

# ADULT PARTICIPANT & EDUCATIONAL REQUIREMENTS

All USA Gymnastics Participants will promote a safe and healthy environment free from misconduct and abuse. USA Gymnastics Participants are responsible to know these policies and all other applicable USA Gymnastics, United States Olympic Committee, the USA Gymnastics Code of Ethical Conduct, the U.S. Center for SafeSport policies, as well as relevant state and federal law.

All Adult Participants who have regular contact and/or authority over any amateur athlete(s) who is a minor must complete and pass a background check and [U110: U.S. Center for SafeSport Core Course Training](#) before contact with any minor athlete. For the purposes of USA Gymnastics, "Regular Contact" is considered ongoing interaction during a 12-month period where an Adult is in a role of direct and active engagement with any Minor Athlete.

This includes, but is not limited to:

- Club owners and staff
- Competitive coaches
- Non-competitive gymnastics instructors
- Instructors who coach Minor Athletes regardless of discipline, sport or employment status (i.e. contractor, 3rd party)
- Meet Directors
- Judges
- USA Gymnastics staff, interns, Board Members, and Committee Members
- Medical Staff
- Volunteers
- Club board members, if applicable
- Adult Athletes attending USOPC training venues and events

USA Gymnastics staff, Board Members of USA Gymnastics, or member club staff who do not coach Minor Athletes such as office staff, must complete the background check and U110: SafeSport Core Course within 45 days of hire or appointment to the Board. During that probationary period, new applicants will not be permitted contact with Minor Athletes.

*\* For educational requirements of Adult Athletes not attending a USOPC event, please see below.*

## Adult Athletes Educational Requirement

USA Gymnastics athlete members 18 years of age or older are required to complete the U110: SafeSport Core Course. This requirement includes those athletes who turn 18 during the membership season. Therefore, upon turning 18 years of age an athlete is required to complete the U110: U.S. Center for SafeSport Core Course. Parents/Guardians of 17-Year-Old Members can grant permission for their child to complete the U110: SafeSport Core Course prior to turning 18.

## Medical Providers Educational Requirement

Adult participants who are medical providers, but who do not have any other duties assigned to them such as coaching or judging, may take the U.S. Center for SafeSport's Health Care Professionals Course in lieu of U110: SafeSport Core Course. The course must be completed before contact with USA Gymnastics athletes.

## Refresher SafeSport Training

The above listed Adult Participants must complete a refresher course on an annual basis, beginning the calendar year after completing the SafeSport Trained Core. Every four years, Adult Participants will complete the SafeSport Trained Core training. Medical providers can take the Health Professionals Course in lieu of the SafeSport Trained Core and are required to take the refresher courses on an annual basis.

## Exemptions and Accommodations

- Exemptions from this Education & Training Policy may be made on a case-by-case basis for victims/survivors. Requests may be made directly to the U.S. Center for SafeSport at [exemptions@safesport.org](mailto:exemptions@safesport.org).
- USA Gymnastics will work with individuals on appropriate accommodations for persons with disabilities and individuals with limited English proficiency to satisfy these training requirements.
- USA Gymnastics will provide reasonable accommodations and track any exemptions for individuals with disabilities and individuals with limited English proficiency.

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### U.S. Center for SafeSport Parent Training

USA Gymnastics encourages all parents to take useful steps to prevent abuse and misconduct. The U.S. Center for SafeSport has designed a free course for parents of youth athletes entitled, "Parents Guide to Misconduct in Sport." This course focuses on recognizing, responding to, and preventing abuse and misconduct in their child's sport setting. Parents will come away equipped with information and tactics to minimize risks of harm to their children. To access the Center's training for parents, please [click here](#).

### U.S. Center for SafeSport Athlete Training

Parents are encouraged to enroll their child in a very important course designed by the U.S. Center for SafeSport entitled, "SafeSport for High School Athletes." This short 15-minute course focuses on bullying and hazing prevention, supporting friends who have experienced sexual abuse or misconduct, and resources for reporting. To access the Center's training athletes, please [click here](#).

Member Clubs must encourage parents and athletes to complete this education by promoting the course in parent team meetings, club newsletters or other club communications at least annually.

*\*Parents who provide "legal guardian consent" options for the limited purpose of airline travel or local travel (such as by car), must complete the "Parent's Guide to Misconduct in Sport" and submit the completion certificate to USA Gymnastics. You can read the full Travel Policy in Section V "Prevention Policies."*

U.S. Center for SafeSport courses can be found at [safesporttrained.org](https://safesporttrained.org).

USA Gymnastics educational webinars for parents can be found at [usagym.org/education/webinars](https://usagym.org/education/webinars) or [usagymparents.com](https://usagymparents.com).

### Member Responsibilities in Self-Reporting Criminal Conviction

USA Gymnastics Members must self-report charges or indictments for any offense that, if it resulted in a conviction, would violate the USA Gymnastics Criminal Background Screening Policy. USA Gymnastics Criminal Background Screening Policy is available [here](#).