerary (https://upag.sporteevents.com.co)	June 4, 2026	Request and payment for transportation from/to the airport in non-official dates (https://upag.sporteevents.com.co)	June 4, 2026	Documents for accreditation (Passports and photos) (https://upag.sporteevents.com.co)	June 4, 2026	Visa Letter request Form (https://upag.sporteevents.com.co)	June 4, 2026	Request and payment of insurance	June 4, 2026
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INFORMACIÓN ADICIONAL	<p>National Anthem The country's national anthem must be uploaded to the Federation's profile on SportEvents.</p> <p>National Flag During the accreditation, the National Flag of the Country must be delivered. The size of the flag must be 1.2 m x 2.1 m.</p>

Sincerely,



 Kenia Herrera García
 President
 Pan American Gymnastics Union




 Dra. Alessandra Cicchelli Aieta
 President
 Salvadoran Gymnastics Federation

Managua, February 10, 2026